



HILLTOP HIGH SCHOOL NEWSLETTER

Telephone: 780.778.2446 Fax 780.778.8818

Check out our website at: <http://hth.ngps.ca>

Principal: Mr. Egbert Stang Email: egbert.stang@ngps.ca

VOLUME 5, ISSUE 2

October 2014

WELCOME TO THE 2014/2015 SCHOOL YEAR!

Be a Charger... Take Charge!



Message from the Administration

Dear Parents,

It is hard to believe that we have completed a month of school. We have had an excellent start to the school year.

As we move through the semester, the day to day reality hits all of us, the demands, pressures, deadlines and the list goes on.

We can and will be successful with hard work and determination. It begins by making each day the best it can be. If each one of us ensures that we take care of our responsibilities, complete the tasks required and strive for excellence, we will continue to be successful.

The reality is we all face challenges. These challenges can overwhelm us or they can strengthen us in how we operate and do business. This year has been significant number of changes. New school division logo and

branding, new student information system, new email system, producing a new school web page, changes to Synervoice and the list goes on.

By working together I believe we can face individual as well as group and system challenges in a positive and productive manner.

Hilltop School has many opportunities. Please make the best of them.

Principal
Egbert Stang



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Grade 12 Scholarship & Post Sec. Workshop at 7 pm, on Wednesday, October 8th

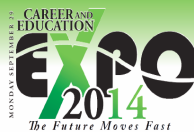


Special points of interest:

- October 10th. ~ NO SCHOOL Friday, (PD DAY)
- October 13th ~ NO SCHOOL Thanksgiving! Be Thankful!
- Magazine Fundraiser ends October 15th
- NAIT Open House ~ Friday, October 17th
- October 29th ~ Hilltop's Annual Awards Night
- October 31st ~ Student Council Halloween Haunted House

Thank you to all our sponsors & exhibitors

Your generosity, support and participation made the Whitecourt Career and Education Expo 2014 a great success



"To the world you may be one person but to one person you may be the world."

Platinum Sponsors

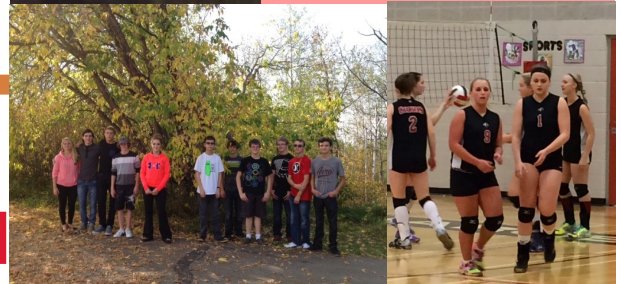


And a huge thank you to our student volunteers from St. Joseph School and Hilltop High School

Gold Sponsors

Silver Sponsors

Bronze Sponsors



Friends of Hilltop Fundraising Society

The Friends of Hilltop Fundraising Society would like to pass on some information regarding the Earn on Foods Program.

The FOH Society sells Sobeyes (IGA) Gift Cards to raise money for events and/or causes the Society decides to sponsor. The program not only benefits the Society but also the Hilltop parents that buy the cards.

We sell the gift cards to families. The cards are loaded in \$100, \$200 or \$500 amounts. Families buy the cards from Friends of Hilltop and purchase groceries with them at any Sobeyes stores (Edson, Drayton Valley, Spruce Grove, St. Albert, Edmonton and Whitecourt) A \$100.00 card will buy \$100.00 in groceries; you use it like a credit card. When you buy groceries using the cards, IGA deducts the amount of groceries purchased from the balance on the card. The IGA receipt shows the balance left on the card. When the total value of the cards is used it is thrown away. How do we make money doing this? IGA sells us the gift cards at a discount. We then sell them to HHS families. Gift cards are sold at Hilltop High School office and Remax Realty.

As of May 2014 Sobeyes has changed their discount rates so effective June 1, 2014, we keep track of the amount purchased and 5% of the amount of cards purchased accumulates in each families account.

You can use the balance in your account to pay for school related expenses. We have paid school fees, pictures, sport fees, school supplies, grad fees, grad rings, grad dress and tux rentals to name a few. Expense payment forms are available at the Hilltop High School front office.

The Society makes money by charging an initial \$35.00 set up fee and then a yearly \$35.00 administration fee. The Society makes decisions on spending the raised funds at the monthly meetings. The Society also has accounts accumulating money for The Community Lunchbox Program and The Humanitarian Society and we do not charge any annual fees so 100% of the money raised goes directly to the Lunchbox and Humanitarian programs.

If you would like further information on this program please contact any members of the Parent Council, we will be more than happy to answer any questions you may have.

Kim Tschigerl, Co-Treasurer

**Helpful Hint from the Family Community
Liaison Program (FCLP)**

Is your teen struggling with back to school anxiety?

These anxious feelings are normal, and typically expected during this time of year. Although these worries are normal, it is crucial for your teen to attend school and cope with the anxiety; avoiding school will only increase this problem. To cope with this anxiety, ensure you and your teen stick to a reliable schedule. Make sure they are eating a nutritious breakfast and lunch, along with the appropriate hours of sleep. Secondly, keep the lines of communication open. Ask your teen why he/she is so worried, and discuss how you can solve those worries. Focus on the positive aspects of school, like making new friends or seeing old friends, learning new skills, or getting closer to graduation. Teenagers often need an outlet to relax, so sometimes a long drive in the car or quiet walk will help to handle the anxiety. Remember to watch your own behaviour; children often take cues from their parents, so the more comfortable and confident you are, they will be too. And finally, remember to point out to your teen their successes. Verbal praise from parents can be a huge motivating factor for teenagers.

The FCLP provides individual counseling and family support. For more information about the program or the referral process feel free to contact Kyria or Kateryna at the FCLP office at 780-778-8755.



Student Council News

Hilltop High School 's Student Council is excited to be meeting every Tuesday at lunch in the Home Ec. room. We are planning some exciting events. On October 9th we are having a **FREE** welcome back BBQ at lunch for everyone. For Halloween the grade 9 drama class is putting on a haunted house. We are also going to be selling spirit wear next Wednesday and Friday before school and at lunch for anyone who would like to purchase some clothes to show their school spirit. We are always looking for more students to come and be part of our team!



Does the school have your child's current contact information ?

Please contact the school to verify if you have concerns @ 780.778.2446.



Congratulations to Haley Stark who has been accepted to attend the Encounters with Canada Sports & Fitness program!

Haley will be away the week of October 12 to 18, 2014. What a exciting experience this opportunity will be for our HTH student.



The Hilltop Breakfast Program

The breakfast program is in full swing, we have expanded to include a quick snack breakfast on Monday, Wednesday and Fridays which runs from 8:30 till 9:00 a.m. We will continue to offer a bigger breakfast with more selection on Tuesday and Thursdays, which includes toasted bagels with a variety of toppings, along with juice, fruit and yogurt. This is available from 8:00 till 9:00 a.m.

We are always looking for volunteers to help out on any of these mornings, please feel free to stop in or call Trish Gilmore at 780-779-7706.



COMMUNITY LUNCH BOX PROGRAM



HELPING KIDS LEARN BETTER ON A FULL STOMACH

Fall News Letter

The Community Lunch Box Program is a non-profit, volunteer-based society in Whitecourt whose goal is to ensure that all children attending schools in Whitecourt have the nutrition they need for optimal growth and development.

Our society provides funds to all 6 community school partners including Store Front, The Boys & Girls Club and Little Big Fort. **Thank you to everyone who donated the \$10.00 optional donation on school fees this year.** Those funds go toward our Apples for Kids Program which provides apples to students in all 6 Whitecourt Schools.

EXCITING NEWS!! The Community Lunch Box has an opportunity to win \$25,000!!!!

Please go to www.scotiabankgamechangers.com from September 29-October 19 and vote daily. Look under nominees with the EE (Edmonton Eskimos) logo and log in. The winner is announced at the Edmonton Eskimos final home game Nov 1, 2014.

Volunteers will be bagging groceries at our local IGA the first Tuesday of every month to create positive community awareness of our programs and fundraise for our society. You are able to donate directly at the IGA tills in any \$1.00 denominations any time throughout the month.

We have partnered with St Joseph School and Hilltop High school for the IGA grocery cards. You can purchase them at face value from **Pieces of Home** or **Remax** and 5% will go towards the Lunch Box.

For program information, volunteer photos & community events please go to Facebook: www.facebook.com/communitylunchbox or Whitecourt Community Lunch Box Twitter: @wctlunchbox

Website: www.communitylunchbox.ca 

If you have any questions, ideas or fundraising opportunities please contact tara@communitylunchbox.ca

Sincerely,

The Community Lunch Box



THE COMMUNITY LUNCH BOX PROGRAM Box 726, Whitecourt, AB T7S 1N7
Phone 780-778-8252 | Email tara@communitylunchbox.ca



\$pirit Wear will be on \$ale October 7, 8, & 9, 2014



Hilltop Jr/Sr High
"Friends Don't Let Friends Drink and Drive"

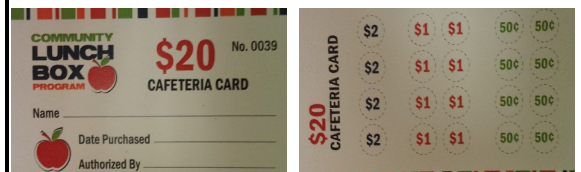
HILLTOP CANTEEN

We are back, severing up lots of healthy choices for the students and staff to purchase.

We continue to make sandwiches, salads, fresh baked chocolate chip banana bread, cinnamon buns and granola bars as well as chocolate chip cookies.

We offer up hot soup at least 3 times a week, special features a couple times a month and Pizza Fridays.

NEW this Fall we have created a CANTEEN CARD



The cards cost \$20.00 and has the same value in the canteen. They can be purchased in the canteen during the day and please see Mrs. Woykin in the front office after hours.

Any questions please feel free to stop in or call Trish Gilmore 780-779-7706

CROSS COUNTRY TEAM

Cross Country Running is on its last leg of the season with four Hilltop students competing at Zones in Spruce Grove. Provincials are being held in Okotoks, October 18th.

Please see Mrs. Kendall in Student Services if you have any questions.



VOLLEYBALL HIGHLIGHTS

The Hilltop Sr. boys and girls volleyball competed in the Spruce Grove volleyball tournament Sept. 26/27. Both teams played very well and won games against some strong teams. Setting the Charger teams up for great season.

GO CHARGERS GO!



Congratulations to our Cross Country Runner Kennedy Bahm for placing 3rd in the 3000m at St. Joseph Saint's Invitational.

Hilltop High School would like to request that all students leave any valuables at home. We also, encourage all students to keep their combinations for their hall & gym lockers confidential.



If you are going to be late or absent for any reason, please have your parent or guardian call the school at 780.778.2446.

We have an answering machine if it is before school hours.



Hilltop's Annual Awards Night



Wednesday, October 29th

7:00 p.m. Auditorium



To All Parents of Hilltop Students
From Friends of Hilltop Parent Council

Welcome back to another exciting and busy school year here at Hilltop. Oh behalf of the Friends of Hilltop Council a special welcome is extended to Mr. Stang, our Principal and our new grade 9's and their families. Hilltop is a great school with a caring and supportive staff. To those of you who are not aware the FOH offers a great savings program that helps to fund any school expenses:

- ✓ Supplies
- ✓ Sports teams
- ✓ School trips
- ✓ GRADUATION

This is not a fundraiser... you can save by shopping for groceries at our local IGA. All you need to do is start your account at the Hilltop Office. Purchase grocery vouchers and shop dollar for dollar for the amount you have purchased. We then save 5% of your total vouchers purchased for as long as you have a child enrolled in Hilltop, or until you have a school expense that you would like to withdraw funds for. We encourage you to take advantage of this program and vouchers are available in \$100-\$500 cards, depending on your need. Vouchers can certainly make a great gift idea, while you save 5% towards other expenses.

We would like to invite you to the FOH monthly meetings, held on the 3rd Wednesday of each month (except December and June). Our next meeting will be held on **September 17, 2014 at Hilltop at 7:00 PM**. The meetings are usually ONE hour in length, and we are updated on current information and upcoming events. We do not fundraise as parents, as the school takes care of fundraising with the upcoming magazine sales. The focus of this months meeting will be quick elections for the upcoming 2014-2015 year.



Please join us, keep up to date and have a voice in your child's education!!

If you have any questions or concerns, please feel free to call any of the FOH committee members listed below.

- Marilyn Roach 780.706.2707
- Kim Tschigerl 780.648.2291
- Kim Nendsa
- Trish Gilmore 780.779.7706



Hilltop High School

is looking for Community support in regard to our **RAP (Registered Apprenticeship Program)**.

If your business is interested, please call Ms. Lesia Hleck at **Hilltop High at 780.778.2446**



SRC
Magazine Fundraiser

runs from Tuesday, **September 16th** through to Wednesday, **October 15th**, 2014.

Order new magazines or renew your magazines through any student from Hilltop High School and keep the profit in our community.



Grad 2015 Information

Important Upcoming Dates:

- Student/Parent Post-Secondary and Scholarship Information Evening: 7:00 pm in the Auditorium
Wednesday, October 8, 2014;
- **Grad Committee Nomination Forms Due** in to Ms. Otto by Monday, **October 13, 2014** by 4:00 pm;
- **Grad Ring Orders** will take place Tuesday, **October 13**, Wednesday, **October 14** and Thursday, **October 15**, 2014 in the front foyer at lunch and after school with special hours for parents on Wednesday from 5:30 pm until 7:00 pm;
- **Grad Committee Election** at noon on Wednesday, **October 22**, 2014 in room 501;
- **Grad Photos** are by appointment only on Wednesday, **December 3**, Thursday **December 4**, and Friday, **December 5**, 2014 with retakes on Wednesday, **February 11, 2015**—information on how to book your appointments will be posted on the Grad Board and at the Office once it is available;
- **Graduation Ceremony** at 3:00 pm on Saturday, **June 27, 2015** at the Athabasca Arena with the Grand March to follow.

It is important that potential Grads and their parents feel informed about Graduation and its various events and activities. In order to insure the information is available, we communicate it in a variety of ways including this monthly newsletter, the Grad Board located next to the Staff Workroom, our school website, phone fan-outs and Remind, a phone app which allows you to receive texts or emails from us. To receive messages via text, text **@hthgrad15 to (587) 316-7407**. You can opt-out of messages at anytime by replying, 'unsubscribe@hthgrad15'. Or to receive messages via email, send an email to hthgrad15@mail.remind.com. To unsubscribe, reply with 'unsubscribe' in the subject line.



October 1, 2014

Dear Parents/Guardians of Participants,

Every year on Remembrance Day, Canadians silently pause and reflect on the sacrifices of the men and women who have served, and continue to serve our country during times of war, conflict, and peace.

Royal Canadian Legion Branches across Canada sponsor the annual "Remembrance Day Poster and Literary Contest". The Whitecourt Legion Branch #44 would like to invite all students to participate in our local contest. Deadline for local entries is Monday, November 17, 2014, 1:00 PM.

Entries are divided into four categories: Primary (Poster Contest Only) – Grades K-3; Junior – Grades 4-6; Intermediate – Grades 7-9; Senior – Grades 10-12. Whitecourt Legion Branch winners in each category will be presented with a certificate and a cash prize: 1st place - \$25.00; 2nd place - \$15.00; 3rd place - \$10.00.

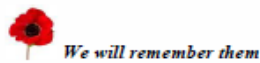
Winning entries at our local level will progress to judging at the provincial level. Winning provincial entries are sent to Ottawa where national winners are declared. For each of the Senior National Winners in the four contests (colour poster, black and white poster, essay, and poetry), the Royal Canadian Legion sponsors a trip for 2 to Ottawa to attend the 2015 National Remembrance Day Service where they place a wreath on behalf of the youth of Canada. They also have an opportunity to meet and visit with the Governor General!

The Whitecourt Legion would like to thank all of the students who have participated in the Remembrance Day contests in previous years, as well as the parents and teachers who have encouraged these young artists to take part in our program. You make our job of picking a winner incredibly difficult! We are looking forward to seeing what you have created this year ☺

Registration forms and contest regulations have been distributed to all local schools, and can also be found online: <http://www.legion.ca/youth/contests/>. If you have any other questions, please contact Barb Maddigan at 780-778-4329.

Yours truly,

Barbara Maddigan
Remembrance Day Poster and Literary Contest Coordinator
Royal Canadian Legion Branch #44, Whitecourt



GET IT BEFORE YOU NEED IT.

Influenza visits Alberta every year. The good news? Influenza vaccine gets here first.

GET IMMUNIZED BEFORE INFLUENZA ARRIVES.

WHITECOURT FLU CLINICS AT WHITECOURT HEALTHCARE CENTRE

Fri Oct 24, 2014 from 10am to 4pm
Tue Oct 28, 2014 from 1pm to 7pm
Tue Nov 04, 2014 from 1pm to 7pm
Mon Nov 10, 2014 from 10am to 4pm
Mon Nov 17, 2014 from 1pm to 7pm
Fri Nov 28, 2014 from 10am to 4pm
Tue Dec 09, 2014 from 1pm to 4pm
Tue Dec 16, 2014 from 1pm to 4pm

albertahealthservices.ca/influenza
1.866.406.5465 (LINK)



Reader's Digest - Our Canada - Maclean's - Catholic Digest - Time - Canadian Geographic - Flare - Seventeen



S.O.S.

Save Our Subscriptions!

HILLTOP HIGH SCHOOL IS AGAIN RUNNING A QSP MAGAZINE FUNDRAISER THIS SEPTEMBER WITH OVER 600 TITLES!

Please wait to purchase all your NEW, RENEWAL and GIFT subscriptions through the school and not through the publishers.

OR

Order on-line all year long, and help support our school. Simply go to www.QSP.ca, click 'JUST SHOPPING', use our school **GROUP # 331** and start shopping. It's that easy!

NEW THIS FALL - OVER 70 DIGITAL TITLES!

We submit the program to you:

- TO SAVE MONEY
- TO PROMOTE READING
- TO SUPPORT SCHOOL PROGRAMS & ACTIVITIES

DID YOU KNOW?

When you order a magazine directly from the publisher, all of your money leaves our community. When you order through this program over one-third of the subscription price "stays at home" to support our school's activities. We also guarantee the best price with coupon or special offer!



Better Homes and Gardens - Family Circle - National Geographic - Harrowsmith - Elle - Parents - Chickadee



Storefront School

Happy Fall!

Lots of exciting things happening at Hilltop Storefront School during the month of October. Students will be given the opportunity to enter their name for great prizes when they successfully complete a module. Another prize will be given to the student who completes the most modules throughout the month.

We are excited to be hosting our Annual Awards ceremony on Wednesday, **October 15** at 11:00 a.m., where students will be recognized for their hard work through volunteerism, ambassadorship, mentorship, credits earned, attitude, leadership and citizenship around school and out in the community.

Storefront students will be hosting a luncheon on Tuesday, October 28 where special guests from the community will attend.

We would also like to welcome our student service team who will continue to work with our students and provide supports. Carolyn from Caniff, Sarah from Alberta Health Services Addictions, and Kyra with Family Community Liason.

It's important that students attend often to insure success.

Storefront Hours:

Monday-Thursday 8:30 am – 3:30 pm





Student Services Newsletter

The new Student Service's Dept. has a wealth of information that will help all students throughout the year; whether its deciding on a career choice, finding a job or working on one of the computers to complete a school project.

The job opportunity/volunteer board will be updated weekly so students can find a part time job or volunteer within our community.



Are you undecided about a career? One of the best web sites for **Career, Learning and Employment** information is www.alis.gov.ab.ca. It also includes information on **financial assistance**.

RAP ~ Registered Apprenticeship Program for High School Students.

If you are interested in a RAP position and would like to find out more information, please see Ms. Lesia Hleck in the front office.

Work Experience



There may be a limit to the number of Work Experience students this year so sign up as soon as possible. Grade 12s will be given priority.

Hours cannot be counted or credits awarded until all paper work is completed. Remember you can get up to 15 credits in Work Experience towards your high school diploma. Sign up starts **September 12** and continues until **February 28, 2015**. See Mr. Mireau for more information.

Open Houses/Preview Day

University of Alberta
Engineering EXP

- Will take place at the **U of A** on Saturday, **September 20, 2014**. For more information go to www.engineering.ualberta.ca/Expo.



- **NAIT Open House** will take place on **October 17th & 18th** for high school students.
- U of A Open House ~ Saturday, October 18th
- **MacEwan Open House**~Saturday, **Nov. 1st**
Please see Mr. Mireau in Student Services for more information.



Are YOU a Volunteer?

If you volunteer to coach a team, help with seniors, tutor or any other form of volunteerism you may qualify for high school credits.

Scholarships

This scholarship listing is on our website and is based on information received at Hilltop High School to date and may not reflect all the scholarship opportunities available to students. Also, current year information may not have been received by the school as of this date so deadlines may vary slightly from what is listed. Once new current information is received the scholarship website will be updated. Students should check the website regularly.

Also, read "Tips to Follow When Applying for Scholarships" which is also on the website.

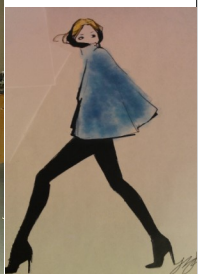


First Nations, Métis and Inuit (FNMI)

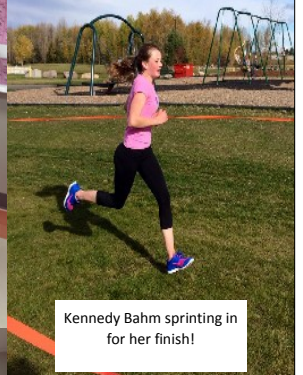
Tansi! Now that the dust is beginning to settle, I want to remind Students and Parents that the NAIT Trip is happening on October 17, 2014. Lets fill the bus!!! All of our students are so amazingly talented and I encourage you all to pursue your dreams, and reach your goals. Our staff in Student Services makes every effort to help make this possible. So, if you reach a road block, please stop in and talk to one of us, we want to help.

There are many agencies in Whitecourt that we partnership with throughout the year, and it is through the different groups that we are able to meet the demands of our students. It really does take the entire community to raise a child, and I thank each of you for being responsible and taking part. Happy Thanksgiving.

Mrs. Smith-Tomke
FNMI Liaison Worker



Welcome to Hilltop Jr/Sr High School
Home of the Chargers
A great place to learn... and more!



Kennedy Bahm sprinting in for her finish!



Fire Chief Wynn @ the GREASE FIRE Demo

