

“A great place to LEARN...and more!”

Hilltop Jr./Sr. High School

VOLUME 1, ISSUE 3

~ Inside this Issue ~



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November 2018 Newsletter

Message from the Administration

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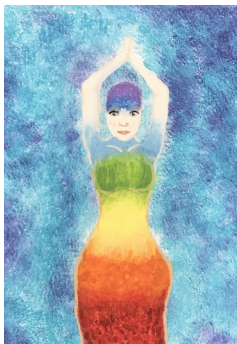
Bell Schedule

Warning Bell	8:55 AM
Block 1	9:00 AM - 10:22 AM
Break	10:22 AM - 10:26 AM
Block 2	10:26 AM - 11:48 AM
Lunch Break	11:48 AM - 12:22 PM
Warning Bell	12:22 PM
Block 3	12:27 PM - 1:49 PM
Break	1:49 - 1:53 PM
Block 4	1:53 PM - 3:15 PM

November Important Dates

- 1: Scholarship Meeting 7pm
- 4: Daylight Savings Time
- 8: Picture Retakes
- 8: Remembrance Day Assembly 10:40am
- 9-13: Fall Break
- 11: Remembrance Day
- 14: Gr. 9 Take Kids to Work Day
- 15: Parent/Teacher Interviews 4-8:30pm
- 21: FOH Meeting 7pm

Student Art



Welcome to November! The semester is quickly moving along. With the beginning of November, we can also expect colder weather and snow. With the large number of students that ride the bus to and from school, we ask parents to please encourage your children to dress warmly. Please check out the infographic, “To Run or Not to Run” in the newsletter for information on bussing in inclement weather.

November also gives us time to pause and reflect on the sacrifices our Canadian soldiers have made to ensure the many freedoms we take for granted. Please join us on November 8 for our annual Remembrance Day assembly at 10:40 AM.

There is no school for students from November 9-13. This fall break is a good time for parents and students to relax after a couple of busy months of school. Students, enjoy the break.

November 14 is Take Your Kids to Work Day. Grade 9 students will have the opportunity to view what it is like to work for a living as they job shadow a parent, relative or friend for the day. This is a valuable learning opportunity for students who will get a glimpse into their future.

I would also like to invite parents to our parent teacher interviews which are scheduled for the evening of November 15. Please drop by to check in with your teachers on your child’s progress. Interviews are from 4-8:30 pm.

We are asking students to keep their backpacks in their lockers while at school. With the influx of students this year, our hallways are a little more congested. We ask that students put their backpacks in their locker upon arrival at school and just take their books to class. There is no need to be carting a backpack around all day. We thank you for your support in this matter.

Enjoy the transition as we move from autumn into winter over the next few weeks. Also, please show your support to our military by wearing a poppy.

Your partner in education,
Brent Northcott
Principal



November 1
Grade 12
Scholarship
Information Meeting
7:00 pm


November 4
 Daylight
Savings
Time

November 8
Picture Day
Retakes


November 9-13
Fall Break
No School


November 11
Remembrance Day


November 14
 Take your
Kids to Work
Day
Grade 9 Only

November 15
Parent/Teacher
Interviews
 **4:00 -
8:30 pm**

FLEX Days
November 7
FLEX Day 2
English/Science/Other
November 28
FLEX Day 1
Math/Social/Other
Gr. 9 Options
November 30
Last Day Gr. 9
Options 2/6
December 1
First Day Gr. 9
Options 3/6

★★★★★ Annual Academic Awards Ceremony ★★★★★
Our Annual Academic Awards Ceremony for the 2017-2018 school year was held on October 25. We would like to once again congratulate all award recipients on their outstanding achievements. Thank you to everyone who attended this special night of recognition. (more on page 3)

- CTS Awards**
Summer Doerksen ~ Art 9
Hannah Rennie ~ Introductory Art
Indigo Bryant ~ Advanced Art
Derek Deets ~ Automotives
Maddy Martell ~ Computers 9
Kyle Molnar ~ Graphic Design
Makenna Daniels ~ Information Processing
Meagan Locke & Ethan Schar ~ Construction 9
Orren Baxter & Daniel Beaulac & Zachary Stoyles ~ Sr. High Construction
Savannah McCaffrey ~ Introductory Cosmetology
Ashlee Underwood ~ Advanced Cosmetology
Freddie Moore ~ Stellar Performance Drama
Emma Schlosser ~ Outstanding Lead Drama
Derek Deets ~ Fabrication
Brooke Naslund ~ Jr. High Foods
Lina El Sayed ~ Sr. High Foods
Ashley LaValley ~ French 10
Montanna Johns ~ French 20
Samantha Rhynold ~ German
Mark Bell ~ Knowledge and Employability
Jayden Greenwood ~ Photo Sr. High
Hunter Cartwright ~ Video Sr. High
Jenna Merrifield ~ Jr. High Physical Education
Emma Schlosser ~ Sr. High Physical Education
Weston Hellekson ~ Registered Apprenticeship
Lisa Coffee & Lainey Granley & Enila Lavallee ~ Urban Gardening
Clea Willberg ~ Work Experience



Highest Achievement in Language Arts/English

- Grade 9: Meagan Locke
Grade 10/10-1: Emma Schlosser
Grade 11/20-1: Hannah Rennie & Emma Sebo
Grade 12/30-1: Damen Berry
Grade 10/10-2: Brady Newman
Grade 11/20-2: Derek Deets
Grade 12/30-2: Amanda Trigg

Highest Achievement in Social Studies

- Grade 9: Dakota Berube
Grade 10/10-1: Emma Schlosser
Grade 11/20-1: Saraf Nawar-Rodyna
Grade 12/30-1: Katelyn Steinke
Grade 10/10-2: Brody Bizeau
Grade 11/20-2: Bradley Jarvis
Grade 12/30-2: Mackenzie Murray & Willow Vandenhouten

Highest Achievement in Math

- Grade 9: Irene Myung
Grade 10/10C: Hannah Rennie
Grade 10/10-3: Dillan Stewart
Grade 11/20-1: Adam Cunningham
Grade 12/30-1: Logan Seu
Grade 12/31: Logan Seu
Grade 11/20-2: Derek Deets
Grade 11/20-3: Sabrina Stewart
Grade 12/30-2: Damen Berry
Grade 12/30-3: Elita Whitehorse

Highest Achievement in Science

- Grade 9: Irene Myung
Grade 10/10: Emma Schlosser
Grade 10/14: Cassie Hough
Grade 11/20: Derek Deets
Grade 10/24: Antonio Phillips
Grade 12/30: Emily Dunstall

Highest Achievement in Biology

- Grade 11/20: Emma Sebo
Grade 12/30: Logan Seu

Highest Achievement in Chemistry

- Grade 11/20: Emma Schlosser
Grade 12/30: Logan Seu

Highest Achievement in Physics

- Grade 11/20: Adam Cunningham
Grade 12/30: Logan Seu & James Woodford

Grade Valedictorian

- Grade 9: Irene Myung
Grade 10: Emma Schlosser
Grade 11: Adam Cunningham
Grade 12: Logan Seu

Student of the Year

- Junior High: Samantha Rhynold
Senior High: Mark Bell



2017 - 2018 Annual Academic Awards Ceremony



HONOURS

Grade 9

Anderson, Ashley
 Berube, Dakota
 Deane, Nevin
 Dibben, Jaden
 Doerksen, Summer
 Durocher, Eden
 Edmundson, Jada
 Evenson, Chloe
 Juengling, Kelsey
 Locke, Meagan
 Martell, Maddy
 Merrifield, Jenna
 Myung, Irene
 Nickolson, Mikayla
 Osborne, Jaron
 Ottley, Samuel
 Rhynold, Samantha
 Stewart, Samantha
 Wharton, Kaiden
 Wilde, Aaron
 Wolfe, Allison
 Zadderey, Kenneth

Grade 10

Adams, Noel
 Augot, Zachary
 Blain, Kevin
 Borg, Alyssa
 Braun, Tyler
 Davidson, Samia
 Dickson, Kayla
 El Sayed, Lina
 Fast, Areanna
 Gadke, Kody
 Greenwood, Jayden
 Irwin, Damon
 Jorgensen, Scott
 Lavallee, Enila
 LaValley, Ashley
 Lewis, Gabriel
 McLean, Thomas
 Newman, Brady
 Perrin, Jaxon
 Rennie, Hannah
 Schlosser, Emma
 Sharp, Sydney
 Taylor, Joshua

Grade 11

Bell, Mark
 Cunningham, Adam
 Davidson, Jacob
 Day, Colby
 Deets, Derek
 Doerksen, Seth
 Funk, Teron
 Hearn, Cameron
 Long, Stephanie
 Moore, Freddie
 Sebo, Emma
 Warchola, Rachelle
 Wilde, Carter

Grade 12

Cairns, Ashley
 Carter, Kaley
 Cone, Nicole
 Dunstall, Emily
 Greenwood, Annick
 Maxwell, Emma
 Seu, Logan
 Steinke, Katelyn
 Woodford, James



Students of the Year
Mark Bell and Samantha Rhynold



Grade 9 Valedictorian
Irene Myung



Grade 10 Valedictorian
Emma Schlosser



Grade 11 Valedictorian
Adam Cunningham

MERIT

Grade 9

Berube, Shyla
 Borg, Ryan
 Daniels, Treydon
 Dickson, Katie
 Dixon, Jordan
 Naslund, Brooke
 Palmateer, Kayla
 Shuck, Kendall
 Smith, Charles
 Van Der Meer, Landis

Grade 10

Baxter, Orren
 Beauchamp, Darcy
 Beck, Kenzie
 Beuker, Paige
 Bizeau, Brody
 Brandt, Jay
 Butler, Ian
 Clarke, Hannah
 Coffee, Lisa
 Collins, Derrick
 Coulter, Josie
 Ellis, Joshua
 Granley, Lainey
 Gunsch, Trystan
 Guthrie, Noah
 Hodgson, Rianna
 Hough, Cassie
 Johns, Keegen
 Kostyk, Kadence
 Lindsay, Draydon
 Lunde, Autumn
 Lyver, Hannah
 Mundell, Brook
 Mytrunec, Ayden
 Newton, Jacob
 Paul, Kyra
 Pham, Mai
 Roach, Jessica
 Stewart, Dillan
 Stoyles, Zachary
 Tapp, Noel
 Tobin, Caleb

Grade 11

Abaya, Jorden
 Anderson, Erica
 Anderson, Savannah
 Benko, Rebecca
 Blackstock, Montana
 Bounds, Sadie
 Bryant, Indigo
 Christianson, Sadie
 Damberger, Renae
 Fransen, Gabriel
 Gallant, Sebastian
 Gano-Murray, Tanisha
 Granley, Kjell
 Harder, Colleen
 Kelly, Layne
 Lambert, Kailey
 Lewis, Hannah
 Mohler, Sarah
 Motkoski, Courtney
 Newman, Cody
 Oliver, Cody
 Packham, Macynne
 Pastoor, Chase
 Pham, Thanh
 Schneider-Magdiak, Dallas
 Smith, Carson
 Spreen, Leigh
 Tarcon, Alysa
 Tipler, Mikayla
 Whatmore, Mackenzie
 Wise, Zachary
 Woods, Colby

Grade 12

Adams, Benjamin
 Ansay, Shawn-Rey
 Baranitsky, Ethan
 Basaraba, Caelyn
 Boll, Ryan
 Bryson, Madison
 Coffee, Samuel
 Forseille, Alyssa
 Fromager, Emily
 Humby, Aaron
 McKinnon, Pharran
 Molnar, Kyle
 Parker, Brooklyn
 Pratt, Brianna
 Twach, Christopher
 Warr, Lance
 Whitehorse, Elita
 Woykin, Reid



Support Hilltop High School by saving your receipts from Boston Pizza. Every receipt you submit to us earns us 5% cash back towards student programming.

OPERATION EDUCATION FUNDRAISER

Dear Parents and Guardians,
 Operation Education is a co-operative fundraising initiative that partners local schools with Boston Pizza restaurants in your community to earn cash back. Staff, students and families can dine at any Northern Alberta Boston Pizza and help their school earn 5% cash back on the pre-tax total of submitted receipts.*

1. Eat at Boston Pizza between September 1, and December 31, 2018
2. Save your receipts
3. Submit your receipts to the designated school representative by January 10, 2019

It's as simple as eat, save, submit!



Contact your local Boston Pizza for more details.

*Valid for registered schools at participating NAB Boston Pizza locations. Only original receipts are accepted.



Chef Mercers Foods 9 class held a Cake Boss competition last week. Students created edible masterpieces while following certain criteria. Staff members then judged them on presentation, taste and design creativity. Amazing job by these talented bakers!



Hilltop Media student **Freddie Moore** shot some eerie night pictures of Mr. Schlosser



Gateway Academy celebrates Thanksgiving with good food and good friends.



Congratulations to **Emma Schlosser** for winning the Town of Whitecourt's Vitalization Committee's highway banner picture contest and to Hilltop High School's media program for their assistance. Each received cheques for \$250.00.



- C-Commitment
- H-Hardwork
- A-Attitude
- R-Respect
- G-Greatness
- E-Effort



Hilltop Bistro



Open Daily

Hilltop Bistro cards are available to purchase from Mrs. Runge in room 503. Accepted payments of Interac, Visa, Mastercard or cash. Bistro cards are punch cards that can be used in place of cash at the cafeteria. These cards are available in \$10.00 and \$20.00 values. Bistro cards make a great gift idea.

Daily Lunch Special \$5.00

- Small Chocolate Milk \$1.00
- Large Chocolate Milk \$3.50
- Milk 2 Go (Vanilla, Banana, Strawberry) \$2.50
- Keurig Cup \$1.00
- Cookie \$0.50
- Loaf \$1.50
- Muffin \$1.00

- Square or Pastry \$2.00
- Veggie Cup or Fruit Cup \$1.00
- Jello or Pudding \$1.00
- Pretzel & Hummus \$2.75
- Sandwiches \$3.50
- Yogurt Parfait (Peach, Strawberry, Blueberry) \$1.50
- Cheese, Meat & Crackers \$3.50

B&G Productions Presents

A Beacon Of Hope

By Ty Babiuk & Sandy Gartner

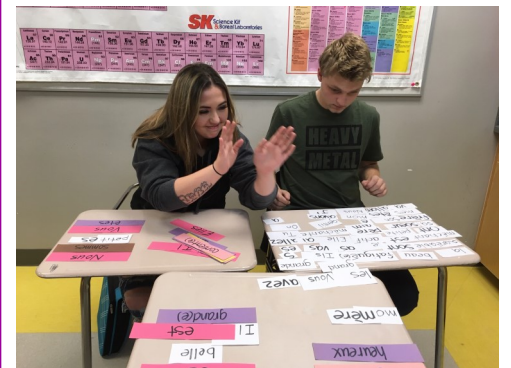
DECEMBER 13 & 14TH

HILLTOP HIGH SCHOOL AUDITORIUM

7:00 PM

DESSERT THEATRE \$10.00

Fun in French Class



The following students will be heading to Ottawa this year as they participate in various themed weeks with Encounters with Canada.

- Declan Finan: Science & Technology
- Kenneth Zaddery: Medicine and Health
- Ayan Khurram Hudda: Science & Technology
- Katie Dixon: Democracy and Youth



Thank you Mama Grays Catering for your continued donations of empty coffee cans supporting our Outdoor Education program



What is Kidsport?

KidSport Whitecourt is a charity in our community that believes that no kid should be left on the sidelines and that all kids should have the opportunity to experience the positive benefits of organized sport. We are one of 40 locally organized chapters in Alberta that provide grants to families who are facing financial obstacles and require assistance in paying their children's sport registration fees. To apply see the office for an application. If you have questions please contact Mrs. Smith-Tomke. Or The Town Of Whitecourt's, FCSS Program Coordinator at 780-778-3637 ext.417

KidSport Whitecourt is also looking for donations to help us help community youth. To donate contact Mrs. Tomke or The Town Of Whitecourt's, FCSS Program Coordinator at 780-778-3637 ext.417



Hilltop RAP Stars

Hilltop High School Off-Campus Education
Registered Apprenticeship Program



Kayden Deitz

Heavy Duty Technician



Whitecourt Transport

Caleb Tobin

Heavy Duty Technician



JBS Mechanical



Chase Swanton

Instrumentation



Strike

Jaxon Perrin

Power Engineering



Millar Western



Work Experience Opportunity

The Whitecourt Wolverines are seeking Work Experience students who are interested in any of the following unpaid, credit earning job positions

- Public Relations
- Multimedia Content Creator
- Statistical Recorder
- Events Management
- Lighting Technician

For more information please speak to Mrs. Van De Kerckhove

Current RAP/Dual Credit Opportunities

AECOM - Electrical
Educational Assistant Program
(Dual Credit)

If you are interested in the Registered Apprenticeship Program stop in at the office and schedule a time to speak with Mrs. Van De Kerckhove

Any business interested in taking on a RAP student please contact Mrs. Sarah Van De Kerckhove at 780-778-2446

RBC donates \$50,000 in support of NGPS Dual Credit & Off Campus programs!!

Over the past four years, NGPS has invested in our students' futures with an increased emphasis on Off Campus and Dual Credit programs, offering students options for personalized learning and skill development, and connections to post-secondary and local businesses. Off Campus education refers to opportunities junior and senior high students have to explore and expand their career interests, skills and knowledge related to work through Work Experience, Registered Apprenticeship, and summer Boot Camp learning opportunities. Dual Credit programs provide the opportunity for high school students to take college or university courses, earning both high school and post-secondary credits for the same course. RBC has created an opportunity for students to be active participants in this changing job market through their investment in **RBC Future Launch**. We are very pleased to partner with RBC as we continue our work to provide innovative and relevant learning opportunities for NGPS students.

NGPS Superintendent Kevin Andrea accepted the cheque from RBC Whitecourt Managers Tammy Collins, Dan Munro and Rachel Bachman, in the CTS Construction lab at Hilltop Jr/Sr High School. Thank you Hilltop High School RAP, Work Experience and Dual Credit students for joining us, for representing all NGPS students and for sharing your learning experiences!

With the support of **RBC Future Launch**, we will be able to enhance our current programs to better serve our students as they learn, grow, and create the business opportunities of tomorrow. Thank you RBC!



2019

Class of

Grad News



Grad 2019 Remind

Parents/Students please sign up to receive important reminders via text message regarding Grad 2019

Text the message @hthgrad19 to the number (587) 316-7407

Mrs. Keay has begun her one on one meetings with Grade 12 students. Please sign up on the sheet on her classroom door (room 302) to have your individual meeting.

Grad 2019 Parent Volunteer Opportunities:

Senior Supper (over 30 year Hilltop tradition)
Winter/Spring Formal Dance
Grad Ceremony Decorations
Cake Auction
Grad Banquet (only possible with many volunteers)

Important Days to Remember

Hilltop's 52nd Graduation Ceremony
June 28, 2019
Time: 1:00 pm

Graduation Scholarship Information Meeting
November 1, 2018
7:00 pm

Grad Pictures
December 3-6, 2018
Session Booking details TBA at a later date

Grad Pictures Re-Take Day
February 19, 2019

Grade 12 Academic Advising Update

Greetings!

This month, my update **also applies to grade 11 students**. I am hearing from a lot of post-secondary institutions that their competitive averages are very high this year. Particularly in the Bachelor of Science faculty. What does this mean?

Competitive admission average ranges are provided to give students an idea of what they need to be considered competitive. In order to be considered for admission, you need to present a competitive admission average for your faculty/program of choice, based on the required courses for that program. You can check required courses for each program by searching the program listings of the institution you are interested in.

Space in each program is limited. Being within the competitive admission average range does not guarantee admission. No two applicants are alike, and multiple factors, including admission average and requirements, are taken into consideration for admission.

The competitive averages for each program/faculty may change throughout the year, based on the competitiveness of the applicant pool. In addition to presenting a competitive average when you apply, you must also meet the university's minimum admission requirements after receiving an admission offer in order to remain eligible. Those students are receiving *conditional acceptance* must keep up their grades and overall averages to keep their acceptance.

This information really means the following:

1. Students applying to post secondary institutions such as University of Alberta should **have a second program choice**. You may want to choose something like Bachelor of Arts where the initial admission requirements are more flexible.
2. You should **have a second or even third institution choice**. Please do not *only* apply to one institution.
3. **Consider a Transfer Program**. For example, you may choose to start at Red Deer College or Grande Prairie Regional College. You will spend two years working toward your Degree and transfer to University of Alberta or University of Calgary. A transfer program is not a waste of time or money.

Scholarship applications are now open for many scholarships. In order to prepare for your applications, I advise that you begin connecting with potential references. Have someone write you a reference letter that can be used for multiple applications. Ask your reference to sign multiple copies of their letter and send you a digital copy. There are many scholarships for Indigenous Students, students who are entering specific programs such as nursing, apprenticeships, or volunteers/leaders. Start by visiting the ALIS website:
<https://alis.alberta.ca/explore-education-and-training/pay-for-your-education/scholarships-and-bursaries/>

Please do not hesitate to pop by my classroom if you have questions or send me an email! I am here to help!

Mrs. Keay
jennifer.keay@ngps.ca



Edmonton
January 2019
SCHEDULE

Outstanding teachers Experienced, engaging, and caring teachers make the difference!	Comprehensive Learning Materials Expertly developed study guides and relevant practice exams.	Tons of Schedule Options Study with us during evenings, weekends or online!
TWO LOCATIONS		Main MAIN – MacEwan University Robbins Centre, 10910 104th Ave
		South SOUTH – Terwillegar Rec Centre 2051 Leger Rd

Early Start Courses

January 2019	Sun 6 th	Tues 8 th	Thur 10 th	Fri 11 th	Fri 12 th	Sun 13 th	Tue 15 th	Wed 16 th	Thur 17 th	Sun 20 th	Tue 22 nd
English Option 1 30-1 or 30-2	Class 1 11:30AM 6:00 PM	Class 2 6:00 PM 9:30 PM	Class 3 6:00 PM 9:30 PM					Part B Q&A 5:15 PM 7:15 PM			
Social Option 2 30-1 or 30-2	Class 1 11:30AM 6:00 PM	Class 2 6:00 PM 9:30 PM	Class 3 6:00 PM 9:30 PM					Part B Q&A 7:30 PM 9:30 PM			
English Option 2 30-1 or 30-2				Class 1 6:15 PM 9:30 PM	Class 2 10:00AM 3:45 PM	Class 3 10:00AM 3:45 PM		Part B Q&A 7:30 PM 9:30 PM			
Social Option 2 30-1 or 30-2				Class 1 9:30 AM 4:30 PM	Class 2 9:30 AM 4:30 PM			Part B Q&A 7:30 PM 9:30 PM			
English 30-1 or 30-2 Class size cap 40				Class 1 6:00 PM 9:30 PM	Class 2 1:30 PM 6:30 PM	Class 3 12:00 PM 5:00 PM		Part B Q&A 5:15 PM 7:15 PM			
Social 30-1 or 30-2 Class size cap 33					Class 1 11:00AM 5:45 PM	Class 2 12:00PM 6:45 PM		Part B Q&A 7:30 PM 9:30 PM			
Math 30-1 Option 1				Class 1 5:30 PM 9:30 PM			Class 2 5:15 PM 9:30 PM		Class 3 5:15 PM 9:30 PM	Class 4 5:00 PM 9:00 PM	
Math 30-2 Option 1				Class 1 5:30 PM 9:30 PM			Class 2 5:30 PM 9:30 PM		Class 3 5:30 PM 9:30 PM	Class 4 5:30 PM 9:00 PM	
Math 30-1 Option 2 Extended Length				Class 1A 6:00 PM 9:30 PM	Class 1B 10:00AM 3:45 PM	Class 2 10:00AM 3:45 PM	4 th class runs twice, attend 4A or 4B (they are identical) →			Class 4A 5:00 PM 9:00 PM	Class 4B 4:00 PM 7:30 PM

MacEwan
state-of-the-art facilities

\$99 single course price

Sign up for two or more courses and pay just \$90 (each)

Prices shown are for prepaid registrations; visit our website for pay-at-door options.

Terwillegar
Value — Smaller classrooms

\$115 single course price

Sign up for two or more courses and pay just \$105 (each)

Exception: Science is capped at just 20 students, cost is \$145

Signing up for an RTD course gives you access to classes from any other option we run, at any location including our online courses. We offer prep courses for every student and schedule – please contact us for help in finding something for you.

Remaining Courses

January 2019	Sun 13 th	Tues 15 th	Wed 16 th	Thu 17 th	Fri 18 th	Sat 19 th	Sun 20 th	Mon 21 st	Thur 24 th	Fri 25 th	Sat 26 th	Sun 27 th
Chemistry 30 Option 1 Flex	Class 1A 4:00 PM 8:00 PM		Class 1B 5:30 PM 9:30 PM	Class 2A 5:30 PM 9:30 PM		Class 2B 3:00 PM 7:00 PM	Class 3A 4:00 PM 8:00 PM	Class 3B 4:30 PM 8:30 PM	Class 4A 5:30 PM 9:30 PM			Class 4B 5:00 PM 8:30 PM
Biology 30 Class size cap 40		Class 1 5:30 PM 9:30 PM		Class 2 5:30 PM 9:30 PM				Class 3 5:30 PM 9:30 PM	Class 4 5:30 PM 9:15 PM			
Math 30-1 Option 3					Class 1 5:30 PM 9:30 PM	Class 2 10:00AM 4:30 PM	Class 3 10:30AM 4:00 PM					
Math 30-2 Option 2					Class 1 5:30 PM 9:30 PM	Class 2 9:30 AM 2:45 PM	Class 3 9:30 AM 3:45 PM					
Biology 30 Option 1					Class 1 5:45 PM 9:30 PM	Class 2 10:00AM 4:00 PM	Class 3 10:00AM 4:00 PM					
Math 30-1 Class size cap 34					Class 1 5:00 PM 9:30 PM	Class 2 1:00 PM 7:00 PM	Class 3 12:00PM 6:00 PM					
Math 30-2 Class size cap 34					Class 1 5:00 PM 9:30 PM	Class 2 10:00AM 4:30 PM	Class 3 2:30 PM 6:45 PM					
Chemistry 30-1 Option 1										Class 1 5:30 PM 9:30 PM	Class 2 10:00AM 4:00 PM	Class 3 10:00AM 4:00 PM
Physics 30										Class 1 5:30 PM 9:30 PM	Class 2 9:30 AM 2:45 PM	Class 3 9:30 AM 3:45 PM
Biology 30 Option 2										Class 1 4:45 PM 9:30 PM	Class 2 9:00 AM 5:15 PM	Class 3 10:30AM 2:45 PM
Science 30										Class 1 4:30 PM 9:30 PM	Class 2 3:30 PM 7:45 PM	Class 3 3:00 PM 7:45 PM
Chemistry 30 Class size cap 34										Class 1 4:30 PM 9:30 PM	Class 2 1:30 PM 6:30 PM	Class 3 12:00PM 6:30 PM
Physics 30 Class size cap 34										Class 1 4:00 PM 9:00 PM	Class 2 9:00 AM 2:45 PM	Class 3 11:30AM 4:45 PM
Science 30 Class size cap 20										Class 1 4:30 PM 9:30 PM	Class 2 3:00 PM 7:45 PM	Class 3 12:00PM 5:00 PM

RTD courses are 14 to 16.5 hours in length, delivered over three or four classes with additional one-on-one Q&A time provided. Comprehensive study guides and practice exams are included, as well as access to additional online learning resources.

Courses are delivered by outstanding proven teachers with backgrounds in exam marking, field testing, and item writing.

FLEX courses Choose your own schedule.

Chemistry Option 1 is a FLEX course, where each class runs twice. Mix & match/choose the A or B option for each of the four classes.

Classes designated A / B are identical.

DROP-IN Q&As **MacEwan**

Get extra one-on-one help from our expert team of math and science teachers

Q&As included in course fees.

Math	Mon, Jan 21 st 7:30pm - 9:30pm
Biology	Sun, Jan 27 th 9:00pm - 10:30pm
Chemistry & Physics	Sun, Jan 27 th 4:00pm - 6:00pm
Science	Sun, Jan 27 th 1:45pm - 3:00pm

Math 30-1 **MacEwan**

Written Response Workshop

\$35 (prepaid)

One class (3 hours) at Main/MacEwan location

While our Math 30-1 diploma prep courses are complete and includes written response preparation, in this add-on workshop students will receive separate materials and benefit from extra hands-on practice.

Monday, Jan 21st
4:30pm - 7:30pm



Gateway Academy – Whitecourt Campus News

(formerly called Storefront)

Hours of Operation Monday-Thursday 9:00 am – 3:30 pm
Phone: 780 - 778 - 5865 Fax: 780-778-5683



November is set up to be a creative, exciting month at Gateway Academy. Amidst getting a fresh coat of paint, fifteen of our current students will be taking part in a two-week Art Intensive; interested students will have the opportunity to sketch, sculpt, paint and create a relief mural for a feature wall at Gateway while earning credits for Art 10.

Important Dates:

November 1st: Lunch & Learn with Mike Cameron. Mike will be sharing his "Redefining Badass" presentation with us over a delicious pulled pork lunch! Thank you to the Whitecourt Family Violence Initiative for providing us with this opportunity. www.whitecourtfvi.com for more information about our speaker!

November 15th: Parent Teacher Interviews: Drop in to discuss your child's progress anytime between 4-6:30.

November 17th: "Dreams- The Ultimate Tribute to Fleetwood Mac" at Eagle River Casino. We wish to thank Eagle River Casino for their generosity and support in helping fund our fresh coat of paint. Please contact Maureen @ (780) 778-5865 as soon as possible for tickets as we know they'll sell out quickly! Tables are \$100 each and seat four.

November 19th - 30th: Art Intensive with Artist & Teacher Deb Love

November 29th: 12-1:30 Art Show & Luncheon

Please RSVP to Tammy @ (780) 778-5865 by November 26th if you'd like to view our student's art and share in lunch with us.

Gateway Academy is a flexible, alternative school for off campus education designed to meet the unique needs of our grade 9-12 students. Our students come to us for a variety of reasons, including: preference for homeschooling, learning challenges that make focus and learning within the regular classroom setting difficult, anxiety, interest in courses that are not offered within the regular school programming (such as: Psychology, Forensics, etc.), upgrading, financial obligations that require them to work full time, medical issues, pregnancy and/or the demands of parenthood, or simply the preference of working independently at their own pace. On an average day, we see twenty students enter our door and work towards fulfilling their graduation requirements. For inquiries, please contact Outreach Coordinator, Mrs. Maureen Kendall @ (780) 778-5865.



Pumpkin Carving at Gateway



Whitecourt Teen Centre

A place where you can be yourself!

The Whitecourt Teen Centre is a free drop-in program for youth in grades 6-12.

The Teen Centre Hours are 3:30 pm to 8:00 pm, Monday- Friday

Holiday & PD Days: Please visit our Facebook or Instagram page for current updates including holidays, PD Days and Flex Days, as times and dates are subject to change.

Facebook: Whitecourt Teen Centre Page

Instagram: wctteencentre

The Teen Centre will also post the updates on the Teen Centre door.

Our Teen Centre programs and activities include: DIY projects, arts & crafts, cooking & baking, movies, video games, sports & activities, board games, pool & much more! Participation in programs & activities is optional.

Health and wellness at the Teen Centre is important. We believe in the physical and mental wellbeing of our youth and express this importance through various self-esteem building activities as well as forms of self-care such as yoga, fitness, cooking and baking.

We are now doing Flex Days at The Teen Centre from 11:20 am - 1:00 pm!

Come to the Teen Centre on Flex Days for a free hot lunch!

The Teen Centre offers homework support, a variety of resources and supplies for school projects, and free wifi!

Thursday Nights are **Open Gym at the Teen Centre**. Register at the Teen Centre to participate in Open Gym in the Field House at the AJMC. Thursdays 6-8 pm

Open Gym Fee: \$4.00 per youth

Must Register to participate. Contact the Teen Centre for more information.

To find out more about attending Open Gym at no cost, please contact Alicia Smallwood Teen Centre Manager-Youth Development, Coordinator Ph:(780) 778-6696
 Email: teenwhitecourtbgc@gmail.com

Upcoming Events: Register for Kickboxing on Fridays.

Classes at the Teen Centre & Anytime Fitness

Kickboxing Fee: \$5 per session * Must Register to participate*

Contact the Teen Centre for more information

To learn more about joining Kickboxing and other activities at no cost, please contact Alicia Smallwood Teen Centre Manager-Youth Development, Coordinator Ph:(780) 778-6696 Email: teenwhitecourtbgc@gmail.com

Classes are filling up fast, don't miss out!!!!



Earn 5% profit grocery shopping at IGA and support Hilltop High School's Friends of Hilltop Parent Council.

EARN MONEY to pay for your student's school fees, grad garb, school sports and even school trips. When you purchase IGA grocery vouchers from the Remax office or at Hilltop's front office, 5% of your purchase is placed in an account just for you. It stays there until you need to access these funds to pay for any variety of school related expenses. Stop by or call the office for more details on how to sign up.

Hilltop High School
BREAKFAST PROGRAM
Operated by Friends of Hilltop Parent Council Society

Please support our program by donating bottles at the Whitecourt Bottle Depot. Mention they are for Hilltop High School.



VOLUNTEERS NEEDED!!

The Breakfast Program is looking for helpers before the start of the school day to help with prep and serving of breakfast. Hilltop High School is not part of Breakfast Clubs of Canada and is run by 100% Parent Council Volunteers. Mrs. Bell has been graciously helping us while she is trying to run the Bistro, but definitely needs extra hands. If you can help at all – even 1 morning a week, please see her at the Bistro. Thank you in advance!!

Key Study Guides

Key Study Guides are an additional resource that students can use to review/study for their exams. The Key Study Guides include practice questions and answers, detailed solutions, and are aligned with the Alberta curriculum. An order sheet will be available at the office during Parent/Teacher Interviews on November 15. Payment accepted via schoolcashionline.com starting November 14.

Thank you Pembina Pipelines for your generous donation of binders to our Learning Commons. **PEMBINA**



Friends of Hilltop Parent Council



2018-2019 Friends of Hilltop Council Members
 Chairpersons: **Tammy Dickson and Avy Fast** Secretary: **Joanne Merrifield**
 Treasurers: **Niki Underwood and Judy Watson**

Next Meeting - November 21, 2018 at 7:00 pm at Hilltop

Earn 5% profit on your regular grocery shopping at IGA!!

EARN MONEY to pay for your student's school fees, grad garb, school sports and even school trips. Take advantage of the IGA gift cards sold by Friends of Hilltop Parent Council. When you purchase grocery vouchers from the Remax Office or at the school office--**5%** of your purchase is placed in an account just for you. It just stays there until you need to access these funds to pay for any variety of school related expenses.

IGA voucher cards are the **ONLY** fundraiser for Friends of Hilltop, other than bottle recycling to fund our Breakfast Program. Stop by or call the office for more details.

Student Services Newsletter

Our Student Services Team works diligently to support our student's social, emotional, career and academic needs. Opportunities for students are communicated through weekly announcements, newsletters and through Hilltop's Social Media. Students are invited to drop into our Student Services area for support or to see Ms. Trebilcock or Mrs. Smith - Tomke for an appointment.



Are you undecided about a career? One of the best web sites for **Career Planning, Education and Employment** is www.alis.gov.ab.ca. It also includes information on **financial assistance**.

Applying for Post-Secondary

Most schools accept applications from October 1st onward. Do not delay. Receiving an offer of acceptance can take a long time. Remember, once you have applied, you must periodically update the post-secondary institution via your online account.

RAP - Registered Apprenticeship Program

If you are interested in a RAP position and would like to find out more information, please see Mrs. Van De Kerckhove in the front office.

Work Experience

Are you a student who is currently employed? Have you signed up for work experience? You can earn up to 15 credits towards your high school diploma. **Completion of HCS 3000 course modules is mandatory.**

Former Hilltop students looking for transcripts will need to sign up for MyPass. (See instructions below) Students needing their Alberta Student Numbers should contact Alberta Education directly at 310-0000 or online at learnerregistry.ae.alberta.ca.



PLAN YOUR EDUCATION AND CAREER

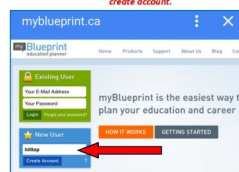
myBlueprint is a web based service for high school students to monitor their credits and graduation, and to research career pathways and post-secondary opportunities. myBlueprint is synced to the students' PowerSchool, and it updates in real time. Each student already has an account paid for.

For more information: hilltophigh.ca / parents and students tab.



myBlueprint is a web based service for high school students to monitor their credits and graduation, and to research career pathways and post-secondary opportunities. myBlueprint is synced to the students' PowerSchool, and it updates in real time. Each student already has an account paid for. Here are the steps for getting started:

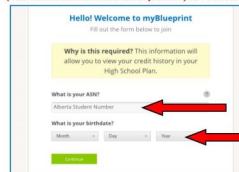
Step 1: Type in our school password "hilltop" and click on create account.



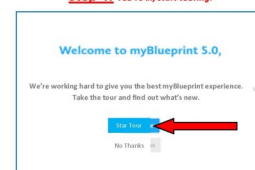
Step 2: Choose your grade.



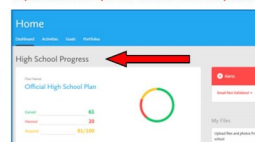
Step 3: Enter your Alberta Student Number and birthdate. (Your Alberta Student Number can be found on your PowerSchool)



Step 4: You're in, start touring!



Step 5: myBlueprint connects to PowerSchool automatically to count credits, check graduation requirements and help research schools and career pathways.



MYPASS.ALBERTA.CA

To access your records after writing a diploma, you will need to have a myPass.alberta.ca account established. **GRADE 12 STUDENTS MUST SIGN UP FOR MyPass**

*Alberta Education has decided that Diploma results will only be available via your MyPass account. *The school cannot create your account on your behalf.

How to sign-up:

1. Go to mypass.alberta.ca
2. Create a login using "Sign me up, I'm new!" Do not use your @ngps.ca email. A confirmation link will be sent to your personal inbox.
3. Click on the confirmation link in your inbox. Confirm your birthdate and Alberta Student Number. You can find your ASN at <https://extranetapp.learning.gov.ab.ca/learnerRegistry/forms/>
4. Using a button on the subsequent screen, request that a secure verification code be mailed to your home via post. It should arrive within two weeks.
5. Upon receipt in the mail, login and enter the code. It will expire. Act promptly.
6. You will now have access to all of your academic records.



Athletics

Be a Charger...Take Charge!



Volleyball

Nov. 2 & 3: Sr. Volleyball tournament Edson (boys/girls)

Nov. 16 & 17: Sr. Volleyball Zones Barrhead (boys/girls)

Basketball

Watch for tryout dates

Nov 30 & Dec 1: Sr. Basketball Edson (girls only)

Hilltop was proud to once again host the A&W Classic Volleyball tournament in October. We would like to thank all the teams that participated and everyone that helped organize the event. A special thank you to A&W for your decades of sponsorship and continued support. Our Sr. Girls finished the tournament in 4th place, while our Sr. Boys earned silver in a thrilling three set match final game.



Our first Pep Rally of the year and we were thrilled to introduced both the Jr. and Sr. Volleyball teams and the CATS Football team. Students also had the chance to play games and earn prizes.



Congratulations to these CATS players who were honoured by the Mighty Peace Football League.

Outstanding D Lineman - Chase Pastoor
Outstanding O Back - Court Mills
MVP - Court Mills



Medieval Club

Have you ever wondered how knights fought back in medieval times? Or what arts and crafts people used to make? Perhaps you are into sports and martial arts or maybe you are just curious about what kind of skills were needed to be a medieval artisan. Hilltop's Medieval Club meets at lunch on Thursdays to learn all there is about the medieval times as well as how to do medieval style combat. Students can learn all about the medieval ways of fighting as well as about honour and chivalry. Students can learn about making medieval crafts like chainmaille and wire weaving, but also about making armour as well as how to engage a foe with cunning skill and accuracy. If you would like to find out what we do in Medieval Club, please come and speak to Miss Mehl in Room 304!

Climate Change Video Contest

The national FOCUS! Climate Change Secondary (Grades 8-12) Video Contest returns for a second year.

Last year more than 400 students from 80 schools across 8 provinces combined their talents and imaginations and submitted over 160 films. Through stop animation, live action, image-driven story-telling, and documentary techniques, Canadian youth produced both haunting and hopeful narratives for our future. The films were simply jaw-dropping for their creativity and teachings. Winning films from last year, as well as a new resource library of student made films for teachers and students, can be seen on our website.

The contest invites students in Grades 8-12 (individually or in teams of up to 5 members) to make a short video (maximum 5 minutes) about climate change. Full details are available on our website at <https://kimberley-foundation.org/focus-main-page>.

Fantastic prizes (1 grand prize of \$5,000 + \$2,500 for the school, and 3 additional prizes for best creativity, best technical realization and best science communication each valued at \$2,500 + \$2,000 for the school) can be won. In addition, the overall prize package includes a trip to Vancouver in May 2019 for a public screening of the winning films.

Our website has a specific section dedicated to new innovations, climate change news, and various other resources to learn about climate change (facts, websites, active organizations) which we hope can also be a useful learning resource.

For your information, the Kimberley Foundation is a charitable not-for-profit organization registered in the Province of British Columbia whose aim is to support unique, self-directed learning experiences that will help change the world.

The deadline for video entries is March 4, 2019.



School Reach

School Reach is a club devoted to quiz game shows. Students gather in room 304 at lunch on Fridays to test their knowledge about pop culture, music, sports, entertainment, history, literature, movies and much more. Come bring your lunch and some friends to try out our amazing game show buzzer system while answering some questions! Everyone is welcome and we have a great time during lunch hour.



Hilltop High School would like to request that all students leave any valuables at home.

We encourage all students to keep their combinations for their hall & gym lockers confidential.

Attention Parents

All students courses, assignments, grades and attendance are available live on Power School and can be viewed at any time.

If you have not signed up for Power School, or are having difficulty signing in, please contact the front office and we will help get you started at 780-778-2446. If you have no access to internet you are welcome to stop in to the Learning Commons and access Power School through our internet. Power School is also available as an app for smart phones.

Parent/Guardian Reminder

- * If a student is going to be late or absent for any reason, a parent or guardian must notify the school at 780.778.2446. Please use our answering machine if you need to call before or after school hours
- * Please remember that **ALL** students must be signed out by a parent/guardian when leaving the building for any reason, including in the event of an emergency or evacuation. Students can be signed out by a parent/guardian either in person or by calling the school at 780-778-2446.
- * If there is no call or notification of a students absence from a parent or guardian then it will be considered **unexcused** and an automated call will go home that night. Please be advised if our system has rejected your phone number due to a cancelled landline, we will use the next available phone number (ex: cell phone number)
- * **Please contact the school to verify your contact information or if you need to make any changes.**

We appreciate your cooperation



Follow us on
Twitter

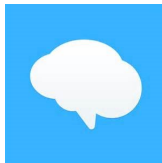


Like us on
Facebook

PowerSchool
for Student
Grades and
Attendance



Join Hilltop
Remind



**Support your school with
SPIRITWEAR!**

NEW! Charger Spirit Wear

Hoodies: **\$40.00 each**
 Short Sleeve T-Shirts: **\$15.00 each**
 Long Sleeve T-Shirts: **\$16.00 each**
 Hats: **\$10.00 each**

Spirit Wear can be purchased from
 Mrs. Runge in room 503

PRICE REDUCED **Reduced Spirit Wear**
 Short Sleeve & Long Sleeve T-Shirts **\$3.00 each**
 Shorts **\$3.00 each**



School Fees

CTS Fees, school fees, and grad fees are available to pay on schoolcashonline.ca. Please check your account regularly to make sure you don't have any outstanding fees on your account.

YEARBOOKS

We still have 2017-2018 yearbooks available to purchase for \$25.00 each if you did not receive one. A reminder to Grads of 2018 to please pick up your yearbook at the office if you have not already done so.



Time suggested for homework + studying

if you are pursuing academic excellence at Hilltop High School

GRADE TEN

Only four core classes are available. Instead of fast-tracking, explore your interests, try different electives, and complete PE 10. Perhaps you could explore sports and extra-curriculars. No homework, you say? Read the newspaper or explore something new.



20 min
x 3 days of
the week



20 min
x 3 days of
the week



20 min x
5 days of
the week



30 min x
5 days of
the week



exercise
and sleep
help you
achieve

GRADE ELEVEN

Four science courses may become available to you: Biology, Chemistry, Physics, and Science 20. Many students manage two at a time quite well by keeping on top of things. Math 10C branches into two streams 20-2 and 20-1 (both for students interested in University, it mostly depends what you want to explore career-wise). To excel in Social, pay attention to current events. To excel in English, read lots of varied texts. It is also time to complete CALM.



Bio 20 - 5 x 30 min
 Chem 20 - 5 x 30 min
 Physics 20 - 5 x 30 min
 Science 20 - 5 x 20 min
 Science 24 - 3 x 15 min



20 min x
3 days of
the week



Math 20-3 - 2 x 15 min
 Math 20-2 - 5 x 40 min
 Math 20-1 - 5 x 40 min



Social 20-1 - 3 x 30 min
 Social 20-2 - 3 x 30 min

GRADE TWELVE

Put away your phone and buckle up. Apply for post-secondaries as early as October 1st. Think about working less and earning higher marks; you have your whole life to work. If you miss school, you have work to do!



30 minutes per week to work on scholarships and post-secondary preparations



Lots of sleep contributes to your ability to learn.



3.5 hours per science and math course /wk (spread out)

2 hours for English and Social, each /wk (spread out).

Is a part-time job a good idea?



Healthy fun will help you maintain balance.

Every Day Counts

If your child misses...	That equals...	Which is...	And over 13 years of schooling that is...
1 day every 2 weeks	20 days per year	4 weeks per year	Nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	Over 2 ½ years
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

How about 10 minutes late a day? Surely, that won't affect my child?

He/She is only missing...	That equals...	Which is...	And over 13 years of schooling that is...
10 minutes per day	50 minutes per week	Nearly 1 ½ weeks per year	Nearly ½ a year
20 minutes per day	1 hr 40 min per week	Over 2 ½ weeks per year	Nearly 1 year
30 minutes per day	Half a day per week	4 weeks per year	Nearly 1 ½ years
1 hour per day	1 day per week	8 weeks per year	Over 2 ½ years

If you want your child to be successful at school then YES, attendance does matter!

To Run or not to run

1 Who makes the decision and how?
 Rhett Czaban, Director of Transportation
 Weather
 Highway Satellite Cameras
 Calls to bus drivers and contractors
 Temperature readings Environment Canada 511 Alberta
 Scouting the Roads

2 Are the buses running?

3 The decision is made between 06:00 am and 06:30 am

4 How do we let you know?
 ngps.ca
 Twitter
 Facebook
 Smartphone
 Radio

5 It's your decision!
 Send to School
 Keep Home
 It is always your decision whether or not to send your child to school when weather conditions are extreme.

6 Dress warmly!
 Don't forget to dress warmly. See you at school!

WHAT DOES REMEMBRANCE MEAN TO YOU?

Enter the Royal Canadian Legion Literary and Poster Contest

You could win Cash Prizes or even a trip to Ottawa. (Only the Senior category is eligible for the trip to Ottawa.)

- Categories:
- Primary Kindergarten – Grade 3 (poster contest only)
 - Junior Grades 4 – 6
 - Intermediate Grades 7 – 9
 - Senior Grades 10 – 12

For more information contact your local branch or visit www.abnwlegion.com
 Barb Maddigan 780-262-1013
 Contest deadline December 1, 2018
 November 19, 2018



FORTNITE BATTLES

I was sitting in my front room the other day reading. The house was quiet and peaceful, other than my 11 year old son's conversation with a friend on his headset while playing Fortnite on the computer nearby. He was saying things like "epic" "tilted towers", "launching", "and shield pop" and it was rather entertaining to listen to him. Then I heard it: shrill, joyous laughter of children outside. I quickly jumped from the comfort of my recliner and peered out the window. What a foreign sight and sound! There were 4 children, 8 or 9 years old, running down the street, laughing, chasing one another. It was a beautiful vision to my eyes and music to my soul. How long has it been since I heard children play outside? It was a disturbing realization considering we live on a street with many families. Even my son stopped playing and said "what is that sound?" Why are there so few children outdoors playing? Looking at my son, as he quickly turned his attention back to his game, I realized that therein lies the problem.

Nearly every parent has heard about Fortnite. Nearly every family with school aged children (particularly boys) have had a battle or two about the game, whether playing it, talking about it or watching YouTube videos about it. In my numerous conversations with parents throughout Northern Gateway Public Schools, I have learned that it is a concern in many homes. Children and young adults are obsessed with this game!

I have done extensive research, reading, observing and engaged in numerous conversations with kids and parents about this particular video game. Here is what I learned:

Fortnite is a survival game against a zombie apocalypse in which players can play solo or team up to be the last contestant standing. The game begins when you parachute onto an island as storms clouds gather. Armed with a pickaxe, you begin rounding up weapons and supplies to build fortifications to try and fend off the zombies. To make the game harder, the area in which you play is shrinking and you must remain in that area to survive, set traps, scavenge weapons and build defenses. As the map shrinks, it pushes players together as time goes on, forcing confrontation. Each game typically lasts about 20 minutes.

Fortnite is rated "T" for Teen, and though it is violent, there is very little blood and gore. The game can be downloaded for free with a PS4. You will have to pay for Xbox Live Gold with an Xbox One to play online. You can also buy a "Battle Pass" to get new outfits, gliders, and other items, which ranges in price.

According to www.statista.com/statistics, Fortnite had 1 million players in August 2017 and exploded to 125 million players by June 2018.

While there have been other games that are exciting and enticing such NHL2K, Call of Duty, Mario, Zelda, to name a few. **But what is it about Fortnite?** One day it was just a spark of interest as the latest video game and the next it had fanned into an out of control wildfire that is consuming youth and young adults! What exactly is the attraction? This is what I was learned in my research:

There is no way to pause in the middle of a game.

The game is a little different each time you play so there are always new places to explore.

You lose only by a hair, meaning, you are only a move or two away from winning: "I was so close! Next time I'll win for sure!" Epic Studios, the makers of Fortnite make sure that gun fights are almost always the result of one player winning only "by the skin of their teeth" (www.bysrslf.co)

When you win, it is AMAZING! A few more levels and you're on a hot streak! After one gun battle, you can climb between 10-30 ranks. Overall winners of the entire game averages only 5 kills. So even just 2 bullets is the difference between coming in 70th or 1st. Practically every gamer believes those 2 bullets are going to work in their favor next game.

When playing in a team or duo mode, collaboration matters. Communities and alliances form to survive. If one player suddenly quits, it can mean the death of another player. There is peer pressure of letting your friends down.

There is a feeling of being part of a larger mission, giving a player a sense of purpose.

When your character gets shot at or is engaged in a battle, real life instincts kick in and your adrenaline spikes, your heartbeat races and your stress hormones flood your body. This heightened sense of stress is actually fun – and addicting.

The Nightingale Hospital in London, UK, which founded the UK's first internet rehab service for kids as young as 12, lists the following "warning signs of technology addiction":

Spend increasing amounts of time on the computer, electronics and/or gaming

Fail to limit time spent on the computer, electronics or internet

Neglecting family, friends and other responsibilities

Becoming angry when others criticize the amount of time spent online/phone/computer/gaming

Withdraw from other pleasurable activities

Gaming or other use of electronics interferes with studying or work

Restless, anxious, irritable or even aggressive when not gaming or on phone or electronics

Willing to forgo necessary sleep, eating or hygiene to continue to game or go on electronics

While Fortnite can have clear positive impacts, if you have noticed some of the above behaviors in your child, here is a summary suggestions that other parents have tried with various success:

Kick the habit cold turkey. Remove ALL access to any electronics completely: iPad, iPod, cell phones, tablets, computer, etc until you notice your child returning "to normal".

Have all devices set up with passwords that only you know, so your child needs to ASK before they have access. It is the UNLIMITED ACCESS that causes the problem.

After a period of detoxing, slowly allow brief, supervised and limited amounts of time on the game, with practicing safety protocols of PERMISSION, REQUESTING and GRANTING.

Talk with your gamer about how best to keep Fortnite in check. Bring them on board with setting limits.

Position yourself as not being AGAINST Fortnite but FOR other activities: sleep, homework, exercise, etc.

Earn minutes to play Fortnite: every minute of play/chores/homework = minutes played on the game.

Install an app called Circle. It hooks it up to your router and then you register all of the devices in your house. You go through and assign each device to a person in the house, and there's a scrolling wheel where you can see a headshot of everybody. You can just click "pause" on any device that your child has and the Wi-Fi is immediately turned off.

Another app for handheld devices is "Our Pact" which works in similar fashion.

Ensure that your family is engaging in fun activities TOGETHER, so your child feels connected to REAL LIFE PEOPLE.

Talk to other parents and work with one another. Share ideas and strategies.

This article was submitted by Tammy Charko BA, BSW, RSW. Tammy is Northern Gateway Public School's Student Support Facilitator. She is a support for schools, students, parents and caregivers to encourage success in school. Tammy advocates for students and provides a link between the student and other supports within the community. Tammy has been a social worker for nearly 20 years and is a mother to 4 children, 3 of whom are teenagers.

MAYOR FOR A DAY

WHAT WOULD YOU DO?

Let us know what you would do if you were **MAYOR FOR A DAY** and what improvements you would like to see made.

Applications are available at whitecourt.ca.

Submissions must include a completed application form and an essay attachment.

Applications will be accepted until noon on **MONDAY, DECEMBER 3, 2018**, and can be emailed, faxed, mailed or dropped off at the Allan & Jean Millar Centre.



Two winners will be selected by Town Council based on a panel recommendation. One in middle school (Grades 6-8) and one in high school (Grades 9-12).

Winners will be awarded a prize and will be declared "MAYOR FOR A DAY" on a specified date.



Contact Fay Arcand at fayarcand@whitecourt.ca or 780.778.3637 ext 417 for more details.

Whitecourt's
**YOUTH
 ADVISORY**
Committee



To be a member of Whitecourt's Youth Advisory Committee you must be between 13-18 years of age as of December 31 of the current year. The objective of this committee is to work collectively to ensure the needs of youth are met.

REPRESENT - ENGAGE - CONNECT

As a member, you will advocate for youth issues, and provide recommendations to Council regarding important issues concerning Whitecourt youth. Students who fulfill their year commitment to the Committee will be awarded a bursary upon graduation (and proof of post-secondary studies).

The bursary will be awarded as follows:

\$100.00 will be awarded for the attendance at a minimum of 5 Youth Advisory Committee meetings.

\$400.00 will be awarded for successful completion of the following:

- ◆ Mandatory participation in the coordination and implementation of a Town Hall Meeting at the respective school of the Committee Member;
- ◆ Attendance of a Council Meeting (followed by a verbal report on the meeting);
- ◆ Participation in a minimum of four of the following community events listed below:

Youth Recognition Event

Party In The Park

Seniors' Activities

Run 4 Fun

Canada Day Festivities

Children's Festival

Other events sanctioned by Town Council

Trade Fair



The Committee consists of up to 14 members:

- ◆ Mayor of the Town of Whitecourt;
- ◆ 1 Town Council Representative;
- ◆ Up to 12 Student Representatives from Percy Baxter Middle School, Hilltop High School, École St. Joseph School and the community at large.

For more information, application form and policy please visit:

www.whitecourt.ca

Violence Threat Risk

Assessment Community Protocol : Whitecourt and Surrounding Area

The Partners

Education partners are committed to creating and maintaining school environments in which students, staff, parents and others feel safe. Northern Gateway Regional Division #10 and Living Waters Catholic School Division #42 have taken a lead role as there is a direct application to the health and safety of the school environment.

Government agency partners play an active role in a comprehensive intervention plan to support the young person. Children's Services, Alberta Health Services, Probation/Parole and RCMP personnel are key to determining the level of risk a young person may pose.

Community Agency partners provide services that are regularly included as part of the intervention plans. Town of Whitecourt, Town of Mayerthorpe, Woodlands County, and Lac Ste. Anne County support this coordinated response to any violence or threats of violence.

The Canadian Centre for Threat Assessment and Trauma Response has completed extensive research in youth and school violence. Kevin Cameron, ECO of CCTATR, has trained partner local personnel in the use of the protocol.

What is a Threat?

A threat is an expression of intent to do harm or act out violently against someone or something. Threats may be verbal, written, drawn, posted on the internet, or made by gesture. Threats must be taken seriously, investigated, and responded to. In a culture of responsible reporting, students need to believe that they will be believed when they confide; their identity will be kept confidential; their information will be acted upon promptly; and their concern will be investigated thoroughly.

Duty to Report

There is zero tolerance for not responding. Prevention of youth violence is a community responsibility and it is everybody's duty to report. Under-reaction is epidemic and a chief factor of escalation from thought to action.



Who is on the Threat Assessment Team

Each threat assessment team is multi-agency. The team may include school staff, psychologists, police, child intervention staff, community addiction and mental health staff, hospitals, probation / parole and other professionals.

What is the main purpose of a Threat Assessment

The purpose of a Student Threat Assessment is to:

- To ensure the safety of students, staff, parents, and others;
- Ensure a full understanding of the context of the threat;
- Begin to understand the factors that contribute to the threat maker's behaviour;
- View the student as in need of intervention rather than to be disciplined;
- Be proactive in developing an intervention plan that addresses the emotional and physical safety of the threat maker. It may include disciplinary action but will include appropriate supports to aid the student in developing and using positive strategies;
- Promotes the emotional and physical safety of all;
- Ensure all school and agency partners are working together with a common understanding and protocol.

What happens in a Student Threat Assessment?

All threat making behaviour by a student(s) shall be reported to the Principal who will activate the protocol for the initial response. Once the team has been activated, interviews may be held with students, the threat maker(s), parents and staff to determine the level of risk and develop an appropriate response to the incident. Intervention plans will be developed and shared with parents, staff, and students as required and as appropriate.

Can I Refuse?

It is important for all parties to engage in the process. If for some reason there is a reluctance to participate in the process, by the threat maker or parent/guardian, the threat assessment will continue in order to ensure a safe and caring learning environment.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>November 2018</h1> <p>On Remembrance Day, take the time to remember those who sacrificed their lives to achieve freedom for us all. CATS Awards Banquet</p>						
4 Daylight Savings Time	5 Day 2	6 Day 1	7 FLEX Day 2 English/Science/Other Tutorial	8 Day 2 Picture Day Retakes	9 Day 1 Day in Lieu of PTI No School	10 Sr. Volleyball Tournament Edson (boys/girls)
11 Remembrance Day	12 No School	13 Professional Development Day No Classes	14 Day 1 Take Our Kids to Work Day – Grade 9	15 Day 2 Parent Teacher Interviews 4:00 pm – 8:30 pm	16 Day 1 Sr. Volleyball Zones Barnhead (boys/girls)	17 Sr. Volleyball Zones Barnhead (boys/girls)
18	19 Day 2	20 Day 1	21 Day 2	22 Day 1	23 Day 2	24
25	26 Day 1	27 Day 2	28 FLEX Day 1 Math/Social/Other Tutorial	29 Day 1	30 Day 2 Last Day Grade 9 Options 2/6 Sr. Basketball Holy Redeemer Edson (girls only)	Sr. Basketball Holy Redeemer Edson (girls only)

GALLERY

Staff News

Please join us in welcoming Mr. Blaine Woodall to the Hilltop Family. Mr. Woodall joins the Math and Science Department. We would also like to welcome back Mr. Vince Mireau who will be teaching Biology 20 and 30 for semester one.



Mrs. Sanderson and Miss. Richardson are twins!



Our new welcome banner made by Jaxon Perrin, welcome to Hilltop in 16 different languages.



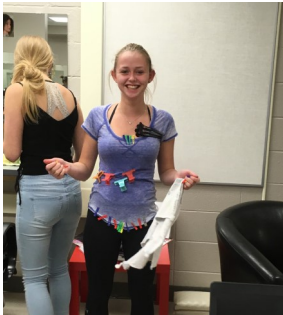
Check out the awesome toolbox Caleb Tobin made.



Cake Boss Challenge



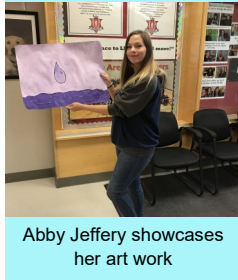
Fun in French



Fun in Cos Class with Savannah McCaffrey



Have you ever seen an entire pencil sharpened without breaking? Now you have!



Abby Jeffery showcases her art work

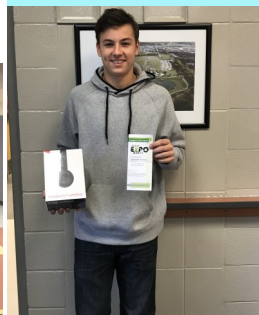


Sr Girls in Hinton



Cats players with Captain Noah Guthrie

Colby Woods wins at the Career Expo



Halloween at Hilltop

