



Hilltop Jr./Sr. High School

Telephone: 780.778.2446 Fax 780.778.8818

Website: hilltophigh.ca Twitter: @ngpsht

Facebook: www.facebook.com/hilltophighschool



Principal: Mr. Brent Northcott Email: brent.northcott@ngps.ca



March 2017 Newsletter

“A great place to LEARN...and more!”

Message from the Administration



VOLUME 8, ISSUE 6

~ Inside this Issue ~

With March now upon us we can look forward to the coming of spring and the renewal it brings with it. Hopefully warmer days are just around the corner.

Hilltop is a very busy place. We are beginning the planning stages for next year. Students will soon be picking their courses for next year. Basketball season is winding down, but badminton will be starting up. We are lucky to be able to offer so many extra-curricular activities for our students. We owe so much gratitude to the many volunteers who give their time to make these programs available to our students.

The next Friends of Hilltop meeting is on March 15 at 7 pm. Please come out and be informed about what is happening at Hilltop.

We will be holding a Student Voices session on March 31 for students in Grades 9-11. Please have your son/daughter sign up in the office so they can have their say in the future of Hilltop. We want to hear from our students. We will follow up the Student Voices session with a Parent Voices session at the April School Council Meeting.

Please make note that we have combined our spring Parent Teacher Interviews into one night. Interviews will be held on Thursday, April 6 and they are on a drop in basis from 4:00-8:30 PM. We are also holding our Fine Arts Night on this evening.

Hilltop has many ways for parents to stay up to date on what is happening at school. Our Synervice system sends home attendance information daily for students who have not had their absence called in to the office. We also have a Remind account where parents can receive emails and/or text messages of important school announcements. There is a link to sign up on the school website. You can also follow us on Twitter, Facebook and check the school website for updates. If you have not done so, please sign up for the Parent Portal to have the latest information on your child's grades and attendance. Parent Portal has replaced our printed report cards for students. You can contact the office if you require a printed report card.

We would like to thank our parents who are proactive in informing us of their child's late or absence beforehand. By informing the school you are speeding up the process of getting your child to class on time. We appreciate the forethought and effort in ensuring attendance is recorded accurately.

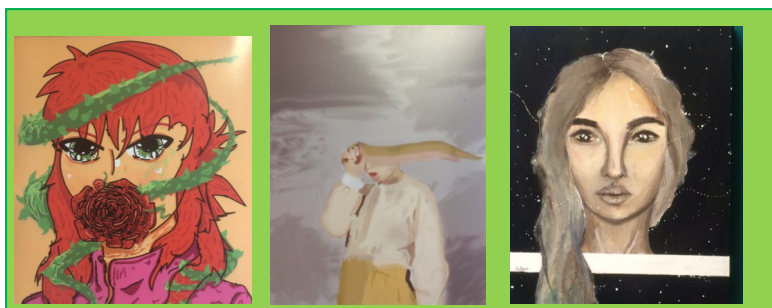
Your partner in education
Principal, Brent Northcott

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Bell Schedule

9:00 AM	Warning Bell
9:05 AM	Block 1
10:11 AM	Break
10:15 AM	Block 2
11:21 AM	Break
11:25 AM	Block 3
12:31 PM	Lunch Break
1:11 PM	Warning Bell
1:15 PM	Block 4
2:21 PM	Break
2:24 PM	Block 5
3:30 PM	Dismiss

STUDENT ART




Important Days

- 2: Grade 9 Parent Meeting 7pm
- 6: Last Day Gr. 9 Options 5/8
- 8 - 9: COOL Camp
- 10: PD Day - No Classes
- 10 -11: First Aid Course
- 12: Daylight Savings Time
- 13 -17: Sub Teachers Week
- 15: FOH Meeting 7pm
- 17: St. Patrick's Day
- 30: Forestry Career Day
- 31: Ski Trip
- 31: Grad Spring Formal

March 6

Last Day of Grade 9 Options

5/8



March 10

Professional Development Day

No Classes



March 12

Daylight Savings Time

Clocks move ahead one hour



March 15

Friends of Hilltop Parent Meeting

7:00 pm



March 17

St. Patricks Day



IMPORTANT

March 2 at 7:00 pm


Hilltop Auditorium

Important parent information meeting for **current** grade 9 parents regarding timetabling and scheduling for next year.


IMPORTANT

Annual March Madness Week


Watch the hall for posters and more details about this fun filled week in March, including prizes.


Merit's Marvelous Makeover Update


With semester two now underway, so is Merit's Marvelous Makeover at Repeat Boutique. Merit Contractors, Repeat Boutique and NGPS have partnered together for an incredible opportunity which will benefit both the community, as well as, contribute to a student's education. Thanks to a generous educational grant provided by Merit Contractors, an innovative learning experience will have students working to enhance Repeat Boutique. The makeover will include improvements to the exterior and interior building, with paint, shelving, signage and much more, even the possibility of their very own website. This project will give students the opportunity to expand their skills while contributing to the community at the same time. Repeat Boutique is 100% volunteer run by Friends of Whitecourt. In 50 years of business Repeat Boutique has given back to the community in a number of ways, including donating over three million dollars to the Whitecourt Hospital. Hilltop is thrilled to be part in giving back to Repeat Boutique, a very deserving local business. The marvelous makeover begins now; stay tuned for more updates on this phenomenal transformation.




Construction begins in shop class with students designing new sandwich boards.



Volunteers Sylvia Brown, Elaine Gunderson and Sandy Belair work the cashier counter.



NGPS Deputy Superintendent Michelle Brennick and Hilltop High School Assistant Principal Lesia Hleck look at the large selection of glassware.



Volunteer Lori Jones sorting and organizing donated clothing.



Encounters with Canada is Canada’s largest youth forum, a week long; students explore career options through a wide variety of experiential learning activities. High school students, aged 14-17 are eligible to participate and gain unprecedented access to the Nation’s capital - including the Parliament buildings. Encounters with Canada offers a variety of programs for students to choose from, such as; Sports and Fitness, Medicine and Health, Science and Technology and Democracy and Youth , to name a few. Hilltop is proud to be sending the highest number of students from Alberta to Encounters this year. During the month of February, ten Hilltop students travelled to Ottawa. Read below to hear from a few of them about their incredible experiences.

Sports and Fitness Program Participants



Dawson Keefe- Dawson thoroughly enjoyed his time in Ottawa. He met many new friends and said the hospitality was excellent. He took in many events while there, such as; boot camp, games on an inflatable field, evening dances, skate skiing and downhill skiing and bowling in Quebec. He also toured the Parliament Hill and Rideau Canal. Overall, Dawson said it was an amazing experience.



Sarah Strydhorst



Sharon Strydhorst



Teron Funk



Ryan Govenlock



Emma Strydhorst- Emma travelled with her two sisters to Ottawa and they had an amazing adventure. Some of the moments that stood out the most to her were when they toured downtown and had a candlelight vigil at the war memorial and viewed the war museum where they were able to look at an unidentified lost soldiers tombstone and monument. She explained that the locals told her how every November 11th at 11:00 am the sun shines perfectly down onto his tombstone. She also got to hear from several guest speakers, including a First Nations speaker, a war veteran and an Olympic bobsledder. Like Dawson, she also went skiing, bowling and skating on the Rideau Canal, where she skated over 14km dodging ice fishing holes. Emma met many great friends while in Ottawa, including a few from McBride that she plans to meet up with very soon.

Medicine and Health Program Participants



James Woodford- James was a participant in the Medicine and Health Program. James had the opportunity to hear from many guest speakers, including the Director of Medical from the University of Ottawa. He also learned about bio-therapeutics and spent time at a gene farm learning about breeding cattle, while others went to the Cancer Research Centre. James enjoyed the experience very much and met many new friends.



Aileen Kim



Darcy Zemp and Jaxon Perrin



James Woodford

Science and Technology Program Participants



Jaxon Perrin



Darcy Zemp



Sports and Fitness group

Encounters with Canada is Canada’s largest youth forum, a week long; students explore career options through a wide variety of experiential learning activities. High school students, **aged 14-17** are eligible to participate and gain unprecedented access to the Nation’s capital - including the Parliament buildings. You can travel to Ottawa for \$675.00 and this includes: accommodation, transportation, airfare, program materials and fees and meals!! Programs available are:

- | | |
|--|--|
| <ul style="list-style-type: none"> Arts & Culture Canada Remembers Democracy & Youth Experience Canada First Responders International Relations Communications & Social Media | <ul style="list-style-type: none"> Law & Our Justice System Medicine & Health Science & Ecology Science & Technology Sports & Fitness Vimy: Canada’s Coming of Age |
|--|--|

If any of the programs interest you and you are thinking about one of these options for your career, please see Mrs. Keay for more information! The sooner you sign up - the cheaper it is!! Subsidies are available for early registration!!

On February 15, **Rupertsland Institute** offered a presentation to our Metis students in grades 9-12 about the many opportunities available to them within post-secondary, summer camps and employment. Andrea Jenkins from Rupertsland explained to students the importance of getting a Metis card so they could utilize these opportunities and provided them with applications. Rupertsland offers funding for post-secondary students and will help with living accommodations as well. Rupertsland also offers summer camps for youth aged 15-18. One of the summer camps coming up is an intro guide into outdoor careers, such as an Environmentalist. The two week camp offers hands on training in the wilderness, WHIMIS, Wilderness First Aid, high school credit and \$1000.00 upon completion. Rupertsland also partners with employers within the community and offers summer employment opportunities for returning students with targeted wage subsidy. Thank you Rupertsland for coming to Hilltop to explain the opportunities available to our Metis students. If you have more question you can visit www.rupertsland.org or stop in at student services and talk to Mrs. Smith-Tomke. Metis students may also want to check out the Alberta Education website and view the opportunities for aboriginal grants and scholarships.



Thank you Constable Eby for joining us for our second semester assembly and clarifying to our students the correct traffic laws within Alberta.

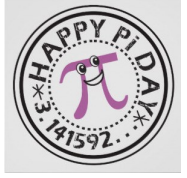


Honouring Cole Bartsch

In early February, during our second semester assembly, Whitecourt Legion members attended to present our school with a memorial plaque for former Hilltop Charger Cole Bartsch. Corporal Cole Bartsch passed away during battle in Afghanistan on July 4, 2007 and we are very thankful for his service and sacrifice for all Canadians. Special thanks to the Bartsch family for attending the assembly.



Celebrate Pi Day on March 14th.



Support the Humanitarian Society

The Hilltop Humanitarian Society is a group of students along with supervisor Martyn Chapman who work together to support underprivileged children in Uganda. The Hilltop Humanitarian Society has been helping over 50 children at the Masulita Village in Uganda since 2007, sending approximately \$1000.00 a month to assist them with educational materials, health care, eye care and transportation needs. Please consider donating to this worthy cause. Donations gratefully accepted via schoolcashionline.com or at the front office. Thank you for your support.

Pink Shirt Day

February 22nd was Pink Shirt Day at Hilltop. Student Council handed out tattoos and bracelets to all the students. During the assembly Whitecourt Family Violence Initiative and the Teen Center treated students to pink cotton candy. Also, the Whitecourt RCMP and Ambulance services spoke to students about the dangers of drug use, while the Town of Whitecourt presented a cheque to four students who recently won the "Get Reel" video contest as part of Alberta Crime Prevention. See page 5 for more on this story.

Ms. Koudelkas Grade 9 Foods class held a baking competition in Term 4. Various styles of biscuits (as pictured below) were one of the items up for judging, along with cakes, cookies and more. Great job to everyone who participated, the staff enjoyed being your judges!



Congratulations to the winners. **1st place: Luc Aubin, Zach Augot, Zach Fraser & Tyra Bandravala.**
2nd place: Lucas Mitchell & Sandra Sarvice.
3rd place: Lina El Sayed, Kody Gadke & Brianna Dion.

“Get Reel” Video Contest Winner Cheque Presentation

During our Pink Shirt Day assembly, the Town of Whitecourt presented a \$750.00 to the four girls, Grade 10 group, who recently won first place in the Alberta Crime Prevention “Get Reel” video contest. Their anti-drug video with a powerful message on the dangers of Fentanyl can be viewed on our Facebook page or Twitter page. Congratulations to the first place winners **Sadie Bounds-Spence, Kailey Lambert, Thanh Pham and Erica Anderson**. Also congratulations to Cale Ostrander whose video collaboration with a few Percy Baxter students came in third place. Great job by all participants, we are very proud of you all!



Medieval Club



Have you ever wondered how knights fought back in medieval times? Or what arts and crafts people used to make? Perhaps you are into sports and martial arts or maybe you are just curious about what kind of skills were needed to be a medieval artisan. Hilltop’s Medieval Club meets at lunch on Thursdays to learn all there is about the medieval times as well as how to do medieval style combat. Students can learn all about the medieval ways of fighting as well as about honour and chivalry. Students can learn about making medieval crafts like chainmaille and wire weaving, but also about making armour as well as how to engage a foe with cunning skill and accuracy. If you would like to find out what we do in Medieval Club, please come and speak to Miss Mehl in Room 304!

School Reach Club

School Reach is a club devoted to quiz game shows. Students gather in room 304 at lunch on Fridays to test their knowledge about pop culture, music, sports, entertainment, history, literature, movies and much more. Come bring your lunch and some friends to try out our amazing game show buzzer system while answering some questions! Everyone is welcome and we have a great time during lunch hour.

Telephone Surveys

As in previous years, the Ministry of Education will be conducting its annual stakeholder satisfaction telephone surveys to collect public and other stakeholder perceptions of Alberta’s education system.

The surveys gather responses from a random sample of parents, the general public, high school students, teachers, principals, superintendents and school board trustees in the province. The total number of completed surveys will be over 6,000, ensuring that survey results for each of the 10 respondent groups are statistically representative. The survey responses are completely confidential, and only aggregate data will be reported.

The purpose of the surveys is to determine stakeholders’ satisfaction with:

- the overall quality of the education system;
- the education system meeting the needs of students and supporting our society and the economy;
- schools providing a safe, caring and inclusive environment for students;
- preparation of students for lifelong learning, employment and active citizenship;
- the education system having effective working relationships with partners and stakeholders;
- leadership and continuous improvement of the education system;
- knowledge, skills, abilities and other related attributes of recent high school graduates; and
- facilities and equipment in the education system.

Your participation is important, as it provides valuable information to help the ministry identify areas of strength and areas needing improvement, thus helping provide a more effective and accountable education system. Some survey results are also used in specific business plan performance measures and will be reported in the ministry’s 2016-17 annual report.

Advanis Inc., an Alberta-based firm, has been contracted to administer the telephone interviews beginning on **February 13, 2017** and finishing **mid-April 2017**. A summary of the information resulting from the survey will be posted on Education’s website. Last year’s survey instruments and survey results are available at www.education.alberta.ca/admin/resources/satisfaction.aspx.



Message from the Bistro



The Hilltop Bistro will be temporarily closed until further notice. We apologize for any inconvenience.

Hilltop Cosmetology students offer a variety of services to the general public at excellent prices to assist them in their training. Haircuts, perms, coloring, facials, manicures, waxing and so much more. To book an appointment or inquire about services and pricing please call the main office at 780-778-2446.



First Aid Courses

Standard First Aid

Instructor: Shawna Prince
 Cost: \$50.00 (non-refundable)
 When: March 10th and 11th
 Sign up at the front office

Advanced First Aid

Instructor: Shawna Prince
 Cost: \$50.00 (non-refundable)
 When: April 7th
 Sign up at the front office
 Max 20 people



Hilltop Senior Computer Technology

We have the technology to print and press to create **PERSONALIZED ITEMS!**

If you have a design in mind, our students can create it!

We can print and press images on to the following items:

- * Poster
- * Decal
- * Magnet
- * Lanyard
- * Ornament
- * Keychain
- * T-shirt
- * Puzzle
- * Frosted Mug
- * Mug - white or coloured interior
- * iPhone Case
- * Samsung Case
- * Flip Flops
- * Bag
- * Water Bottle
- * Travel Mug
- * 8G USB Stick
- * Apron
- * Black Hoodie

Please contact Mrs. Walsh for more information!
meagan.walsh@ngps.ca

Spirit Wear

Hilltop Charger Spirit Wear is available for sale at reduced prices. Items are available through www.schoolcashonline.com or from Mrs. Runge in room 503.

Passport Photos

Available in the Media Lab

\$15.00

Appointments are available Monday to Friday between 9:00 am and noon. Call or Text Derek Schlosser at 780-268-3375 to book an appointment



Make online payments with **SchoolCashOnline**

- ✓ Field trips
- ✓ Sports Events
- ✓ Activity Fees

Register at SchoolCashOnline.com



Synervoice/ Automated Calls Home

Please be advised if our system has rejected your phone number due to a cancelled landline, we will use the next available phone number (ex: cell phone number) for emergency purposes and automated calls home in the event of student absence.

Hilltop High School would like to request that all students leave any valuables at home. We also, encourage all students to keep their combinations for their hall & gym lockers confidential.

Attention Parents

Please remember that we **no longer print report cards**. All students courses, assignments, grades and absences are available on Power School to view at any time. If you have not signed up for Power School, or are having difficulty signing in, please contact the front office and we will help get you started.

Parent/Guardian Reminder

Please remember that **ALL** students must be signed out by a parent/guardian when leaving the building for any reason, including in the event of an emergency or evacuation. Students can be signed out by a parent/guardian either in person or by calling the school at 780-778-2446. We appreciate your cooperation.

Check out our live Google calendar on our website. Updated regularly.



Does the school have your child's current contact information?

Please contact the school to verify if you have concerns @ 780.778.2446.

If you are going to be late or absent for any reason, please have your parent or guardian call the school at 780.778.2446.

Please use our answering machine if you need to call before or after school hours.



Athletics



Be a Charger...Take Charge!



Basketball



GCAA Senior Basketball
Thursday, **March 2** : Semi-Finals
Tuesday, **March 7** : Finals

Jr Basketball
Friday, **March 3** : Zones
Boys to Morinville
Girls to Edson

Curling

In mid February there was a junior bonspiel held. The mixed team placed 2nd and the boys team came in 3rd. The following curlers also went to Zones in Slave Lake in late February.



- Troy Common
- Tyler Keefe
- Emma Strydhorst
- Layne Carlson
- Dawson Keefe
- Sarah Strydhorst
- Reyd Woykin
- Darnell Jendrick

Thank you to the Whitecourt Curling Club for your continued support and special thanks to Mrs. Fancy and Linda Willets for volunteering to coach.



Ski Trip

Friday, March 31st

Forms are due Wednesday, March 8th

Please see Ms. Zack in room 301 for more information



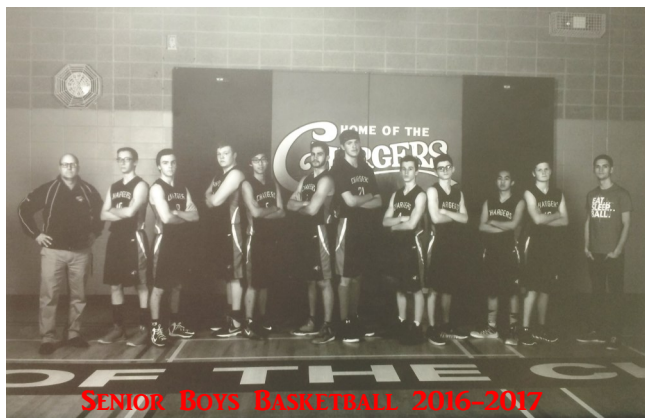
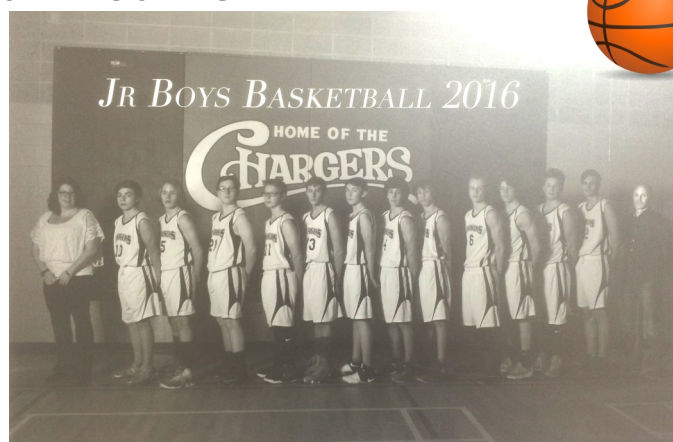
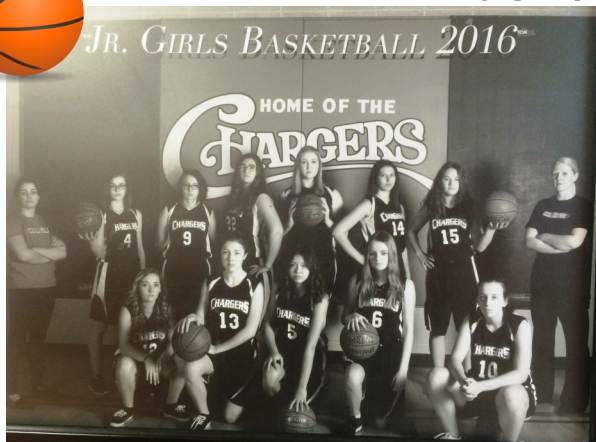
Several yoga instructors recently joined Mr. St. Louis' gym class to help with yoga instruction. Special thanks to Bonnie, Michelle, Danielle, Noahlani and Shawwna.



Thank you to grade 11 student **Raul Lopez** for representing Hilltop and being the team photographer for The Whitecourt Wolverines.



Basketball Teams



Gateway Academy– Whitecourt Campus News

(formerly called Storefront)

Hours of Operation
Monday-Thursday 8:30 am – 4:00 pm

Students at Gateway Academy are taking part in an initiative in collaboration with Community Lunch Box to show appreciation in the community. The students will be preparing a hot meal once every month to various organizations to show that we care and we recognize and appreciate their hard work and dedication. This month we chose, the local fire department and brought them chili, ceasar salad and buns. Next month we hope to do something for the Associate Ambulance.

The staff at Gateway Academy would like to remind students to make sure they keep within course timelines so they can earn credits in their respective courses. Even though attendance is not mandatory, handing in at least one module a week is. Generally students, who attend often, make better progress. Remember to pass in your course work in a timely manner. If you need help with your work please drop by or call us.



Service Rig Dual Credit Program

Northern Gateway Public Schools has partnered with Northern Lights Public Schools to offer students a dual credit opportunity as a Service Rig Floor Hand. This hands on experience will take place the week April 3 -7, 2017. Students will also receive a variety of industry recognized safety certificates on top of their Service Rig Training. Congratulations to the following students who have applied for the program and been accepted.

Darin Orge
Riley Henke
Nick Brown
Shaun Lapoint



Forest Industry Career Day

March 30

Location TBA



This event will have lots of information for students interested in a career in the Forestry Industry with numerous booths set up for trades such as Loggers, Forestry Mill Wrights and other Forest Industry Professionals. Thank you to the following participants. Government of Alberta Agriculture and Forestry, Millar Western, West Fraser, Alberta Newsprint Company, Careers: Next Generation, Alberta Works, Gateway Academy, and Hilltop High School.

Jr. Forestry Ranger Summer Employment Program

The Junior Forest Ranger Program is an exciting summer work experience for youth with a forestry and natural resource management focus. The program is looking for 24 **High School Diploma certified** youth who are motivated and outdoor-oriented leaders willing to train and live in a wilderness camp. If you are interested in the Jr. Forest Rangers leadership summer employment program please speak to Ms. Hleck or email jfr.info@gov.ab.ca regarding requirements to sign up.

Travel Club: Remembering Vimy

April 5-16

The Travel Club will be travelling to France for the 100 year Vimy Ridge Memorial Ceremony. They will also be going to Paris, Netherlands and Germany. The following students will be travelling from April 5th – April 16th with staff supervisors Ms. Mehl and Mr. Babiuk:

Elita Whitehorse

Hana Bissett

Teron Funk

Aileen Kim

Jacob Davidson

Keegan Phillippo

Dawson Smith

Ashley Cairns

Jordan Gano-Coady

Rachel Wise

Logan Tschigerl



Coming Soon



Fine Arts Night

Thursday, April 6 4:00 pm – 8:30 pm

Stay tuned for more details on our CTS Fine Arts Night. Students will have the chance to show off their skills in wood-working, art, photography, construction and more. This event will run in conjunction with Parent/Teacher Interviews and the Grad Dessert Auction. Watch for more details in the April Newsletter or follow us on Twitter and Facebook.

Important Change of Date

Parent/Teacher Interviews

Please be advised that Parent/Teacher Interviews will be held on **April 6th only** from **4:00 pm - 8:30 pm** on a drop-in basis.

Grad News

This years theme is 1920's old Hollywood

Your 2017 Grad Council: Mark Gilmore, Sydney Damberger, Rebecca Lee, Dylan Wittman, Rachel Wise, Leah Hillaby, Krista Dewitz, Payton Levins, Chantelle Calitz and Hana Bissett
 Grad Advisers: Mrs. Woodford, Mrs. Long and Mrs. Properzi.



Grad Rehearsal
Wednesday June 28th, 2017
2:00pm
All grads MUST attend.

Grad 2017
Hilltops 50th Graduation Exercise
Friday, June 30th, 2017
Ceremony: 4:00 pm

Moore's
 CLOTHING FOR MEN

Attention all Male graduates: If you are interested in receiving a coupon for Moore's Clothing please see Mrs. Christianson at the front office. We have coupons for 40% off the purchase of a tuxedo or \$40.00 off suit rentals. While supplies last.

March 31

Spring Formal



April 6

4:00 - 8:30
Dessert Auction

All ingredients must be listed.



Senior Supper

March 29 or 30
 Date to be confirmed by March 8



Song and Quote

Songs and quotes are currently being reviewed by administration. The date for vote will be announced soon



Parents and students are asked to join our Remind 101 designed specifically for Grad 2017 by texting @hthgrad to (587) 316-7407 to receive regular reminders.

Helpful Hint from the Family Community Liaison Program (FCLP)

Emotional intelligence is a skill that must be developed, just like learning to read or ride a bike. Here are 5 easy ways to help your child build their emotional intelligence.

1. Accept and acknowledge your child's emotions. Tell them that you recognize what they are feeling. It may also help to explain that sometimes we can't choose those emotions, but we CAN choose how we handle those emotions. Talk to your child about what they feel is an appropriate way to express those emotions, and draw boundaries when necessary.
2. When in doubt, empathize. Your empathy and acceptance helps your child accept their emotions, which is what allows them to resolve their feelings and move on. Your empathy teaches them that their emotional life is not dangerous, is not shameful, and is in fact manageable.
3. Don't try to distract them from their feelings. And don't shame them when they get hurt, both physically and emotionally. Acknowledge, empathize, let them show you or tell you what happened and give them a little time to process what they are feeling. Then they will be ready to move on.
4. Repressing feelings does not work. Disapproving of their fear or anger won't stop them from having those feelings. Repressed feelings don't fade away; repressed feelings are trapped and looking for a way out, which can be often exhibited in a negative way such as violence or defiance.
5. Model emotional intelligence. What they see you do is what they will do. Do you start snapping at people when you're under stress? Have minor tantrums when things go wrong? Can you stay calm during emotionally charged discussions? Do you empathize when feelings are expressed? Children model the behaviour that they see at home, so make sure you are being a great role model for your children.

The Family Community Liaison Program (FCLP) provides individual counselling and family support. For more information about the program or the referral process, feel free to contact Kyria or Kateryna at the FCLP office at (780) 778-8755.



Available on the
App Store

To All Parents of Hilltop Students from Friends of Hilltop Parent Council

Please welcome your 2016-2017 Friends of Hilltop School Council

Chairperson: Tammy Dickson

Vice Chairperson: Avy Fast

Secretary: Amber Borg

Treasurers: Niki Underwood and Judy Watson



Have you checked out those marks on the Parent Portal through Power School; you can get an app for your phone for this too. It's a great way to keep connect with our school and engaged in your child's education. You can get assistance signing up at the office. Also, you can check Diploma Exam results through the myPass system. Alberta Education no longer mails out results.

Also, please support our school and YOUR pocketbook by purchasing IGA cards. Cards can be purchased at the school or at Remax. Families purchase the cards from Friends of Hilltop and can purchase groceries from any Sobeys store (Edson, Drayton Valley, Spruce Grove, Edmonton, Whitecourt, or St. Albert) which can come in extra handy on those out of town sport tournaments.

Our IGA gives the Friends of Hilltop (FOH) a discount when we purchase them, the amount we save between purchase and sale is the fundraiser. We track the amount families purchase, 5% of the amount purchased is placed in an account – which YOUR family can spend on school fees; sport fees; pictures; school supplies; grad fees; grad dresses just to name a few.

***Funds raised through this initiative can go to support an upcoming trip to Hawaii for Volleyball team and travelling trips in the future.

If you have questions please feel free to ask any Friend of Hilltop Parent Council member.

Next Meeting: March 15 at 7:00 pm

Everyone Welcome



Student Council News

Student Council had a busy February! We distributed red and pink lollipops for the entire school on Valentine's Day. We were also active on Pink Shirt Day, which was on February 22, by handing out anti-bullying tattoos or pink bracelets to the entire school population.

March should be a great month as we will have our annual **March Madness Week!** Watch the announcements and posters for a list of our activities for the entire week. Great prizes will be handed out each day!

March 13-17

Substitute Teachers Week

Thank you to all our Substitute Teachers. You are an important part of our school and we appreciate you all.

Thank You
Substitute Teachers!

Substitute Teacher Appreciation Week

The Teen Centre will be open every weekday from 3:30 pm - 8:00 pm with free snacks, juice and grilled cheese sandwiches available to teens aged 11-17.



Programming at Teen Centre - We will be continuing with weekly programming: **Tuesdays** - Arts and Crafts, **Wednesdays** - Homework Help, **Thursdays** - Cooking & Baking

Other Events & News:

Friday March 24 - Teen Monthly Mayhem: Scavenger Hunt at the AJ Miller Centre

Spirit of Youth Awards: Nomination forms will be sent out to schools and community organizations at the beginning of March and nominees will be notified by the beginning of April - the Awards will be held on May 3.

In-School Mentoring program: We are currently recruiting for mentors for the school year beginning in September 2017. Mentoring takes one hour a week and training is provided. If you are interested in taking part or would like more information please contact Lizzie Reid at 780-778-6696.

We hope to be open for lunch time drop-in real soon!

To keep up to date with other events, news and programming from the Teen Centre, please like our page on Facebook - Whitecourt TeenCentre and follow us on Twitter @TeenCentreWCT

Ms. Kendall

Mr. Mireau

Ms. Jody Smith-Tomke

Student Services Newsletter

The Student Services Dept. has a wealth of information that will help all students throughout the year; whether its deciding on a career choice, finding a job or working on one of the computers to complete a school project.

The job opportunity/volunteer board will be updated weekly so students can find a part time job or volunteer within our community.

Are you undecided about a career? One of the best web sites for **Career Planning, Education and Employment** is www.alis.gov.ab.ca. It also includes information on **financial assistance**.



MYPASS.ALBERTA.CA



To access your records after writing a diploma, you will need to have a myPass.alberta.ca account established. Use a personal email address and not your @ngps.ca email.

Work Experience

Sign up is easy! See Mr. Mireau for more information. Your hours do not count until the site has been approved by Mr. Mireau.

Individual Grade 11 Meeting

Grade 11 meetings are now underway. Students are welcome to book an appointment with Mr. Mireau, who is available A, C and D blocks. Parents are welcome to join. The meeting is designed to check graduation requirements and investigate career and post-secondary pathways.

SCHULICH SCHOLARSHIP

If you are at the top (or near to the top) of your class, and you wish to put your name forward for the Schulich Scholarship, see Mr. Mireau.

One applicants will be chosen if they meet the following criteria: Possessing an average above 85% in five core classes and entering a Science or Technology Bachelors degree at a major Canadian university.

Applying for Post-Secondary

Most schools accept applications from October 1st onward. Do not delay. Receiving an offer of acceptance can take a long time. Remember, once you have applied, you must periodically update the post-secondary institution via your online account.

RAP

Registered Apprenticeship Program

Interested in RAP? Please talk to Ms. Hleck in the front office.

COOL CAMP

COOL Camp runs **March 8th and 9th**. Thank you to our Cool Camp facilitators who will be volunteering over 50 hours of their time. This volunteer time not only helps build their resumes and leadership qualities but it also earns them two High School credits in leadership and mentorship. Thank you leaders for your commitment to this program!

- Cody Oliver**
- Dallas Magdiak**
- Calum Scott**
- Jacob Davidson**
- Mark Gilmore**
- James Woodford**
- Haley Nicholson**
- Elita Whitehorse**
- Maddy Bryson**
- Rachelle Warchola**
- Paige Lanctot**
- Leigh Spreen**

Congratulations to Hilltop's newest RAP student

Teron Funk



Teron will be employed with the Town of Whitecourt as an Auto Service Technician. Congratulations Teron, we know you will represent Hilltop well.





myBlueprint

PLAN YOUR EDUCATION AND CAREER

myBlueprint is a web based service for high school students to monitor their credits and graduation, and to research career pathways and post-secondary opportunities. myBlueprint is synced to the students' PowerSchool, and it updates in real time. Each student already has an account paid for. Here are the steps for getting started:

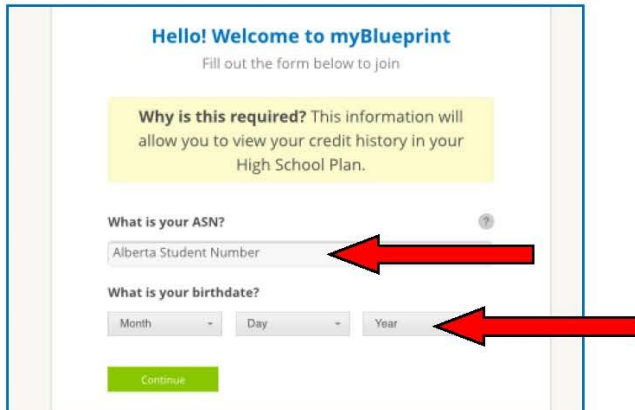
Step 1: Type in our school password "hilltop" and click on *create account.*



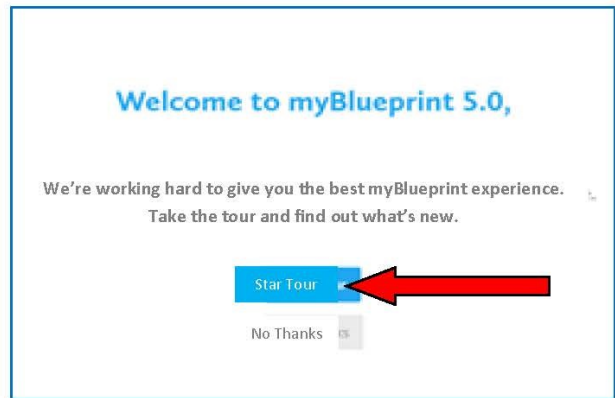
Step 2: Choose your grade.



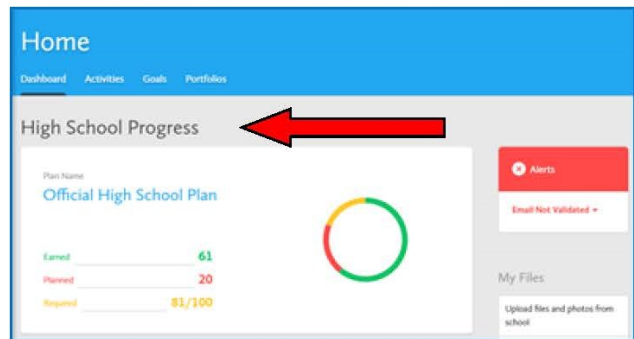
Step 3: Enter your Alberta Student Number and birthdate. (Your Alberta Student Number can be found on your PowerSchool)



Step 4: You're in, start touring!



Step 5: myBlueprint connects to PowerSchool automatically to count credits, check graduation requirements and help research schools and career pathways.

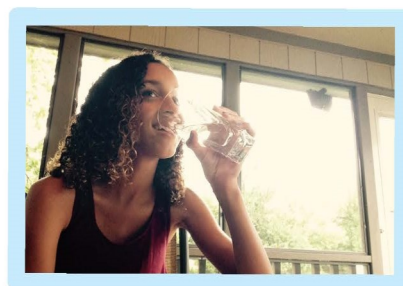


Healthy Schools Calendar

March 2017

World Water Day: From Wellness Event to Comprehensive School Health

March 22nd is **World Water Day**. This day brings attention to the importance of fresh water and sustainable management of fresh water resources. Water is important to the environment, and also to our bodies. Water has many key functions in the body including the transport of nutrients to the muscles and tissues, and the control of body heat through sweat. Your school can celebrate World Water Day by looking at its physical environment. Encourage the use of water fountains or refillable water bottle stations. If they aren't available in your school, what can you do about it? A class project could be to discover where your community gets their water from and how they access it. Are students and staff hydrating with healthy drinks, such as water? Maybe March is the month your school assesses how it hydrates!



Need support? Every school jurisdiction in Alberta has an assigned Alberta Health Services staff member to support **Comprehensive School Health**. To find out who the contact is for your jurisdiction email: healthychildrenandyouth@ahs.ca

Resources to Support Healthy School Communities

- [Creating a Healthy School Action Plan](#)
- [Healthy Drinks, Healthy Kids](#)
- [Healthy Eating Rubric](#)

Funding Opportunities

Alberta Community Initiatives Program (CIP)	This project-based grant provides financial assistance for equipment purchases, facility construction or renovation projects, hosting/travel/special events, new programs or special funding requests.
School Tech General Grant	K-8 funding is offered to improve or integrate technology in classrooms to advance student learning. This could include new technologies for areas such as libraries, special needs classrooms, literacy programs, etc. Application deadline Spring 2017.
School Tech (STEM) Grant	Funding supports schools (K-8) looking to add technology to programs with a focus on Science, Technology, Engineering, or Math (STEM) to enhance offerings such as robotics clubs, math programs, coding, makerspaces and digital media courses. Application deadline Spring 2017.

Prepared by Alberta Health Services (AHS), Healthy Children and Youth.
AHS does not endorse or recommend any pharmaceutical company, commercial product, process, or service associated with grants or events listed in this document.

March 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
<p>NOW AVAILABLE - March issues of Healthy Children and Healthy Teens newsletter for parents (aussi disponible en Français). For resources to support building healthy school communities visit www.ahs.ca/csh</p>				<p>Teachers' Convention: GETCA</p>		
5	6	7	8	9	10	11
			<p>International Women's Day</p>	<p>Teachers' Conventions: MPTC, CEATCA</p>		
12	13	14	15	16	17	18
			<p>CIP Grant Due</p>		<p>St. Patrick's Day</p>	
<p>Canadian Agricultural Safety Week</p>						
19	20	21	22	23	24	25
	<p>First Day of Spring</p>		<p>World Water Day</p>			
<p>Poison Prevention Week</p>						
26	27	28	29	30	31	

Rotary Club of Whitecourt

Is delighted to sponsor* 2016/2017 Youth Adventure Programs across Canada!



RYPEN Rotary Youth Enrichment Program

Dates: May 18-22, 2017
Jasper, AB

RYPEN is for students aged 15-18 who are in search of a positive identity. Not normally recognized for academic performance, and are not known for disruptive behavior.

Application Deadline: Feb 28, 2017
<http://portal.clubrunner.ca/50012/SitePage/rypen>

RYLE Rotary Youth Leadership Experience

Dates: May 4-7, 2017
Camp Nakamun – Busby, AB

RYLE is for students aged 15-17 whom are interested in improving their leadership skills. This program recognizes emerging youth leaders.

Application Deadline: Feb 28, 2017
<http://portal.clubrunner.ca/50012/SitePage/ryle>

Adventures In Photography and The Night Sky

Dates: September 15-17, 2017
Athabasca, AB

Students in grade 10-12 learn about the science and technology of photography, especially as it applies to astronomy and other low light conditions.

Application Deadline: April 30, 2017
<http://portal.clubrunner.ca/439/SitePage/photography-the-night-sky>

Adventures In Technology

Dates: April 23-28, 2017
Saskatoon, SK

Students in grades 11 & 12 go on a four and one-half day exploration of advanced technology, research, development and applications

Application Deadline: Feb 28, 2017
<http://rotary5360.ca/stories/adventures-in-technology-april-23-27-2017-saskatoon/>

Adventures In Citizenship

Dates: April 30-May 3, 2017

Ottawa, ON

Students in grade 10-12 through meetings with political leaders, senior officers and others, you will learn a great deal of our democratic institutions.

Application Deadline: Dec 15, 2016
<http://rotaryottawa.com/page/welcome-to-the-rotary-adventure-in-citizenship-program/>

SUNIA Seminar on United Nations and International Affairs

Dates: Week A: August 13-18, 2017
Dates: Week B: August 20-25, 2017
Nordegg, AB

Students in grades 10-12 have the opportunity to engage in a simulated UN Security Council and a development simulation in order to explore complex global issues.

Application Deadline: June 1, 2017
<https://www.sunia.ca>

Adventures In Forestry & Environmental Studies

Dates: May 10-14, 2017
Prince George, BC

Students in grades 10-12 will learn about forestry and environmental studies, and the wide range of employment opportunities in these industries.

Application Deadline: March 1, 2017
<http://portal.clubrunner.ca/760/SitePage/adventures-in-forestry-and-environmental-studies>

If you would like to attend one of these programs please complete an application.
To request more information contact Sarah Letkeman at 780-268-4363.

*Cost of program, accommodation and travel costs will be paid by the Rotary Club of Whitecourt, however travel arrangements will need to be made by parents of the successful applicant.



Rotary Club of Whitecourt

APPLICATION FORM – ROTARY CLUB OF WHITECOURT

RETURN AS SOON AS POSSIBLE
(PLEASE PRINT CLEARLY)

STUDENT INFORMATION

Name _____ Date of Birth _____

Mailing Address _____

City _____ Province _____ Postal Code _____

Home Tel _____ Student E-mail _____
(print clearly)

School Name _____ Gender: Male _ Female _

GRADE to be completed in June 2017: Grade 10 _ Grade 11 _ Grade 12 _

Teacher Reference _____ Phone _____

Adventure Program being applied for: _____

Applicant's Signature _____

I acknowledge that my son/daughter has submitted an application to a Rotary Club of Whitecourt adventure program and is available for a Rotary interview at request.

Parent E-mail Address _____
(print clearly)

Parent Phone number _____

Signature of Parent/Guardian _____

Please return completed applications to the front office at Hilltop High School well before the application deadlines found on the previous page.



School Memo re: Mumps

*To: Students, Parents and Staff of Alberta Schools
From the Alberta Medical Officers of Health*

Date: 2017-Feb-21

Outbreaks of mumps in Manitoba and the United States in the past several months are a reminder that vaccine-preventable infections, including mumps, are still a risk to health, including here in Alberta. To reduce the risk to your child, and our communities, we need to ensure as many Albertans as possible are up to date with their mumps immunization. This includes yourself, and your children.

Mumps is a contagious viral infection that can often cause swelling and pain in the jaw (one or both cheeks may look swollen). Some people with mumps won't have gland swelling, and some may feel like they have a bad cold or influenza instead.

Mumps is spread when an infected person coughs or sneezes near you or shares food or drinks with you. A person with mumps can spread the virus seven days before and for nine days after symptoms start, though it is most likely to spread the virus one to two days before and five days after symptoms start showing.

Although mumps usually goes away on its own in about 10 days, in some cases, it can cause serious complications that affect the brain (meningitis), the testicles (orchitis), the ovaries (oophoritis), or the pancreas (pancreatitis). These complications can have life-long effects.

Mumps can be prevented through immunization (vaccine).

The MMR (measles, mumps, and rubella) vaccine, and the MMRV (measles, mumps, rubella, and varicella [chickenpox]) vaccine, both protect against mumps. Most children get these vaccines as part of their routine childhood shots. The first dose is given at age one, and a second dose at age four.

The vaccine is safe, and is also effective. Before the mumps vaccine existed, mumps was a common childhood disease in Canada and the United States.

Protect yourself, and your children:

1. Check your own and your children's immunization records to be sure that you and your children are up to date on your vaccines. Call Health Link (811) if you are unsure how to find or check your immunization records, and/or to learn how to make an appointment for immunization. Mumps-specific recommendations include:
 - Children should receive one dose of vaccine at 12 months of age, and a second dose between four years and six years of age. By the age of six, all Albertan children should have received two doses of mumps-containing vaccine.
 - Adults (18 years of age and older) and born in 1970 or later should have at least one dose of mumps-containing vaccine. (Note: two doses are recommended for post-secondary students of this age and for all healthcare workers)
 - Those born before 1970 are assumed to be immune due to the fact that mumps was extremely common prior to vaccine being available. (Note: one dose is recommended for post-secondary students of this age; two doses are recommended for all healthcare workers).
2. Anyone with symptoms of pain on chewing or swallowing and/or swelling of the cheek or jaw should call Health Link (811) or a doctor to book an assessment and consideration of testing. If you think that you or your child has mumps, be sure to call ahead and explain the symptoms before you go to a doctor's office.
3. Anyone with symptoms as above should stay home from school/work for 5 days from the start of swelling.
4. To prevent spreading infections, always:
 - Practice good hand hygiene – wash hands often with soap and water, or use alcohol hand rub.
 - Avoid sharing items that could be contaminated with saliva, such as water bottles, drinking glasses, utensils, etc.
 - Clean and disinfect surfaces that are touched often (e.g. door handles).
 - Cover coughs or sneezes with a tissue or a forearm, not your hand.

For more information on routine childhood immunization, and the diseases that these immunization prevent, visit www.immunizealberta.ca.

We thank you for your collaboration in keeping Alberta's children, and our communities, healthy.

Sincerely –

Dr. Albert de Villiers, North Zone Lead Medical Officer of Health
 Dr. Chris Sikora, Edmonton Zone Lead Medical Officer of Health
 Dr. Deena Hinshaw, Central Zone Lead Medical Officer of Health
 Dr. David Strong, Calgary Zone Lead Medical Officer of Health
 Dr. Vivien Suttorp, South Zone Lead Medical Officer of Health
 Dr. Wadieh Yacoub, First Nations and Inuit Health Branch Medical Officer of Health



MINISTER'S Youth Council



@AlbertaEd

education.alberta.ca/myc

Alberta Government



IF YOU HAD A DIRECT LINE TO THE MINISTER ... WHAT WOULD YOU SAY?



**32 Just
like you.**

Junior and senior high school students ...
Passionate about your education? Want to make a
positive impact? Gain valuable experience?



Information and steps on how to apply can
be found on the Alberta Education website.



Apply Today

Completed application packages need to be
submitted by May 5, 2017.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2017						
Surveys continue throughout the month						
			1 Day 1	2 Day 2 Important Parent Information Meeting for Current Grade 9 Parents	3 Day 3 Jr. Basketball Zones	4 Jr. Basketball Zones
5	6 Day 4 Last Day Gr. 9 Options 5/8	7 Day 1	8 COOL Camp English/Science/Other Tutorial	9 Day 2 COOL Camp	10 Professional Development Day First Aid Course	11 First Aid Course
12 Daylight Savings Time	13	14 Day 4	15 Friends of Hilltop Parent Council Meeting 7:00pm Substitution Week March 13-17	16 Day 2	17 No Classes	18
19	20 Day 4	21 Day 1	22 FLEX	23 Day 2	24 Day 3 St. Patrick's Day	25
26	27 Day 4	28 Day 1	29 Math/Social/Other Tutorial	30 Day 3 Forestry Career Day	31 Day 4 Student Voice	

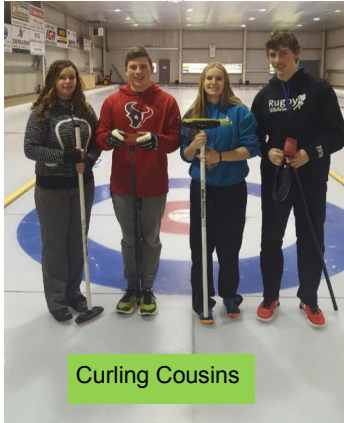
April 6 – 4:00 pm - 8:30 pm
 Parent Teacher Interviews - Drop-in basis
 CTS Fine Arts Night
 Grad Dessert Auction



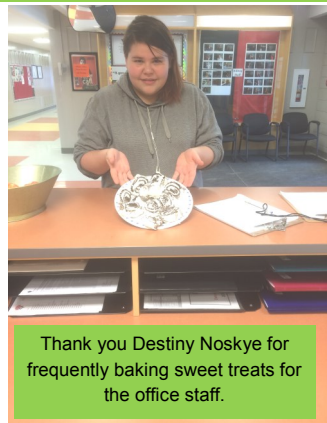
GALLERY



Please welcome Ms. Jacy Richardson to the Hilltop Staff.
Ms. Richardson will be teaching Social to the 9-3 class.

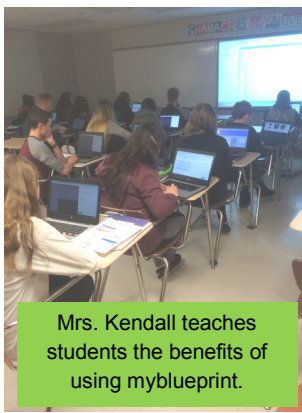
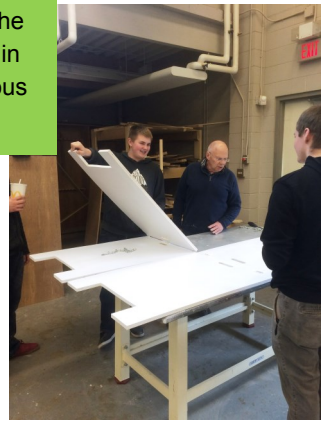


Curling Cousins

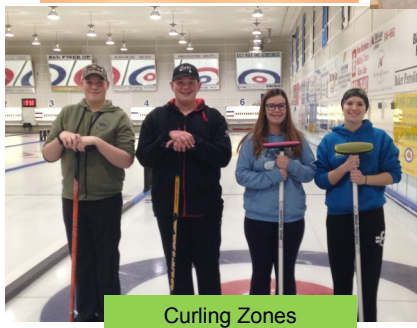


Thank you Destiny Noskye for frequently baking sweet treats for the office staff.

Please welcome Mr. Jack Reid to the Hilltop Family. He will be assisting in Shop class with the Merit's Marvelous Makeover project.



Mrs. Kendall teaches students the benefits of using myblueprint.



Curling Zones



Jr. Boys win Gold



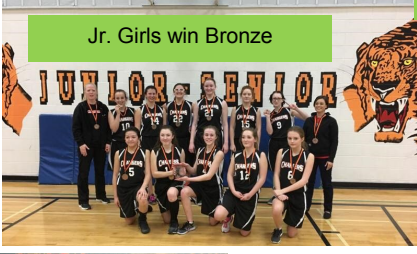
Mrs. Kendall wishes Kaitlyn Rucks a Happy 19th Birthday



Pink Shirt Day



Trey Hansen builds a coat rack in Shop



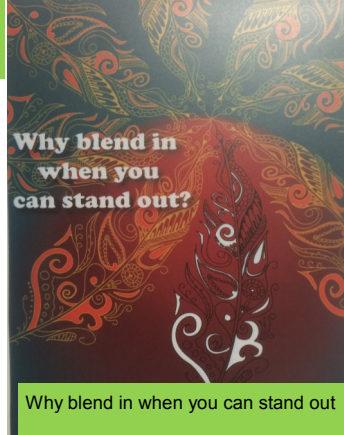
Jr. Girls win Bronze



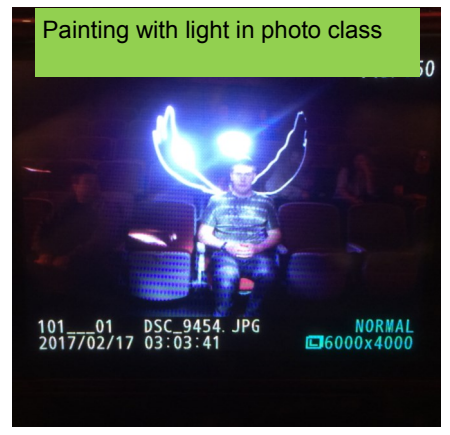
Encounters with Canada



Up-do done by Sadie Christianson in Cosmetology class



Why blend in when you can stand out



Painting with light in photo class

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2017/02/17 03:03:41 NORMAL 6000x4000

