

"A great place to LEARN...and more!"

Hilltop Jr./Sr. High School

VOLUME 1, ISSUE 5



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February 2019 Newsletter



Message from the Administration



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Student Art



Welcome to February! We have now reached the halfway mark of the year!

As we move into Semester 2 I would strongly encourage students to remain vigilant in their studies. I would also encourage parents to continually check the Parent Portal for up-to-date marks and attendance. When students fall behind in their studies, the best opportunity they have to catch up is during FLEX. FLEX is not optional for students who are nominated. Students who miss FLEX will be required to serve a lunch hour detention.

The Accountability Pillar surveys have now been mailed out by Alberta Education. Parents of Grade 10 students, please take a few minutes to complete this survey as it provides us with valuable information as we plan for the future. The information from the Accountability Survey guides the formation of the School Advancement Plan.

I would also like to encourage parents to call the school when you know your child is going to be away. We require a phone call from a parent/guardian to acknowledge an absence or late. Without a phone call, your child automatically receives a detention. If the child fails to show up to the detention at the assigned time, they will then receive an in-school suspension.

Students have a couple of long weekends during February. There is no school on February 7 and 8. On these two days, teachers are attending the North Central Teachers' Convention in Edmonton where they learn about the latest techniques in education. There is also no school on February 18 due to the Family Day holiday. Enjoy this day with your families.

Brent Northcott
Principal

Bell Schedule







Warning Bell	8:55 AM
Block 1	9:00 AM - 10:22 AM
Break	10:22 AM - 10:26 AM
Block 2	10:26 AM - 11:48 AM
Lunch Break	11:48 AM - 12:22 PM
Warning Bell	12:22 PM
Block 3	12:27 PM - 1:49 PM
Break	1:49 - 1:53 PM
Block 4	1:53 PM - 3:15 PM


Important Dates

- February 1: Semester 2
- February 1 & 2: Richard Danks Memorial DQ Classic Tournament
- February 7 & 8: No School
- February 14: Happy Valentine's Day
- February 18: Family Day - No School
- February 20: Friends of Hilltop Meeting 7pm
- February 19: Grad Photo Re-takes
- February 27: Pink Shirt Day

Happy
VALENTINE'S
DAY




<p>February 1 First Day of Semester 2</p> 	<p>February 1 & 2 Richard Danks Memorial DQ Classic Sr. Basketball Home Tournament</p> 	<p>February 7 & 8 Teachers' Convention NO SCHOOL</p> 	<p>February 14 Happy Valentine's Day</p> 	<p>February 18 Family Day NO SCHOOL</p> 	<p>February 19 Grad Photo Re -Take Day</p> 
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PINK SHIRT DAY
bullying stops here

FEBRUARY 27, 2019

Take a stand against Cyberbullying! **THINK** before you post, and ask yourself, is it: True, Helpful, Inspiring, Necessary and **KIND**.



<h2 style="margin: 0;"><u>Gr. 9 Options</u></h2> <p style="margin: 0;">February 1: First Day 4/6</p>	<h2 style="margin: 0;"><u>FLEX Days</u></h2> <p style="margin: 0;">February 27 : FLEX Day 1 Math/Social/Other</p>
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Holiday Highlights

During the month of December, Hilltop was full of holiday spirit. We held daily holiday games and competitions with fabulous prizes to be won. We finished off the month with our annual school dance, a pancake breakfast and a special visit from Santa.

More pictures on the Gallery page.



Special Guest Speaker

We were honoured to have Professional Race Car Driver Parker Thompson return to Hilltop with his impactful “Drive to Stay Alive” presentation. Parker delivers a powerful message about the dangers of distracted driving. Parker Thompson has always had a passion for driving. At age 5 Parker started with dirt biking, he was racing jet boats with his dad by age 8, and by 10 years old he was drafted by another pro race car driver. At age 13 Parker was representing Canada in Dubai and Portugal, by age 14 he had moved to Italy alone to further pursue his career and at 16 he had gone pro with Pro Mazda. Parker explained the differences between driving a pro race car vs a street car and how important it is for our students to be responsible drivers. Sadly, distracted driving is the leading cause of death among today’s youth. Every day, 11 teenagers die from texting and driving in Canada. One of the biggest dangers is youth not recognizing the speeds they are going and thinking they have time to quickly distract themselves. He asked youth to recognize it only takes 5 seconds to crash a vehicle. In that same 5 seconds that you may have distracted yourself, your vehicle will travel the length of a football field. He noted you are 5x more likely to crash if you are eating while driving, 9x more likely if you are simply reaching for something and 23x times more likely to crash if you are texting while driving. It was stressed to students that driving is not a right, it is a privilege, and we must be responsible, courteous and unselfish when sharing the road. A few tips were offered to encourage students to resist the temptation to check their cell phones while driving, such as; keep your cell out of reach, use a hands free device, have your passenger do your texting for you, text friends before you start driving to let them know you will be busy and if you see someone driving and texting, please speak up against it. To read more about Parker Thompson and his campaign to end distracted driving please visit drivetostayalive.ca.

#DriveToStayAlive



Special Presentation

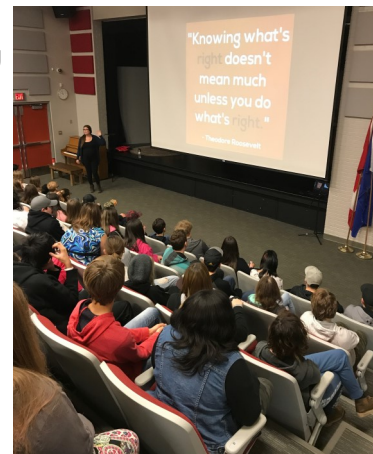


We were very grateful to have Brandy and Elder Frank from Treaty 8 Urban Office in Edmonton join us at the end of January for a special presentation about the effects of addictions. Students were asked to work in groups and identify various addictions and the negative consequences they can have on both ones self, their families and the economic impact. Addiction is described as repeated involvement with a substance or activity which leads to substantial harm and continues because it is pleasurable and/or valuable. There are six main types of addiction; chemical, work, gambling, eating, sex and technology and gaming. Students spent time reflecting on the dangers and triggers for addiction and what they can do to help someone with an addiction. They were also advised what to do if they ever witness an overdose.



Special Presentation from Wellsprings

Thank you to Whitecourt Wellspring Family Resource and Crisis Center for speaking to our students about healthy relationships. There are many characteristics to a healthy relationship, such as; providing support, equality, trust, communication, independence, safety, empathy, respect and the ability to resolve conflict. Students were told the differences between healthy cycle relationships and unhealthy cycles. Another focus of the presentation was cyberstalking, an important topic of discussion amongst today's youth. Cyberstalking is described as, threatening behavior or unwanted advance at another person using the internet and other forms of online communication. Threatening emails, harassment via instant messages and sharing inappropriate content are all forms of cyberstalking/cyberbullying. Another topic of discussion was dating violence among youth ages 12-18, the statistics are quite alarming. Approximately 33% of youth have experienced physical violence with a current or former dating partner. Roughly 60% of youth have experienced emotional violence in their dating relationship. About 45% of youth have experienced sexual coercion in their dating relationships. We must be resilient to maintain healthy relationships and follow these guidelines; be optimistic, have a sense of humour, find a mentor, build lots of social supports and have goals to reach for. Students were asked to support their peers, talk about it, be kind and reach out to a trusted adult if you are experiencing an unhealthy relationship, dating violence or cyberbullying/stalking. If you are in need of immediate assistance please call their 24/7 Crisis Line at 1-800-467-4049 or 780-778-6209.



Cake Boss Challenge

Miss. Mercers Grade 9 CTF Baking class held a Cake Boss Challenge. Students were required to create, bake and design a cake of their very own. Staff members then judged them on criteria such as taste, creativity, level of difficulty and presentation. Congratulations to all students on your impressive creations. The winners are...

- 1st Place: Winter Theme, with poinsettias**
- 2nd Place: Mad Hatter**
- 3rd Place: Pigs**
- Best Tasting: Emoji Cake**
- Cleanest Group while working: Waterfall Cake**
- Most Dedicated Group: Present Cake**
- Most Intricate: Wrestling**
- Comeback Cake: Cars**
- Fondant Difficulty: Starbucks**





Hilltop Drama hosted their first production back in December. “A Beacon of Hope” was beautifully directed by Sandy Gartner and Ty Babiuk. The audience spent their evening enjoying a spectacular theatrical performance, plus dessert, for only \$10.00 a ticket. Be sure to watch for their upcoming Spring production. Congratulations to the cast and crew on another successful production.

Cast

Montanna Blackstock, Emma Schlosser, Timira Mindus, Jacob Davidson, Hannah Clarke, Katelyn Davio, Samantha Rhynold, Kelsey Jeungling, Emily Adams, Abigail Dixon, Kaylyn Coleman, Dawson Smith, Justin Cox, Kadence Kostyk, Savannah McCaffrey, Nina Johnston, Mikayla Lourenco, Ali Hille, Matreya Wiebe, Samia Davidson, Connor Cunningham, Summer Doerksen, Colby Day, Tristin Blize, Josh Taylor, Arwa El Sayed, Joel Tschetter, Samantha Stewart, Carsyn Cloke.

Thank You



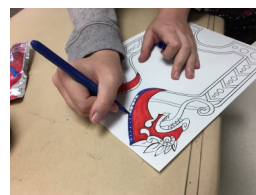
We would like to sincerely thank Mr. Jack Reid for his time at Hilltop. Mr. Reid spent many hours over the past couple years assisting students with the Merit Contractors construction projects, like the Repeat Boutique renovation and picnic tables for the Heustis Demonstration Forest. Mr. Reid will be very missed here at Hilltop for his extensive knowledge in construction and charismatic personality. Thank you to the dozens of hardworking students who have participated in this program, Repeat Boutique, Heustis Demonstration Forest, Merit Contractors, NGPS and our local community.

Students create magnets in Graphic Design class.



Medieval Club

Miss. Mehl’s Medieval Club learned how to make medieval scrolls and they hosted their annual Medieval supper back in December.



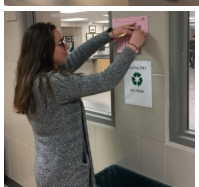
Congratulations

Hilltop graduate **Rhyleigh Henault**, a First year Bachelor of Science Student, was awarded an Augustana Faculty Honours Entrance Scholarship (\$1000.00) from the University of Alberta. Way to go Rhyleigh, keep up the great work!

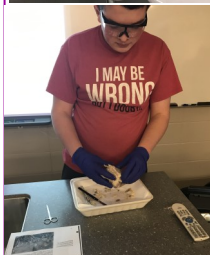
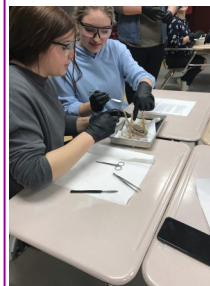


Study Sessions

Mrs. Keay’s class took their study sessions to a new level with a Social Scavenger Hunt.



Bio 20 students learn how to dissect sheep hearts.




Hilltop High School Off-Campus Education


Registered Apprenticeship Program, Dual Credit and Work Experience



Name
Trayce
Lily-Walker

RAP Position
RV Technician

Employer
Stone RV



Name
Katie Dickson

Dual Credit Position
Educational Assistant

Employer
Pat Hardy Primary
School

Congratulations to **Brianne Kerr** who will be starting her Equine Technician training as part of the Green Certificate program.



Current RAP/Dual Credit Opportunities

If you are interested in the Registered Apprenticeship Program or are a business interested in taking on a RAP student, please contact Mrs. Van De Kerckhove at 780-778-2446

Harley Davidson Technician
Oilfield Operator (2 year program)
4th Class Power Engineering
Service Rig Floorhand
Health Care Aide (2019-2020)
Educational Assistant
Office Administration

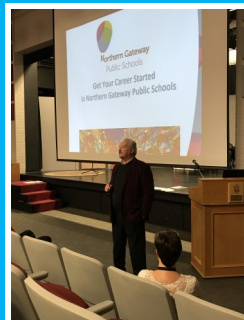


Jaxon Perrin is part of the Registered Apprenticeship Program and works with Millar Western in Power Engineering.

RAP STARS



Ethan Adams is part of the Registered Apprenticeship Program and works with Total Oilfield as a Heavy Equipment Technician



Employment Opportunities Presentation

Mr. David Quick with Northern Gateway Public Schools stopped by to give a special presentation to any students interested in RAP (Registered Apprenticeship Program), Dual Credit, Work Experience and/or Summer Boot Camp opportunities. Mr. Quick explained to students that all of these career related programs are free and that students should seize the opportunity while in High School. For example, the **Dual Credit Health Care Aide** program is typically \$4200.00 tuition through Norquest, when the course is taken through NGPS, it is entirely free. Students who complete the course will graduate from a College course before they even graduate High School, earning credit for both, and are projected to make \$24 - \$26/hour once employed. There are also several **RAP** positions currently available such as; Harley Davidson Technician, 4th Class Power Engineering, Oilfield Operator and Office Administration, to name a few. Many of these

programs typically cost up to \$7500 in tuition, but if you start the program in high school, NGPS pays the entire tuition. These opportunities cost students nothing to try and provides them the opportunity to explore potential career opportunities before fully investing in them outside of high school. Mr. Quick also encouraged students over 16 years of age to get their Class 5 Drivers License and their safety tickets as soon as possible, this is often a pre-requisite and will also make you more employable to businesses that may require you to drive a company vehicle. **Summer Boot Camps** will be returning again this summer for the third year. These unique opportunities allow students to spend a week or two of their summer exploring various careers while earning high school credit at the same time. Summer Boot Camp enrollment continues to climb because we have some of the best instructors in their respective industry teaching these classes. Students in Boot Camps gain extensive knowledge and experience in a variety of programs such as, Construction, Medical, Culinary, Esthetics, Robotics, Mechanics and so much more! This year NGPS is hoping to add Fork Lift Operator and Picker Truck Training to this years Summer Boot Camp programs. If you would like to know more please contact Mrs. Van De Kerckhove at 780-778-2446.



Grad News



Grad 2019 Remind

Parents/Students please sign up to receive important reminders via text message regarding Grad 2019

Text the message @hthgrad19 to the number (587) 316-7407

Grad 2019 Parent Volunteer Opportunities:

- Senior Supper (over 30 year Hilltop tradition)
- Winter/Spring Formal Dance
- Grad Ceremony Decorations
- Cake Auction
- Grad Banquet (only possible with many volunteers)

Grad 2019

Grad Song:

"Don't you (forget about me)
by Simple Minds.

Grad Quote: "No matter what people tell you, words and ideas can change the world."
- Robin Williams.

Grad Logo: Pictured



Important Days to Remember

Hilltop's 52nd Graduation Ceremony
June 28, 2019
Time: 1:00 pm

Grad Wear
Order forms due Feb. 5

Grad Pictures Re-Take Day
February 19, 2019
(online booking the week before)

Grad Application/Biography Write - up
Due March 10, 2019
(Students who've graduated in Semester one should have completed their forms prior to Feb. 1)
Forms can be found on our website at hilltophigh.ca

Your 2019 Grad Council



(Left-Right)
Mikayla Tipler, Briana Kingdon, Jacob Davidson, Sadie Bounds, Jordan Albaya and Tanisha Gano - Murray

GRAD WEAR

Grad Wear is now available to order. Hoodies and pants (pictured to the left) can be ordered until Feb. 5. Please find the order form on the following page or visit hilltophigh.ca. All order forms must be completed and returned to Mrs. Christianson in the front office by no later than Feb. 5 at noon with full payment.

Hilltop High School

2019 Grad Wear Order Form



Due February 5th, 2019 @ Noon

Please return your form to Mrs. Christianson at the front office with payment.

Name: _____

Item	Size (please circle size)	Price	Personalization <small>*Name only, hoodies only, must be school appropriate</small>	Quantity	Total Price
Athletic Grey Pullover Hoodie	SM MED LG XL XXL	\$ 40			
Athletic Grey Sweat Pants	SM MED LG XL XXL	\$ 35	<i>*Personalization is not available for sweat pants</i>		
<p>*All hoodies will have the 2019 Grad Logo on the front left chest and Hilltop High School across lower back with personalization on right sleeve.</p> <p>*All sweat pants will have the 2019 Grad Logo on the left thigh and Hilltop High School down right leg.</p> <p>*Samples will be available to try on at the front office</p>					

Final Price \$

All prices include GST. We accept Cash, Debit, Visa, Mastercard or Cheque.
Please make cheques payable to "Hilltop Grad".

Office Use Only

Checked by Council Member: _____

Checked by Grad Adviser: _____

Date: _____

Paid with: Cash
 Debit
 Credit Card
 Cheque # _____

Support your school with SPIRITWEAR!

NEW! Charger Spirit Wear

Hoodies: **\$40.00 each**
 Short Sleeve T-Shirts: **\$15.00 each**
 Long Sleeve T-Shirts: **\$16.00 each**
 Hats: **\$10.00 each**

Spirit Wear can be purchased from Mrs. Runge in room 503

PRICE REDUCED! Reduced Spirit Wear
 Short Sleeve & Long Sleeve T-Shirts **\$3.00 each**
 Shorts **\$3.00 each**




Families of Hilltop High School Students

Earn 5% profit grocery shopping at IGA and support Hilltop High School's Friends of Hilltop Parent Council.

EARN MONEY to pay for your student's school fees, grad garb, school sports and even school trips. When you purchase IGA grocery vouchers from the Remax office or at Hilltop's front office, 5% of your purchase is placed in an account just for you. It stays there until you need to access these funds to pay for any variety of school related expenses. Stop by or call the office for more details on how to sign up.



Hilltop High School BREAKFAST PROGRAM

Operated by Friends of Hilltop Parent Council Society

Please support our program by donating bottles at the Whitecourt Bottle Depot. Mention they are for Hilltop High School.





Hilltop Bistro




Open Daily

Hilltop Bistro cards are available to purchase from Mrs. Runge in room 503. Accepted payments of Interac, Visa, Mastercard or cash. Bistro cards are punch cards that can be used in place of cash at the cafeteria. These cards are available in \$10.00 and \$20.00 values. Bistro cards make a great gift idea.


Daily Lunch Special \$5.00

- Small Chocolate Milk \$1.00
- Large Chocolate Milk \$3.50
- Milk 2 Go (Vanilla, Banana, Strawberry) \$2.50
- Keurig Cup \$1.00
- Cookie \$0.50
- Loaf \$1.50
- Muffin \$1.00
- Square or Pastry \$2.00
- Veggie Cup or Fruit Cup \$1.00
- Jello or Pudding \$1.00
- Pretzel & Hummus \$2.75
- Sandwiches \$3.50
- Yogurt Parfait (Peach, Strawberry, Blueberry) \$1.50
- Cheese, Meat & Crackers \$3.50

Friends of Hilltop Parent Council
2018-2019 Friends of Hilltop Council Members
Chairpersons: Tammy Dickson and Avy Fast Secretary: Joanne Merrifield
Treasurers: Niki Underwood and Judy Watson



Earn 5% profit on your regular grocery shopping at IGA!!



NEXT MEETING: FEBRUARY 20th AT 7:00 pm

EARN MONEY to pay for your student's school fees, grad garb, school sports and even school trips. Take advantage of the IGA gift cards sold by Friends of Hilltop Parent Council. When you purchase grocery vouchers from the Remax Office or at the school office--5% of your purchase is placed in an account just for you. It just stays there until you need to access these funds to pay for any variety of school related expenses.

IGA voucher cards are the **ONLY** fundraiser for Friends of Hilltop, other than bottle recycling to fund our Breakfast Program. Stop by or call the office for more details.

SPORTS FEES SQUEEZING YOUR WALLET

We will be facilitating a new committee for families looking to supplement school sports fees. Meeting **Feb 12, 2019, 7:00 pm** in the auditorium to learn all about it!

VOLUNTEERS NEEDED!!

The Breakfast Program is looking for helpers before the start of the school day to help with prep and serving of breakfast. Hilltop High School is not part of Breakfast Clubs of Canada and is run by 100% Parent Council Volunteers. Mrs. Bell has been graciously helping us while she is trying to run the Bistro, but definitely needs extra hands. If you can help at all – even one morning a week, please see her at the Bistro. **Any students looking to fulfill needed volunteer hours this is a fantastic way to get them! Thank you in advance!!**



Athletics

Be a Charger...Take Charge!



Basketball

Important Dates

Feb. 1 & 2

DQ Classic Richard Danks Memorial Sr. Tournament - Hilltop

Feb. 12

Jr. Girls Home Game - Hilltop

Feb 15 & 16

Sr. Tournament - Mayerthorpe

Feb 22

Jr. Girls Game - Mayerthorpe

Feb 27

Jr. Girls GCAA Championships - Hilltop

Mar. 1 & 2

Jr. Girls Zones - Parkland

Jr. Girls Basketball Roster

Kyleigh Baxter
 Alicia Betteridge
 Rebecca Birtles
 Abigail Bryant
 Dineka Elchyson
 Wakisha Francois
 Rain Gibbs
 Claudia Hadley
 Myah Heisler
 Ireland Hockett
 Jorie Johnson
 Alyssa Niziol
 Chelsea Rhynold
 Alyssa Niziol
 Chelsea Rhynold
 Amanda Wilson

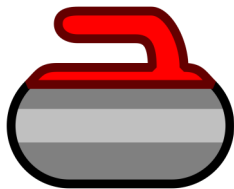
Taylor Cartwright (Percy Baxter)
 Madeline Blain (Percy Baxter)

CURLING

Hilltop is thrilled to have two curling teams this year, a boys team and a girls team.

Curling Zones will be held on February 22 & 23.

For more information please see Miss. Hlus.



Thank you to the Whitecourt Curling Club for your continued support.

Jr. Boys Basketball Roster

Pearson Amiot
 John Pilgrim
 Kodan Whitehorse
 Bryden Sadoway
 Ethan McIlwrick
 Ngan Pham
 Thomas Pottinger
 Arik Aspirot
 Tristan Mindus
 Marco Berube
 Ayan Hudda
 Connor Packham
 Brandon Shields (Percy Baxter)
 Zach Merrifield (Percy Baxter)

CATS



Whitecourt CATS finished their season in December with their Annual Banquet and several players received awards. Congratulations to all players, coaches, managers and parents on another fantastic season.

SKI TRIP

If you are interested in attending the Hilltop Ski Trip please see Miss. Hlus for a permission form. All permission forms will be due no later than Feb. 11, 2019.



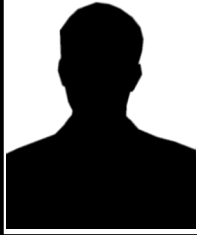
Thank You



The Sr. Girls basketball team would like to thank T.A. Enterprise for their generous sponsorship of team hoodies.

Passport Photos

Available in the Media Lab



\$20.00 each

Appointments are available Monday to Friday between 9:00 am and noon. Call Hilltop and ask for Derek Schlosser at 780-778-2446 to book an appointment.

KEY STUDY GUIDES

Grade 9 Students: Did you purchase a KEY Study Guide for Grade 9 Math, LA, Science or Social and in spite of your best intentions did not use it? Ms. Greenshields will try to match up students seeking grade 9 KEY Study Guides for this semester with gently used second hand Study Guides. Bring your second hand Study Guides to the library.

For grade nine students and grade core subjects only only.

New Key Study Guides will be available to purchase in March, watch our next newsletter for more information.



What is Kidsport?



KidSport Whitecourt is a charity in our community that believes that no kid should be left on the sidelines and that all kids should have the opportunity to experience the positive benefits of organized sport. We are one of 40 locally organized chapters in Alberta that provide grants to families who are facing financial obstacles and require assistance in paying their children's sport registration fees. To apply see the office for an application. If you have questions please contact Mrs. Smith-Tomke, or The Town Of Whitecourt's, FCSS Program Coordinator at 780-778-3637 ext.417

KidSport Whitecourt is also looking for donations to help us help community youth. To donate contact Mrs. Tomke or The Town Of Whitecourt's, FCSS Program Coordinator at 780-778-3637 ext.417

Climate Change Video Contest

The national FOCUS! Climate Change Secondary (Grades 8-12) Video Contest returns for a second year.

Last year more than 400 students from 80 schools across 8 provinces combined their talents and imaginations and submitted over 160 films. Through stop animation, live action, image-driven story-telling, and documentary techniques, Canadian youth produced both haunting and hopeful narratives for our future. The films were simply jaw-dropping for their creativity and teachings. Winning films from last year, as well as a new resource library of student made films for teachers and students, can be seen on our website.

The contest invites students in Grades 8-12 (individually or in teams of up to 5 members) to make a short video (maximum 5 minutes) about climate change. Full details are available on our website at <https://kimberley-foundation.org/focus-main-page>.

Fantastic prizes (1 grand prize of \$5,000 + \$2,500 for the school, and 3 additional prizes for best creativity, best technical realization and best science communication each valued at \$2,500 + \$2,000 for the school) can be won. In addition, the overall prize package includes a trip to Vancouver in May 2019 for a public screening of the winning films.

Our website has a specific section dedicated to new innovations, climate change news, and various other resources to learn about climate change (facts, websites, active organizations) which we hope can also be a useful learning resource.

For your information, the Kimberley Foundation is a charitable not-for-profit organization registered in the Province of British Columbia whose aim is to support unique, self-directed learning experiences that will help change the world.

The deadline for video entries is March 4, 2019.

Medieval Club



Have you ever wondered how knights fought back in medieval times? Or what arts and crafts people used to make? Perhaps you are into sports and martial arts or maybe you are just curious about what kind of skills were needed to be a

medieval artisan. Hilltop's Medieval Club meets at lunch on Thursdays to learn all there is about the medieval times as well as how to do medieval style combat. Students can learn all about the medieval ways of fighting as well as about honour and chivalry. Students can learn about making medieval crafts like chainmaille and wire weaving, but also about making armour as well as how to engage a foe with cunning skill and accuracy. If you would like to find out what we do in Medieval Club, please come and speak to Miss. Mehl in Room 304!

School Reach



School Reach is a club devoted to quiz game shows. Students gather in room 304 at lunch on Fridays to test their knowledge about pop culture, music, sports, entertainment, history, literature, movies and much more. Come bring your lunch and some friends to try out our amazing game show buzzer system while answering some questions! Everyone is welcome and we have a great time during lunch hour.



Gateway Academy – Whitecourt Campus News

(formerly called Storefront)



Hours of Operation Monday-Thursday 9:00 am – 3:30 pm
Phone: 780 - 778 - 5865 Fax: 780-778-5683

Welcome to Semester 2 at Gateway Academy. Currently, we have 80 students registered! Daily we are seeing an average of 20-25 faces working towards earning their high school diploma. Several of our students are registered for their Advanced Workplace Safety course, running Feb 4-8, where they have the opportunity to earn 7 safety credentials. Additionally, those students will earn 5- 30 high school level credits. Thank you Hilltop and Northern Gateway for providing this opportunity to prepare our students for the workforce! On February 4th at 10am, Gateway students will welcome Peter Banks; Peter will be sharing his story of sobriety with us. What a difference one individual can make!

Other dates:

February 7th: No School- Teacher's Convention

February 12th: Valentine's Luncheon (Make your own wraps, Homemade Turkey Soup & Brownies..mmm)

February 18th: No School- Family Day

February 27th: Pink Shirt Day (Let's Celebrate our Students with Homemade Pizza & Caesar Salad)

Parents and students please ensure you have access to Power School to view where you are at in your courses. Call (780) 778-5865 or stop in and visit Tammy for assistance. Mrs. Kendall & Mr. Thomas are available to discuss your child's progress by appointment. Please call to book! We look forward to seeing you!

Whitecourt Teen Centre

A place where you can be yourself!

Teen Centre Upcoming Events & Programs

Homework Support

Our University Student tutor is available every Wednesday to help study and complete homework from 4:30pm-6:30pm.

Take advantage of free tutoring at the Teen Centre!!!

Girls Group

*Girls Group is the **first Tuesday of the month** from 6:15-8:15 pm*

A safe space for teen girls to build relationships and confidence. Girls Group is a support group where girls can discuss challenges and gain skills to navigate the pressures of their teen years.

Girls Group provides support as well as a creative outlet for teen girls.

DIY Projects

- * Self-care activities
- * Baking
- * Yoga
- * Painting

*Please call the Teen Centre for more information.
 Teen Centre Manager & Youth Development Coordinator
 Alicia Smallwood (780) 778-6696*

Lunch @ the Teen Centre on FLEX DAYS!

First Nations, Métis and Inuit (FNMI)

Mrs. Smith-Tomke , FNMI Liaison Worker

Tansi, Abawashded, Hello

I am very pleased that Treaty 8 Urban Office has extended their family wellness resources to Whitecourt. They are here to provide culturally relevant services that connect to the culture, language, beliefs, and traditions of the First Nation communities within Treaty 8. The first presentation will educate students and staff about addictions, which will be followed with a free lunch, and door prizes. Thank you to all students who take part.

Discussions have taken place for Hilltop High School students to take part in some land based learning this Spring. Once our plans are in place, I will extend more information..

Any students needing applications for Kidsport, please come to Student Services, I am happy to help.

Hiy hiy, Ish Nish

Student Services Newsletter

Our Student Services Team works diligently to support our student's social, emotional, career and academic needs. Opportunities for students are communicated through weekly announcements, newsletters and through Hilltop's Social Media. Students are invited to drop into our Student Services area for support or to see Ms. Trebilcock or Mrs. Smith - Tomke for an appointment.



Concordia University of Edmonton will be here with an information booth on February 21 at lunch time. If you are interested in attending CUE please plan to stop by and see them.



Are you undecided about a career? One of the best web sites for **Career Planning, Education and Employment** is www.alis.gov.ab.ca. It also includes information on **financial assistance**.

Applying for Post-Secondary

Most schools accept applications from October 1st onward. Do not delay. Receiving an offer of acceptance can take a long time. Remember, once you have applied, you must periodically update the post-secondary institution via your online account.

RAP - Registered Apprenticeship Program

If you are interested in a RAP position and would like to find out more information, please see Mrs. Van De Kerckhove in the front office.

Work Experience

Are you a student who is currently employed? Have you signed up for work experience? You can earn up to 15 credits towards your high school diploma. **Completion of HCS 3000 course modules is mandatory.**

Former Hilltop students looking for transcripts will need to sign up for MyPass. (See instructions below) Students needing their Alberta Student Numbers should contact Alberta Education directly at 310-0000 or online at learnerregistry.ae.alberta.ca.



PLAN YOUR EDUCATION AND CAREER

myBlueprint is a web based service for high school students to monitor their credits and graduation, and to research career pathways and post-secondary opportunities. myBlueprint is synced to the students' PowerSchool, and it updates in real time. Each student already has an account paid for. For more information: hilltophigh.ca/parents-and-students-tab.

Step 1: Type in our school password "hilltop" and click on create account.

Step 2: Choose your grade.

Step 3: Enter your Alberta Student Number and birthdate. (Your Alberta Student Number can be found on your PowerSchool)

Step 4: You're in, start touring!

Step 5: myBlueprint connects to PowerSchool automatically to count credits, check graduation requirements and help research schools and career pathways.



MYPASS.ALBERTA.CA

To access your records after writing a diploma, you will need to have a myPass.alberta.ca account established. **GRADE 12 STUDENTS MUST SIGN UP FOR MyPass**

*Alberta Education has decided that Diploma results will only be available via your MyPass account. *The school cannot create your account on your behalf.

How to sign-up:

1. Go to mypass.alberta.ca
2. Create a login using "Sign me up, I'm new!" Do not use your @ngps.ca email. A confirmation link will be sent to your personal inbox.
3. Click on the confirmation link in your inbox. Confirm your birthdate and Alberta Student Number. You can find your ASN at <https://extranetapp.learning.gov.ab.ca/learnerRegistry/forms/>
4. Using a button on the subsequent screen, request that a secure verification code be mailed to your home via post. It should arrive within two weeks.
5. Upon receipt in the mail, login and enter the code. It will expire. Act promptly.
6. You will now have access to all of your academic records.

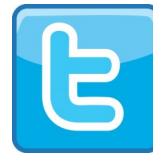


Time suggested for homework + studying

if you are pursuing academic excellence at Hilltop High School



Like us on Facebook



Follow us on Twitter



PowerSchool for Student Grades and Attendance



Join Hilltop Remind

GRADE TEN

Only four core classes are available. Instead of fast-tracking, explore your interests, try different electives, and complete PE 10. Perhaps you could explore sports and extra-curriculars. No homework, you say? Read the newspaper or explore something new.



20 min x 3 days of the week



20 min x 3 days of the week



20 min x 5 days of the week



30 min x 5 days of the week



exercise and sleep help you achieve

GRADE ELEVEN

Four science courses may become available to you: Biology, Chemistry, Physics, and Science 20. Many students manage two at a time quite well by keeping on top of things. Math 10C branches into two streams 20-2 and 20-1 (both for students interested in University, it mostly depends what you want to explore career-wise). To excel in Social, pay attention to current events. To excel in English, read lots of varied texts. It is also time to complete CALM.



Bio 20 - 5 x 30 min
Chem 20 - 5 x 30 min
Physics 20 - 5 x 30 min
Science 20 - 5 x 20 min
Science 24 - 3 x 15 min



20 min x 3 days of the week



Math 20-3 - 2 x 15 min
Math 20-2 - 5 x 40 min
Math 20-1 - 5 x 40 min



Social 20-1 - 3 x 30 min
Social 20-2 - 3 x 30 min

GRADE TWELVE

Put away your phone and buckle up. Apply for post-secondaries as early as October 1st. Think about working less and earning higher marks; you have your whole life to work. If you miss school, you have work to do!



30 minutes per week to work on scholarships and post-secondary preparations



Lots of sleep contributes to your ability to learn.



3.5 hours per science and math course /wk (spread out)

2 hours for English and Social, each /wk (spread out).

Is a part-time job a good idea?



Healthy fun will help you maintain balance.

School Fees

CTS Fees, school fees, and grad fees are available to pay on schoolcashonline.ca. Please check your account regularly to make sure you don't have any outstanding fees on your account.



Hilltop High School would like to request that all students leave any valuables at home.

We encourage all students to keep their combinations for their hall & gym lockers confidential.

Attention Parents/Guardians

* All students courses, assignments, grades and attendance are available live on Power School and can be viewed at any time. If you have not signed up for Power School, or are having difficulty signing in, please contact the front office and we will help get you started at 780-778-2446. If you have no access to internet you are welcome to stop in to the Learning Commons and access Power School through our internet. Power School is also available as an app for smart phones.

* If a student is going to be late or absent for any reason, a parent or guardian must notify the school at 780.778.2446. Please use our answering machine if you need to call before or after school hours

* Please remember that **ALL** students must be signed out by a parent/guardian when leaving the building for any reason, including in the event of an emergency or evacuation. Students can be signed out by a parent/guardian either in person or by calling the school at 780-778-2446.

* If there is no call or notification of a students absence from a parent or guardian then it will be considered **unexcused** and an automated call will go home that night. Please be advised if our system has rejected your phone number due to a cancelled landline, we will use the next available phone number (ex: cell phone number)

* **Please contact the school to verify your contact information or if you need to make any changes.**

We appreciate your cooperation



Northern Gateway
Public Schools

Alberta Education

February 1, 2019

Dear Parents/Guardians,

As an annual check-up on the education system, the Accountability Pillar provides an opportunity for Alberta Education and school authorities to ensure that we are equipping students for success.

The Accountability Pillar uses a set of 16 indicators consisting of surveys of students, parents and teachers on various aspects of quality; student outcomes such as dropout and high school completion rates; and provincial assessments of student learning.

From January to the end of February, Alberta Education will be conducting the annual Accountability Pillar Survey. In January, parents of students in grades 4, 7 and 10 will receive a survey from Alberta Education. In January and early February, students in grades 7-12 and all teachers will be completing their surveys online at school.

All surveys are anonymous and ask questions about experiences with the school. In addition to English and French, the parent survey is available in Chinese, Punjabi, Arabic, Blackfoot, Cree, Korean, Spanish, Tagalog and Urdu.

Your participation in the survey helps provide important information on the quality of education your child is receiving, so we encourage you to return your survey promptly.

Survey results will be available to school authorities in May 2019, and will be reported publicly as part of their 3-Year Education Plans and Annual Education Results Reports.

Brent Northcott
Principal

4 WAYS PARENTS CAN HELP PROMOTE KINDNESS AND PUT AN END TO BULLYING

Tormenter, oppressor, intimidator, coercer, antagonist, aggressor, bully. Whichever the word, being on the receiving end of such treatment can cause serious emotional anguish. I have shared with you an article written by Nancy Razkalla and published in SOS Safety Magazine on May 17, 2018 (with their permission) to give parents something to consider when talking to children about bullying and kindness. **PINK SHIRT DAY** is February 27. This is a day to not only bring awareness to bullying behavior but to promote kindness to one another.

Many kids are left out, ignored, or actively disliked and mistreated by their peers. Almost every kid has been a witness to some form of bullying, and many will recognize that it's wrong, but they don't always know what to do about it. It's important for kids to stick together so that no one is left out, alone, or bullied. But how do we teach kids to be the kind of people who'll stand up for others?

For parents of bystanders, here are four tips to help your child stick up for others and make the world a better place.

1) Teach Them What Really Matters

It's great to be a strong student, good athlete, standout musician, or respected leader. But what's even more important is character.

It's good to be proud of your kids when they achieve something like a good grade, a personal best, or a teacher's recognition. It's good to encourage them to pursue the things they love and are good at. These things matter.

But it's even more important to help them decide what sort of person they want to be. All of us – kids, teens, and adults – can choose our response to a situation, and our responses show others who we are.

Teach your kids about being the right person, not just doing well.

Encourage your kids by reminding them that you're proud of their achievements, but that character matters more. Treating others with kindness and respect is bigger than straight A's or wearing a C on your jersey. *Being kind is one way to make the world a better place.*

2) Teach Them WHY It Matters

Kids get bullied. Kids get excluded, and almost every kid has seen it happen. But not every kid will necessarily be bullied or excluded. Those who aren't have the power to help those who are.

One way to make bullying stop is to have someone else step in. A bully who sees that the person they've targeted has a friend standing up for them is more likely to walk away.

By being a friend to a bullied or lonely peer, your child can help reduce bullying. Plus, showing someone you care is a great way to boost their self-esteem and remind them that they are worth loving.

Bullied kids are also at greater risk of suicide. *A friend who sticks up for someone being bullied might never know what a difference they've made by showing care and helping decrease bullying.*

3) Set an Example of Character

Kids notice things, and they'll emulate the things they notice. That includes the behaviour of their parents. *It's important to model the kind of character you want to see.*

Bullying among adults may not be as obvious to either you or your kids. Often, it won't consist of intentionally excluding someone in front of others, or physical violence. But when someone is manipulative or making others feel inferior, you can choose how you react. Demonstrate the sort of behaviour you want to see from your kids.

Stand up for the bullied. Defend the truth. Do what's right. It may not always seem like it, but kids pick up on things like this. The ways that you respond to situations will teach them how they should respond.

If you want to see character, show character.

4) Find Practical Ways to be Kind

There are tons of practical ideas that will help a lonely or bullied kid feel included and cared for.

Ask your child what they think they could do to help, and offer your own suggestions.

Some great ways to include others are sitting with a lonely student at lunch, inviting her to play or chat at recess, or asking him to join in when doing a group project. Your child can also make sure to invite a left-out classmate when planning her birthday party or make every effort to accept an invitation from the classmate with few friends.

Remind your child that it's important to listen when making a new friend. Instead of befriending someone out of pity, encourage your child to find out what that person likes, and what they have in common with your child.

Your child might discover an amazing person and a real friendship.

Hope for the Parents of Bystanders

Your child can make a difference in the world simply by being kind.

Some of the best things a parent can teach a child are how to be kind, demonstrate character, and show compassion.

Remember: February 27 is PINK SHIRT DAY! Encourage Kindness!

This article was submitted by Tammy Charko BA, BSW, RSW. Tammy is Northern Gateway Public School's Student Support Facilitator. She is a support for schools, students, parents and caregivers to encourage success in school. Tammy advocates for students and provides a link between the student and other supports within the community. Tammy has been a social worker for nearly 20 years and is a mother to 4 children, 3 of which are teenagers.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2019</h1>						
					1 Day 1 First Day of Semester 2 First Day Gr. 9 Options 4/6 Richard Danks Memorial DQ Classic Sr. Basketball Tournament	2 Richard Danks Memorial DQ Classic Sr. Basketball Tournament
3	4 Day 2	5 Day 1	6 Day 2	7 Teachers' Convention	8 Teachers' Convention	9
10	11 Day 1	12 Day 2 Jr. Girls Basketball Home Game vs. Onaway	13 Day 1	No School 14 Valentine's Day	No School 15 Sr. Basketball Tournament Mayerthorpe (boys/girls)	16 Sr. Basketball Tournament Mayerthorpe (boys/girls)
17	18 Family Day No School	19 Day 2	20 Day 1	21 Day 2	22 Day 1 Jr. Girls Basketball Game - Mayerthorpe	23
24	25 Day 2	26 Day 1	27 FLEX Day 1 Math/Social/Other Tutorial Jr. Girls Basketball GCAA Championships - Hilltop	28 Day 2		

GALLERY

Staff News

Please join us in welcoming Mr. Sheldon King to the Hilltop family. Mr. King will be teaching a mix of Science 9, Computers CALM and Urban Gardening.



Hanging out in the foyer



Paige Waters and Mariah Delaronde make wooden mustache key holders in Shop



Hilltop Drama Production



Candy Cane Checkstop Volunteers



Fancy Friday!



Sr Girls Volleyball challenge local RCMP



Tabitha Irwin baked treats



Luc Aubin is sad he has to wheel around the school



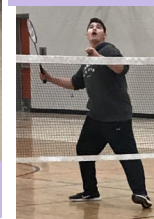
Kaleeah Gunderson's phenomenal craftsmanship



Santa meets the Mayor



Badminton in Gym



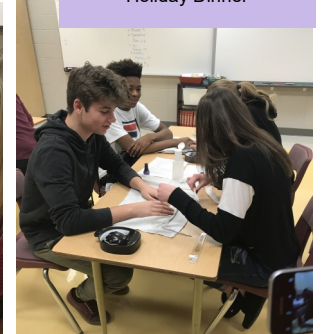
Gateway Academy Holiday Dinner



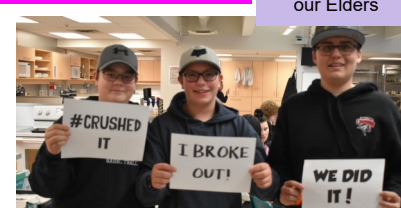
Special gift for our Elders



Getting pampered with male manicures in Cosmetology



Escape Room fun in Foods class



Jr Boys Basketball

Jr Girls Basketball



Sr Girls Basketball



Sr Boys Basketball

