

"A great place to LEARN...and more!"



# Hilltop Jr./Sr. High School

VOLUME 1, ISSUE 1



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## September 2018 Newsletter

### Message from the Administration

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### Parent/ Guardian Reminder

\* If a student is going to be late or absent for any reason, a parent or guardian must notify the school at 780.778.2446.

Please use our answering machine if you need to call before or after school hours

\* Please remember that **ALL** students must be signed out by a parent/guardian when leaving the building for any reason, including in the event of an emergency or evacuation. Students can be signed out by a parent/guardian either in person or by calling the school at 780-778-2446.

\* If there is no call or notification of a student's absence from a parent or guardian then it will be considered **unexcused** and an automated call will go home that night. Please be advised if our system has rejected your phone number due to a cancelled landline, we will use the next available phone number (ex: cell phone number)

\* Please contact the school to verify your contact information if you have any concerns.

We appreciate your cooperation

Welcome back to another school year! We, at Hilltop School, are excited to be starting another wonderful year full of new learning, new experiences, new opportunities, and new beginnings. It's great to hear the excited students in the hallways and classrooms as students get used to routines, and it's wonderful to see their smiling faces and hear all about their summer holidays.

I would like to thank the custodial and cleaning staff for working hard to make sure our school is clean and ready for the opening of school. I would also like to thank the Maintenance Department of Northern Gateway Public Schools for the work they have done throughout the school. The school looks great!

The staff of Hilltop is proud of the inclusive atmosphere at our school. It is one of the things that makes Hilltop "a great place to learn... and more!" We also have the most extensive course offerings of any of the schools in the local area. Our programs prepare students for the workplace, post-secondary, and beyond.

Hilltop is in an enviable position with a large influx of students this year. We have officially reached the 500 student mark for the first time in a number of years. We have over 60 new student registrations to begin the school year. Therefore, we are advertising for two new teachers to help alleviate the class size that comes from such a large increase in student population. Class composition will change over the next couple of weeks as we complete the hiring process.

This promises to be another exciting year with the staff and community working together to provide the best possible learning opportunities for our students. We are proud of the extensive opportunities provided for our students through dual credit, RAP, and Work Experience. We are also thankful for the community members who contribute to the unique learning opportunities we provide at Hilltop.

I would like to thank Ms. Hleck for her many years of contributions to the Hilltop community. Ms. Hleck announced her retirement over the summer holidays. We would like to wish her all the best in her retirement. At the same time, we are excited to welcome Mrs. Sarah Van De Kerckhove as the new Assistant Principal. Mrs. Van De Kerckhove comes back to the Hilltop campus after running the Outreach Program for the past six years.

We would also like to welcome our new staff members to Hilltop. Ms. Laramie Hlus is our new construction teacher while Ms. Petra Groenen is teaching science. Mrs. Jeannie Trebilcock is our new Guidance Counselor, replacing Mrs. Kendall, who has moved to be the Outreach Program Coordinator at Gateway Academy.

We are hosting our Meet the Teacher night on Wednesday, September 19 at 6 PM. please come and meet your children's' teachers. Immediately following the Meet the Teacher event, will be the first Friends of Hilltop School Council meeting beginning at 7 PM. Parents are invited to learn more about our school and become a part of the School Council that helps guide the direction the school takes.


### **NEW!** Bell Schedule

Warning Bell	8:55 AM
Block 1	9:00 AM - 10:22 AM
Break	10:22 AM - 10:26 AM
Block 2	10:26 AM - 11:48 AM
Lunch Break	11:48 AM - 12:22 PM
Warning Bell	12:22 PM
Block 3	12:27 PM - 1:49 PM
Break	1:49 - 1:53 PM
Block 4	1:53 PM - 3:15 PM

### September Important Dates

- 11: Picture Day
- 14: CATS Home Game 4pm
- 19: Meet the Staff 6pm
- 19: FOH 7pm
- 26: FLEX Day 1
- 28: Career Expo

**September 11**  
Picture Day




**September 19**  
Meet the Staff Night  
6:00 pm



**September 19**  
Friends of Hilltop Parent Council Meeting



**September 26**  
FLEX Day 1  
Math/Social/Other



**September 28**  
Career and Education Expo  
10:00 am - 2:00 pm

Free Admission  
Open to the Public



**Orange Shirt Day**  
Date TBD

Orange Shirt Day is an opportunity for First Nations, local governments, schools and communities to come together in the spirit of reconciliation and hope for generations of children to come.



**Staff News**


It is bittersweet that we announce the retirement of Assistant Principal **Ms. Lesia Hleck** after 33 years in education. Your commitment to student success made us proud every day. Congratulations, we wish you all best in retirement and thank you for your many years of dedication to Hilltop. **Mr. Chris Thomas** has semi-retired after 32 years in education, he will be teaching part time at Gateway Academy. Once a Charger, Always a Charger!

We warmly welcome **Mrs. Sarah Van De Kerckhove** as Assistant Principal. Mrs. Van De Kerckhove has been teaching at Hilltop for 11 years, the last six of which she spent at Gateway Academy as Outreach Program Coordinator.

We would like to welcome new staff to the Hilltop family, **Ms. Petra Groenen** joins the Science department, **Ms. Laramie Hlus** will be teaching Construction and **Ms. Jeannie Trebilcock** joins the Student Services department as Guidance Counsellor. We would also like welcome back **Ms. Jessica Bezushko** who will continue to teach Computers.

**Attention Parents**

All students courses, assignments, grades and attendance are available live on Power School and can be viewed at any time. If you have not signed up for Power School, or are having difficulty signing in, please contact the front office and we will help get you started at 780-778-2446. If you have no access to internet you are welcome to stop in to the Learning Commons and access Power School through our internet. Power School is also available as an app for smart phones.



Hilltop High School would like to request that all students leave any valuables at home.

We encourage all students to keep their combinations for their hall & gym lockers confidential.

**NGPS Annual Employee Recognition Evening**

**September 28th, 2018 at 6:00 pm**

Congratulations to the following staff members for their many years of commitment to education within Northern Gateway Public Schools.

**Katherine Fancey - 5 years**

**Kirstie Greenshields - 5 years**

**Evelyn Cartwright - 10 years**

**Katrina Zack - 10 years**



**Jody Smith-Tomke - 15 years**

**Darren Finan - 25 years**

**Rendean Koudelka - 25 years**

**Chris Thomas - 32 years (Retiree)**

**Lesia Hleck - 33 years (Retiree)**


## New Student Registration

We are still accepting new student registration, our office is open daily from 8:00 am – 4:00 pm. Registration packages and school supply lists are available on our website at [hilltophigh.ca](http://hilltophigh.ca).

## School Expectations

*There are school expectations the staff at Hilltop High School believes to be important to ensure the success of your child in our school setting. Abiding by these expectations will greatly assist in promoting a safe and caring school environment. Your cooperation is appreciated.*

### Respectful Communication

**Definition:** Appropriate communication between staff members, between students, between students and staff, and between students, staff and parents. Appropriate communication is the practice of non-heated conversations, positive body language, appropriate volume, tone and choice of language, as well as active listening.

**Expectation:** Respectful communication is to be used at all times.

### Lates/Attendance

**Definition:** Lates: coming after the usual, proper or expected time. Attendance: being in the classroom and actively learning

**Expectation:** Students are expected to arrive in class before the bell rings and attend class on a daily basis.

**Please be advised of our new late/attendance policy.**

**For the complete policy please refer to the student/parent handbook available on our website at [hilltophigh.ca](http://hilltophigh.ca)**



**Absences:** All absences must be excused by the students' parents or teachers. This means the parent or guardian must call in, in order for the absence to be acknowledged. If there is no call or notification, then it will be considered **unexcused** and an automated call will go home that night. The following day, the student will be admitted to class without parent contact, but the student will receive a lunch hour detention. If the parent contacts the office before 11:30 AM, the detention will be cancelled. If a parent does not contact the office, the student will be called to the office for detention at lunch. (We feel this parent contact is vital for success, therefore, they must contact us before the detention is cancelled)

**Lates:** When students are late to class, they must have a late slip issued by the office in order to be admitted. Students are not to be admitted to class without one. The exception to this is if there is a test/exam in the class the student is late for. Once the student has completed the test/exam, he/she should go to the office to receive the late slip. Students whose parents have called the school to notify us of the late will be issued a late slip. Those students without calls will be issued a late slip and a detention equal to the amount of time they missed from class. The detention is to be served at lunch the following day. Students who are repeat offenders will be issued in-school suspensions by administration.

### Loitering

**Definition:** Spending time idly; lingering without purpose.

**Expectation:** No loitering in the hallways and lunchroom. Students are to be in class. If students are on spares, they are expected to work in the library quietly, go outside or leave campus entirely.

### Appropriate Dress

**Definition:** Wearing clothing that is respectful of the learning environment.

**Expectation:** Students and staff will wear clothing that is non-revealing and does not have inappropriate slogans.

### Cell Phones or Text Capable Electronics

**Definition:** Any device capable of making a phone call or text messaging.

**Expectation:** Cell phones or text capable electronics are not allowed in class unless authorized by a teacher. They are off limits in all exams.

### Smoking, Vaping and Restricted Areas

Hilltop High School is a smoke/vap-free zone. It is illegal for anyone under the age of 18 years to smoke or be in possession of nicotine. Senior High students who are of legal age must be off school property. The arena parking lot, curling rink and back alley area are out of bounds for grade 9 students from 8:00 am to 4:00 pm. All Students are not allowed to leave the school building during class or during the break between classes. Cigarettes, vaporizers and any illegal paraphernalia will be confiscated and not returned.

***Other school expectations exist. We encourage you to check the student agenda for more information.***



# Hilltop High School

## STAY CONNECTED



Access student schedules, attendance and grades online at any time with PowerSchool. *\*Also available as an app for smart phones.* To create an account, please contact us to receive your individual username and password.



Receive important reminders from Hilltop High School by text message through Remind. *\*Also available as an app for smart phones.* To sign up text @hilltophig to (587) 316-7407.



Like our page on Facebook @hilltophighschool.



Follow us on Twitter @ngpsht.



View our website at [hilltophigh.ca](http://hilltophigh.ca).



Read our monthly newsletters online at [hilltophigh.ca](http://hilltophigh.ca) or pick up a copy at the front office.



Pay for school fees, sports activities and more at [schoolcashionline.com](http://schoolcashionline.com).  
*For more information visit our website at [hilltophigh.ca](http://hilltophigh.ca).*



Contact us directly at (780) 778-2446 or email [hilltop@ngps.ca](mailto:hilltop@ngps.ca).

**HILLTOP HIGH SCHOOL ORDER FORM**  
**THE KEY STUDY GUIDE FOR SENIOR HIGH**



The Key” study guide is a resource published by Castle Rock Research and it is designed to provide a focus for students in studying for their Provincial Diploma Exams as well as unit and final exams. “The Key” is available for Math, English, Social, Biology, Chemistry, Physics; it provides a summary of the main course content and practice tests. We are making “The Key” available to our students for \$20.00 per key (sold in stores for up to \$40.00) on a pre-order basis. Buying “The Key” is not required and is being offered only as a service to students to help them in their preparation for final exams.

Please return this form and exact money to Ms. Greenshields (in the library) by **September 19<sup>th</sup>**

Quantity	Subject	Cost	Total
	<b>Biology 30</b>	<b>\$20.00</b>	
	Biology 20	\$20.00	
	<b>Chemistry 30</b>	<b>\$20.00</b>	
	Chemistry 20	\$20.00	
	<b>English 30-1</b>	<b>\$20.00</b>	
	English 20-1	\$20.00	
	<b>English 30-2</b>	<b>\$20.00</b>	
	<b>Math 30-2</b>	<b>\$20.00</b>	
	Math 20-2	\$20.00	
	<b>Math 30-1</b>	<b>\$20.00</b>	
	Math 20-1	\$20.00	
	***Math 10C***	\$20.00	
	<b>Physics 30</b>	<b>\$20.00</b>	
	Physics 20	\$20.00	
	***Science 10***	\$20.00	
	<b>Social 30-1</b>	<b>\$20.00</b>	
	Social 20-1	\$20.00	
	<b>Social 30-2</b>	<b>\$20.00</b>	
	***Social 10-1***	\$20.00	
<b>Total amount</b>			

**Non-refundable**

**Student's name:** \_\_\_\_\_

Payment via:

- Cash \_\_\_\_\_ (*exact amount only*)
- Cheque \_\_\_\_\_ (*Cheques payable to Hilltop High School*)
- School Cash on Hilltop High Schools website \_\_\_\_\_

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Received by Ms. Greenshields



# Hilltop Bistro



**Open Daily**

**Hilltop Bistro cards are available to purchase from Mrs. Runge in room 503. Accepted payments of Interac, Visa, Mastercard or cash. Bistro cards are punch cards that can be used in place of cash at the cafeteria. These cards are available in \$10.00 and \$20.00 values. Bistro cards make a great gift idea.**

**Daily Lunch Special \$5.00**

- Small Chocolate Milk \$1.00
- Large Chocolate Milk \$3.50
- Milk 2 Go (Vanilla, Banana, Strawberry) \$2.50
- Keurig Cup \$1.00
- Cookie \$0.50
- Loaf \$1.50
- Muffin \$1.00

- Square or Pastry \$2.00
- Veggie Cup or Fruit Cup \$1.00
- Jello or Pudding \$1.00
- Pretzel & Hummus \$2.75
- Sandwiches \$3.50
- Yogurt Parfait (Peach, Strawberry, Blueberry) \$1.50
- Cheese, Meat & Crackers \$3.50

## STUDENT RECOGNITION

**Name: Dallas Schneider - Magdiak**  
**Grade: 12**



Over the summer Dallas had the unique opportunity to be a part of the JFR (Junior Forest Ranger program). He was accepted to the program back in June and spent from June 5 - August 22 in the High Level area with his crew. During this time he participated in fire smart (brush control), helicopter trips to secluded lake areas and explored controlled fire areas, to name a few. His team also competed in a Bull of the Woods Competition where they competed in GPS, pump and hose, jeopardy, fire starting and a cooking competition, which their team won. Dallas also took part in a culture camp where he learned First Nations survival techniques on First Nations Cultural Day. Dallas thoroughly enjoyed the experience and had fun doing various activities such as canoeing, walleye net fishing, arts and crafts and even visiting a sweat lodge. During his time with the JFR program he received multiple certificates; wildfire, first aid, ICS and area of origin. With these certificates and his new found knowledge of the industry, Dallas is now equipped to further pursue his career goals as a Forest Ranger. Congratulations Dallas on your achievements, Hilltop is very proud of you.



## HILLTOP ALUMNI

**Name: Morgen Runge**

Hilltop Graduate and former Whitecourt CATS Football player.

**Class of:** 2015

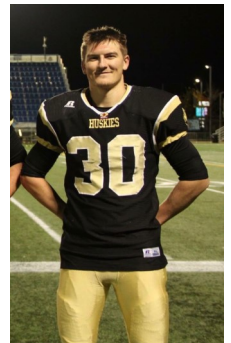
**Current Career/Education:** Instrumentation Technology of NAIT

**What do you believe got you to where you are today?** "having a strong foundation of relationships with friends and family that encourage me to be my best as well as having the drive and work ethic to be the best me."

**Favorite Memory from Hilltop:** "my favorite part of high school was definitely being a part of the CATS football team. The camaraderie we built up allowed us to make a provincial title run and the friendships I built with my teammates are still some of the strongest I have."

**What advice would you give to a current Grade 12 student:** "Don't waste the opportunities you're given, put in an effort in high school. I know too many people who've shot themselves in the foot by not putting in the effort in high school. It's going to hurt you in the future. Go out and be the best 'you' you can be and take care of the little things. You'll be able to go further than you ever imagined."

**Any other notable achievements since high school?** "I have been very lucky to have the opportunity to continue playing football with the Edmonton Huskies Football Club where I've worked my way up to starting fullback and named one of the captains. In 2017 I graduated from the Power Engineering Technology Program on the Deans Honour Roll and am currently possessing a 3rd class steam ticket and have completed half of the exams towards 2<sup>nd</sup> Class Power Engineering."



# Gateway Academy

# Career Exposure

## Summer Boot Camps

Career Exposure Summer Boot Camps were a success again this year! This unique opportunity allowed youth to explore different career pathways of their interest, learn hands on skills from industry professionals and earn high school credits! Students had the chance to learn in a variety of fields, motorcycle mechanics, the medical industry, aesthetics, cooking, art, tourism, yoga, construction, safety, driver training and so much more! Students finished the week with a showcase where they shared their accomplishments over a lunch prepared by the students themselves, displaying everything from handmade pastries to a playhouse! Thank you Northern Gateway Public Schools, Alberta Labour, Town of Whitecourt, Woodlands County, all our community partners and educators! Thank you to our talented students, Hilltop High School was proud to once again host this years Career Exposure Summer Boot Camps and commends you on your outstanding achievements!

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**CONSTRUCTION**

**AESTHETICS**



**MOTORCYCLE MECHANICS**

**YOGA**



**CULINARY ARTS**

**CONSTRUCTION**



**WORLD TOURISM**

**ART**





# Hilltop RAP Stars



Hilltop High School Off-Campus Education  
Registered Apprenticeship Program



RAP students  
were hard at work  
over the summer.



If you are interested in the  
Registered Apprenticeship  
Program stop in at the office and  
schedule a time to speak with  
Mrs. Van De Kerckhove



Any business interested in taking  
on a RAP student please contact  
Mrs. Sarah Van De Kerckhove at  
780-778-2446



## RAP Position Available

### Recreational Vehicle Technician

Three Year Trade Program  
Diverse industry; plumbing, heating,  
sheet metal and welding.  
Current shortage of RV Technicians



One full day a week plus after school, with the potential for weekend and  
summer employment.

Must be minimum 16 years old.  
Mechanically inclined.  
Valid Drivers License an asset.

Apply with cover letter and resume to Mrs. Van De Kerckhove.

## NORQUEST COLLEGE Health Care Aide

NorQuest College's Health Care Aide dual credit program is among the largest in Canada. Students learn how to prepare to be a part of a health care team in a variety of different settings, while providing a high level of front line care to clients in need of assistance. Upon completion students will receive a Certificate from NorQuest College certifying them as a qualified Health Care Aide. The following Hilltop students are enrolled in the 2018-2019 Health Care Aide program.

- Tyra Bandravala
- Paige Beuker
- Lisa Coffee
- Montana Johns
- Desirae Kiefer
- Hannah Lyver
- Courtney Motkoski
- Elita Whitehorse
- Kassidy Williams
- Tori Gould
- Kendra Witts



# Grad News

## Grad 2019 Remind

Parents/Students please sign up to receive important reminders via text message regarding Grad 2019

**Text the message @hthgrad19 to the number (587) 316-7407**

## Important Days to Remember

Hilltop's 52nd Graduation Ceremony  
**June 28, 2019**  
Time: TBD

Graduation Information Meeting  
**November 1, 2018**  
7:00 pm

Grad Pictures  
**December 3-6, 2018**  
Session Booking details TBA at a later date

## Highlights from Grad 2018

Congratulations to the Grad Class of 2018. We wish you all the best in your journeys ahead and encourage you to remain life long learners. Yearbooks will arrive some time this Fall. Once they do there will be a Remind sent to the Grad 2018 Remind group, as well, it will be mentioned on our social media pages. Please remember that you will not receive your yearbook until you have paid any outstanding fees or returned textbooks you may still have .





## Gateway Academy – Whitecourt Campus News

(formerly called Storefront)

Hours of Operation Monday-Thursday 9:00 am – 3:30 pm  
Phone: 780 - 778 - 5865 Fax: 780-778-5683

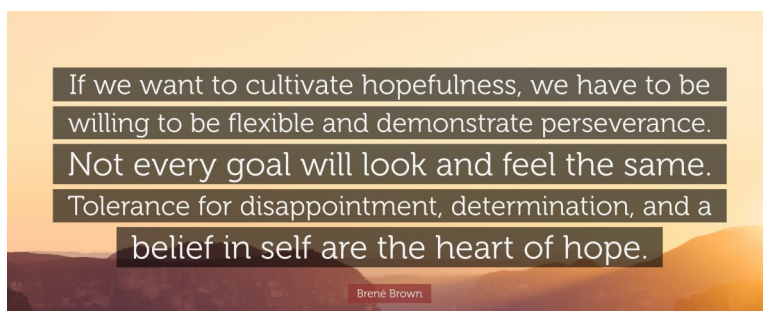


Check out Gateway Academy's new Facebook and Twitter pages. Follow us on Twitter and like and share our Facebook page @ngpsgaw.



Gateway Academy is open for registration and I'd like to warmly welcome all of our students to a new and exciting year! Students who have been at Gateway in prior years will be pleased to see the familiar faces of Tammy Johnson, our lovely Secretary, and Mr. Thomas, our Math and Science teacher, back to join us for this year. In fact, Mr. Thomas enjoys teaching at Gateway so much he snuck out of retirement to spend the year with us! This year I'll be taking on the role of Teacher Coordinator for Gateway, and I'm really looking forward to getting to know our students as they learn and prepare for their high school graduation. Students will have their first opportunities to earn Foods credits on Sept 12th (Taco in a Bag) & Sept 26th (The poll is still ongoing for this menu- so please don't forget to vote!). Special thanks to the Whitecourt Community Lunchbox for helping supporting our Foods' Program at Gateway. Students who have outstanding books, please kindly return them to us here at Gateway or drop them off at Hilltop High School. Many thanks to Mrs. Sarah Van De Kerckhove who helped make my transition to Gateway run smoothly- your students will miss you here but we all know you're set to do amazing things at Hilltop as Vice Principal!

Warm wishes for a safe and productive fall!



*A place where you can be yourself!*

The Whitecourt Teen Centre is a free drop-in program for youth in grades 6-12.

The Teen Centre Hours are 3:30pm to 8:00pm, Monday- Friday

Holiday & PD Days: Please visit our Facebook or Instagram page for current updates including holidays, PD Days and Flex Days, as times and dates are subject to change.

**Facebook: Whitecourt Teen Centre Page**

**Instagram: wctteencentre**

The Teen Centre will also post the updates on the Teen Centre door.

Our Teen Centre programs and activities include: DIY projects, arts & crafts, cooking & baking, movies, video games, sports & activities, board games, pool & much more! Participation in programs & activities is optional.

Health and wellness at the Teen Centre is important. We believe in the physical and mental wellbeing of our youth and express this importance through various self-esteem building activities as well as forms of self-care such as yoga, fitness, cooking and baking.

**We are now doing Flex Days at The Teen Centre!**

**Come to the Teen Centre on Flex Days for a free hot lunch!**

The Teen Centre offers homework support, a variety of resources and supplies for school projects, and free wifi!

**September 26 Flex Day Menu: Pizza Buns**

**October 10 Flex Day Menu: Lasagna**

**October 24 Day Menu: Tacos in a Bag**

For more information please call: Teen Centre Manager & Youth Development Coordinator Alicia Smallwood (780) 778-6696



Hilltop High School

# BREAKFAST PROGRAM

*Operated by Friends of Hilltop Parent Council Society*

Please support our program by donating bottles at the Whitecourt Bottle Depot. Mention they are for Hilltop High School.



## Families of Hilltop High School Students



Earn 5% profit grocery shopping at IGA and support Hilltop High School's Friends of Hilltop Parent Council.

EARN MONEY to pay for your student's school fees, grad garb, school sports and even school trips. When you purchase IGA grocery vouchers from the Remax office or at Hilltop's front office, 5% of your purchase is placed in an account just for you. It stays there until you need to access these funds to pay for any variety of school related expenses. Stop by or call the office for more details on how to sign up.



Thank you Alberta Newsprint Company for your generous donation of bottles to support our Breakfast Program and Double Jae's Service for the use of the trailer.



## Friends of Hilltop Parent Council



2018-2019 Friends of Hilltop Council Members

Chairpersons: **Tammy Dickson and Avy Fast** Secretary: **Joanne Merrifield**  
Treasurers: **Niki Underwood and Judy Watson**

**First Meeting - September 19, 2018 at 7:00 pm at Hilltop**  
(Immediately following Meet the Staff Night at Hilltop)

Welcome back everyone – we hope you have enjoyed your summer! To all parents, if you have ever thought about becoming part of the Friends of Hilltop Parent Council, this is the year to do it! Plan to attend the VERY short meeting on September 19 at 7:00pm. It is a great way to stay informed, contribute to the school, and to give back to your community. Friends of Hilltop welcomes new parents.

### Earn 5% profit on your regular grocery shopping at IGA!!

**EARN MONEY** to pay for your student's school fees, grad garb, school sports and even school trips. Take advantage of the IGA gift cards sold by Friends of Hilltop Parent Council. When you purchase grocery vouchers from the Remax Office or at the school office--**5%** of your purchase is placed in an account just for you. It just stays there until you need to access these funds to pay for any variety of school related expenses.

IGA voucher cards are the **ONLY** fundraiser for Friends of Hilltop, other than bottle recycling to fund our Breakfast Program. Stop by or call the office for more details.

## Student Services Newsletter

Our Student Services Team works diligently to support our student's social, emotional, career and academic needs. Opportunities for students are communicated through weekly announcements, newsletters and through Hilltop's Social Media. Students are invited to drop into our Student Services area for support or to see Ms. Trebilcock or Mrs. Smith - Tomke for an appointment.



**Are you undecided about a career?** One of the best web sites for **Career Planning, Education and Employment** is [www.alis.gov.ab.ca](http://www.alis.gov.ab.ca). It also includes information on **financial assistance**.

### Applying for Post-Secondary

Most schools accept applications from October 1st onward. Do not delay. Receiving an offer of acceptance can take a long time. Remember, once you have applied, you must periodically update the post-secondary institution via your online account.

### RAP - Registered Apprenticeship Program

Interested in RAP? Please talk to Mrs. Van De Kerckhove in the front office.



### PLAN YOUR EDUCATION AND CAREER

myBlueprint is a web based service for high school students to monitor their credits and graduation, and to research career pathways and post-secondary opportunities. myBlueprint is synced to the students' PowerSchool, and it updates in real time. Each student already has an account paid for.

For more information: [hilltophigh.ca](http://hilltophigh.ca) parents and students tab.

### Work Experience

Are you a student who is currently employed? Have you signed up for work experience? You can earn up to 15 credits towards your high school diploma. **Completion of HCS 3000 course modules is mandatory.**

Former Hilltop students looking for transcripts will need to sign up for MyPass. (See instructions below) Students needing their Alberta Student Numbers should contact Alberta Education directly at 310-0000 or online at [learnerregistry.ae.alberta.ca](http://learnerregistry.ae.alberta.ca).

## First Nations, Métis and Inuit (FNMI)

**Mrs. Smith-Tomke, FNMI Liaison Worker**

Abawashded, Tansi

Welcome to Hilltop High School for the 2018/2019 school term. I wish you all happiness and success for this upcoming year, and I look forward to hearing about your future plans!

To begin the school year, Hilltop High School will be celebrating Orange Shirt Day in recognition of residential school students. Watch our social media pages and Remind messages for the date. We will be serving bannock and tea in Student Services.

Parents are welcome to join us, we appreciate your involvement, stories and knowledge of the Indigenous culture.

For more information, please visit

[www.safeandcaring.ca](http://www.safeandcaring.ca)

#OrangeShirtDay2018.

Ish Nish, Hiy Hiy

# Orange Shirt Day

EVERY Child MATTERS



## MYPASS.ALBERTA.CA

To access your records after writing a diploma, you will need to have a [myPass.alberta.ca](http://myPass.alberta.ca) account established.  
**GRADE 12 STUDENTS MUST SIGN UP FOR MyPass**

\*Alberta Education has decided that Diploma results will only be available via your MyPass account. \*The school cannot create your account on your behalf.

### How to sign-up:

1. Go to [myPass.alberta.ca](http://myPass.alberta.ca)
2. Create a login using "Sign me up, I'm new!" Do not use your @ngps.ca email. A confirmation link will be sent to your personal inbox.
3. Click on the confirmation link in your inbox. Confirm your birthdate and Alberta Student Number. You can find your ASN at <https://extranetapp.learning.gov.ab.ca/learnerRegistry/forms/>
4. Using a button on the subsequent screen, request that a secure verification code be mailed to your home via post. It should arrive within two weeks.
5. Upon receipt in the mail, login and enter the code. It will expire. Act promptly.
6. You will now have access to all of your academic records.



# Athletics

Be a Charger...Take Charge!



## Volleyball

**Sr. Girls Tryouts September 6 and 10 from 4:00 - 5:30**

September 14 & 15: Sr. Volleyball Tournament - Westlock (boys & girls)

September 21 & 22: Sr. Volleyball Tournament - Onoway (girls)

- Drayton Valley (boys)

September 28 & 29: Sr. Volleyball Tournament - Drayton Valley (girls)

- Onoway (boys)

## CATS FOOTBALL

**September 5**

CATS Football Parent Meeting 6:00 pm

**September 14**

Renegades at CATS  
4:00 pm  
Graham Acres

**September 21**

Mavericks at CATS  
4:00 pm  
Graham Acres

**September 24**

CATS Card Blitz Night

**September 28**

Sabres at CATS  
4:00 pm  
Graham Acres



## Cross Country Running

If you are interested in joining please see  
**Mr. St. Louis**

**Zones October 3**

## GOLF

Any students interested in joining Golf should see Mr. St. Louis.

Golf Zones will be held in Whitecourt on September 17.



## Athletic Awards

Hilltops Annual Academic Awards Ceremony was held back in June and we want to congratulate all award recipients on their outstanding athletic achievements in the 2017-2018 school year.



Athletes of the Year: Sr. Male- Ryan Govenlock, Sr. Female-Tanisha Gano-Murray, Jr. Male- Jaden Dibben, Jr. Female- Jenna Merrifield



## Clubs

Hilltop High School offers a variety of clubs students can participate in. If you are interested in any of the following below please stop in at the front office for more information.

**Student Council**

**Yearbook Club**

**Humanitarian Society**

**Dungeons and Dragons**

**School Reach Trivia Club**

**Medieval Club**

**Travel Club (2019-2020)**

**And More!**



## Medieval Club

Have you ever wondered how knights fought back in medieval times? Or what arts and crafts people used to make? Perhaps you are into sports and martial arts or maybe you are just curious about what kind of skills were needed to be a medieval artisan. Hilltop's Medieval Club meets at lunch on Thursdays to learn all there is about the medieval times as well as how to do medieval style combat. Students can learn all about the medieval ways of fighting as well as about honour and chivalry. Students can learn about making medieval crafts like chainmaille and wire weaving, but also about making armour as well as how to engage a foe with cunning skill and accuracy. If you would like to find out what we do in Medieval Club, please come and speak to Miss Mehl in Room 304!



## School Reach

School Reach is a club devoted to quiz game shows. Students gather in room 304 at lunch on Fridays to test their knowledge about pop culture, music, sports, entertainment, history, literature, movies and much more. Come bring your lunch and some friends to try out our amazing game show buzzer system while answering some questions! Everyone is welcome and we have a great time during lunch hour.

## **Support the Humanitarian Society**

The Hilltop Humanitarian Society is a group of students and staff who work together to support underprivileged children in Uganda.

The Hilltop Humanitarian Society has been helping over 50 children at the Masulita Village in Uganda since 2007, sending approximately \$1000.00 a month to assist them with educational materials, health care, eye care and transportation needs. Please consider donating to this worthy cause. Donations gratefully accepted via [schoolcashionline.com](http://schoolcashionline.com) or at the front office.

Thank you for your support.

## **Travel Club**

**Students interested in travelling in 2020 or 2021 should visit [EFTOURS.CA](http://EFTOURS.CA) and browse potential tours and let Miss. Mehl know what tour you are interested in.**

**Due to a lack of interest the travel club will not be travelling in the 2018-2019 school year.**

**For more information contact Miss. Mehl.**



## **Japanese Host Families Needed**

Host families are need for four students, three males ages 13,14 and 16, as well as a female age 13. If you are interested in hosting a Japanese student in your home from October 30 - November 6 please contact Sandra Beuker at 780-706-5275.



Follow us on Twitter



Like us on Facebook



PowerSchool for Student Grades and Attendance



Join Hilltop Remind

**Support your school with SPIRITWEAR!**

**NEW! Charger Spirit Wear**

**Hoodies: \$40.00 each**  
**Short Sleeve T-Shirts: \$15.00 each**  
**Long Sleeve T-Shirts: \$16.00 each**  
**Hats: \$10.00 each**

Spirit Wear can be purchased from Mrs. Runge in room 503

**PRICE REDUCED! Reduced Spirit Wear**  
**Short Sleeve & Long Sleeve T-Shirts \$3.00 each**  
**Shorts \$3.00 each**




## Time suggested for homework + studying if you are pursuing academic excellence at Hilltop High School

### GRADE TEN

Only four core classes are available. Instead of fast-tracking, explore your interests, try different electives, and complete PE 10. Perhaps you could explore sports and extra-curriculars. No homework, you say? Read the newspaper or explore something new.



20 min x 3 days of the week



20 min x 3 days of the week



20 min x 5 days of the week



30 min x 5 days of the week



exercise and sleep help you achieve

### GRADE ELEVEN

Four science courses may become available to you: Biology, Chemistry, Physics, and Science 20. Many students manage two at a time quite well by keeping on top of things. Math 10C branches into two streams 20-2 and 20-1 (both for students interested in University, it mostly depends what you want to explore career-wise). To excel in Social, pay attention to current events. To excel in English, read lots of varied texts. It is also time to complete CALM.



Bio 20 - 5 x 30 min  
 Chem 20 - 5 x 30 min  
 Physics 20 - 5 x 30 min  
 Science 20 - 5 x 20 min  
 Science 24 - 3 x 15 min



20 min x 3 days of the week



Math 20-3 - 2 x 15 min  
 Math 20-2 - 5 x 40 min  
 Math 20-1 - 5 x 40 min



Social 20-1 - 3 x 30 min  
 Social 20-2 - 3 x 30 min

### GRADE TWELVE

Put away your phone and buckle up. Apply for post-secondaries as early as October 1st. Think about working less and earning higher marks; you have your whole life to work. If you miss school, you have work to do!



30 minutes per week to work on scholarships and post-secondary preparations



Lots of sleep contributes to your ability to learn.



3.5 hours per science and math course /wk (spread out)

2 hours for English and Social, each /wk (spread out).

Is a part-time job a good idea?



Healthy fun will help you maintain balance.



Make online payments with SchoolCashOnline

- ✓ Field trips
- ✓ Sports Events
- ✓ Activity Fees

Register at SchoolCashOnline.com





**Are you interested in meeting students from across Canada and learning about our nation? Encounters Canada is for you!**

Encounters with Canada is our country's largest and foremost youth forum!

Every week of the school year, 120 to 148 teens from across Canada (ages 14 to 17) come to Ottawa. Here they discover their country through each other, learn about Canadian institutions, meet famous and accomplished Canadians, explore exciting career options, develop their civic leadership skills and live an extraordinary bilingual experience. Over 100,000 youth have lived the EWC experience, to date!

**If you are interested in any of the programs, please see Mrs. Keay ASAP - The early fall programs fill quickly!**

**You will need a Teacher Recommendation (See Mrs. Keay for the Link to the Google Form)**

**For more information, check out: <https://www.ewc-rdc.ca/pub/>**

**Deadline October 30**



## Forum for Young Canadians



**Forum is now accepting applications for the 2018 sessions!**

Would you like to contribute to the future of your community and country? Are you interested in decision-making and politics? **Forum for Young Canadians** is for **YOU!** Take part in a week long youth conference, giving you a behind the scenes look into the world of Canadian Parliamentary Democracy! You will learn to communicate, collaborate and transform your ideas into meaningful community action!

**Meeting decision-makers where the decisions get made.**

**This includes:**

- Visits to the House of Commons and Senate with the Speakers of each House as well as Clerks and pages. They show you how the institution works before getting to see Question Period live in action.
- A reception where MPs are invited to come meet and chat with participants. All MPs are invited and last year over 100 MPs came to at least one reception. The Prime Minister came to two events in 2016.
- A breakfast at the Senate with Senators hosted by the Speaker of the Senate. It's a chance to ask them what they do.
- A visit to Rideau Hall, residence of the Governor General, which is a great opportunity learn about his role and responsibilities. In 2017, some participants met the Governor General His Excellency The Right Honourable David Johnston during their tour of Rideau Hall.

The total cost for the **entire** week is \$895.00 per student including G.S.T. (Accommodation, Airfare, Meals, and Program fees included). Students are responsible for travel to and from Edmonton to the airport. [Forum for Young Canadians Website](#)

**If you are in grades 10-12 and are interested in this once in a lifetime opportunity, please see Mrs. Keay.**

**Deadline October 30**



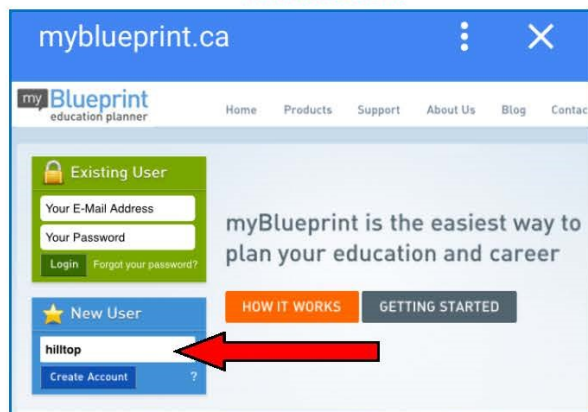


# myBlueprint

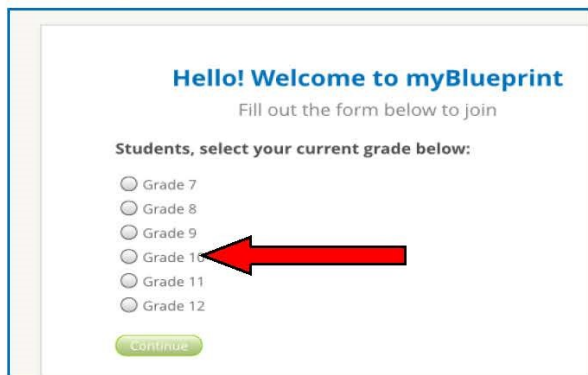
PLAN YOUR EDUCATION AND CAREER

myBlueprint is a web based service for high school students to monitor their credits and graduation, and to research career pathways and post-secondary opportunities. myBlueprint is synced to the students' PowerSchool, and it updates in real time. Each student already has an account paid for. Here are the steps for getting started:

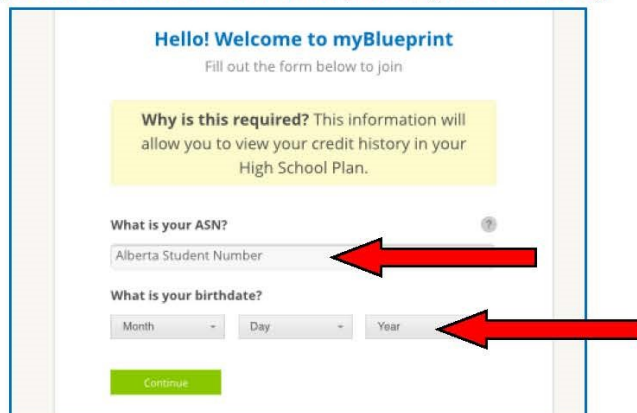
**Step 1:** Type in our school password "hilltop" and click on create account.



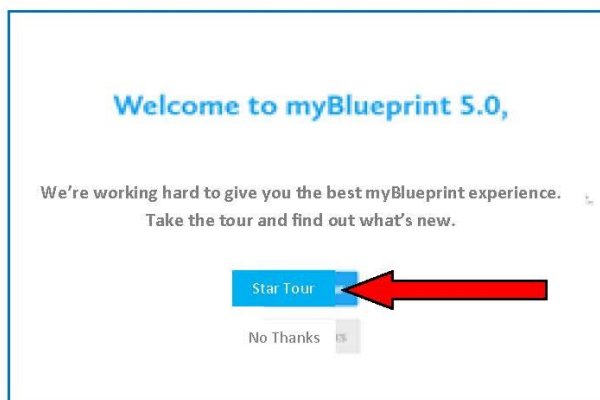
**Step 2:** Choose your grade.



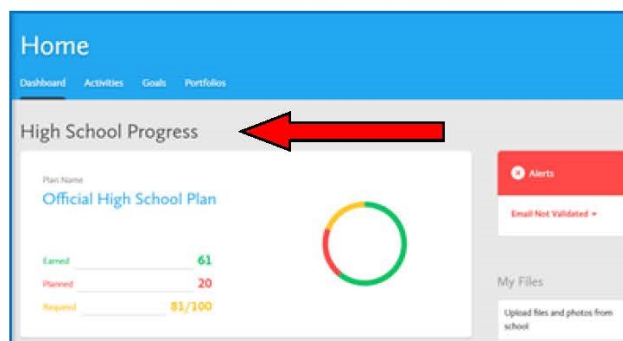
**Step 3:** Enter your Alberta Student Number and birthdate. ( Your Alberta Student Number can be found on your PowerSchool )



**Step 4:** You're in, start touring!



**Step 5:** myBlueprint connects to PowerSchool automatically to count credits, check graduation requirements and help research schools and career pathways.





## Grades 6 and 9 Provincial Achievement Tests (PATs) Quick Facts for Parents/Guardians

### What are PATs?

Provincial Achievement Tests (PATs) are administered to students in grades 6 and 9 and have three main purposes:

- to determine if students are learning what they are expected to learn;
- to report to Albertans how well students have achieved provincial standards at given points in their schooling;
- to assist schools, authorities, and the province in monitoring and improving student learning.

### When are PATs administered?

PATs are administered in May and June annually in English and French language arts, mathematics, science and social studies in grade 6 and grade 9. Some grade 9 students write PATs in January of each year.

### Are there any practice questions my child can do before writing PATs?

Yes. Students can try out the released questions from previous PATs that are located at <https://questaplus.alberta.ca/PracticeMain.html>.

### When will I find out my child's PAT results?

After PATs are administered, school staff share the preliminary results with parents. Each fall, Individual Student Results (ISPs) are made available to schools that contain official student results. School staff then share the ISPs with parents and keep a record of the ISP on the student's record in accordance with the *Student Record Regulation*.

### Want to know more?

More information and resources for the PATs are available on the Alberta Education website at <https://education.alberta.ca/provincial-achievement-tests>.

The personal information collected in the Provincial Achievement Testing program is collected pursuant to section 33(c) of the *Freedom of Information and Protection of Privacy Act* (RSA 2000, C. F-25). This information will be used for the purpose of administering the Provincial Achievement Testing program as well as support program and policy evaluation and measurement.

Questions regarding the program and collection, use and disclosure of information may be directed to the Director, Provincial Achievement Tests, Student Learning Standards, Alberta Education, 6<sup>th</sup> Floor, 10044 -108 Street, 44 Capital Boulevard, Edmonton, AB T5J 5E6 or by telephone at 780-427-6204. (Dial 310-0000 to be connected toll-free from outside the Edmonton area.)

## THE POWER OF A FRESH START

As a child I had a love/hate relationship with returning to school after summer break. I loved getting a new outfit, the smell of a fresh box of crayons, and the feel of a brand new pad of paper. Growing up on a farm, summer meant infrequent visits with my friends, so September brought renewed social engagements and the potential seemed endless. I loved the excitement of finding out who was in my homeroom and who my teacher would be. I loved the lunch items my mom would have stocked in our fridge and pantry. I loved the new resolutions I would make for myself, such as: I will have my lunch and clothes ready the night before, complete my homework early, achieve honors, be brave and try-out for the school team or drama production, etc. On the other side of the coin, I hated to say goodbye to my dog and my horse, not being able to sleep in, and not having my evenings free to play and watch TV. I hated the thought of getting on the school bus in the cold and the dark, and the thought that I might have that bothersome kid in my class or the teacher that yells.

Now, as a mom of four, I continue to have a love/hate with back to school. I love getting my family back on schedule, I love the excitement on the kids' faces when we find that "perfect" outfit, I love not having to listen to the kids bicker from the moment their eyes open, not hollering for the 567<sup>th</sup> time to "Shut Off Fortnight! You have been playing for 36 hours straight!" I love not planning activities and chores to keep the kids entertained and off their electronics, I love the new resolutions we plan as a family: pack lunches the night before, go to bed early, have an organized homework schedule, etc. I love the promises of new heights my children will soar in the school year and goals they will accomplish. But, alas... I hate the end of the long, warm, quiet days. I hate the panic I feel trying to organize all their school supplies and signing the 6000 forms. I hate spending \$28, 425 on school clothes! I hate watching our family calendar quickly fill up and over flow. I hate the tightness in my throat and the stinging in my eyes as I wave goodbye to each one, knowing they're not so little anymore

I am not alone when it comes to the stress and anxiety I feel preparing for back to school. According to Parents Magazine, September 2017 by Amanda First "

*48% of moms say they're extremely concerned about **managing their family's schedules** once school starts. **86%** are worried about the **quality and healthfulness** of their children's school lunches. **94%** say protecting their children from **bullying** is a major back-to-school concern. **47%** find it difficult to fit in **quality time** with the whole family once school starts. **4 out of 5** of moms see back-to-school as a chance for a **fresh start**, not just for their kids but for themselves as well. **69%** of moms are concerned about their children's **academic performance**. More than half (**58%**) of moms worry about **staying on budget** for back-to-school shopping. **82%** of moms say back-to-school season is their **biggest shopping time** of the year.*

How can we be realistic on our expectations and embrace the power of a fresh start?

- Talk with your family about goals for the upcoming school year with practical, simple steps that will help your family succeed in accomplishing them. WRITE THEM DOWN, then post them where you can all see it daily.

- Even if you don't have your kids back to a normal bedtime routine, its ok! Everyone will eventually adjust.
- Set a budget for school supplies and schools: not everything needs to be purchased right away. It's all right to buy supplies as you can afford them.
- Have an ongoing list on your phone or a notepad that is accessible of what needs to be completed before school begins
- Keep extra-curricular activities to a minimum. Our family rule is 1 activity per child per semester.
- Take pictures! Who cares if your child is scowling, or their hair is sticking up or their shirt miss-buttoned. It only adds character.
- Remember your sense of humor and go easy on yourself (and your kids!) It's a stressful time for everyone: school staff, kids and parents.
- Don't compare yourself to the posts on social media of the seemingly "perfect families" on the first day of school. You never know what happens behind closed doors. We all lose it, some are just better at hiding it than others!

*This article was submitted by Tammy Charko BA, BSW, RSW. Tammy is Northern Gateway Public School's Student Support Facilitator. She is a support for schools, students, parents and caregivers to encourage success in school. Tammy advocates for students and provides a link between the student and other supports within the community. Tammy has been a social worker for nearly 20 years and is a mother to 4 children, 3 of which are teenagers.*

## Timeline of a School Morning

©Adrienne Hedger

Hedger Humor

Gently wake children.



Switch to yelling.



Manage drama related to outfit and hair issues.

Look for missing shoes.



Deal with emergency.



Look for your coffee.



Realize you're running late.



Be informed that you're supposed to bring a snack to class, fill out eight critical forms NOW, and a shoe is *still* missing.



ASPEN COLLABORATIVE SERVICES



## Helping Your Child Succeed: School Linked Team Visits

Date: September 2018

Dear Parents/Guardians:

All classrooms at Hilltop Jr/Sr High School will be supported by a School Linked Team. School Linked Team members provide coordinated and integrated services with staff from the school district, Alberta Health Services, Children's Services and Community and Social Services. The School Linked Team in your school includes:

- Occupational Therapist
- Speech Language Pathologist

The School Linked Team will be visiting classrooms, observing and interacting with individual students in the classroom, hallway and playground. The School Linked Team will also be meeting with School Staff to brainstorm and share ideas on ways to support all the students in the classroom.

A member of the School Linked Team or School Staff will contact you if any follow up or individualized services are being considered for your child.

If you have any questions regarding the services being provided in the school, please call me.

Sincerely,

A handwritten signature in blue ink, appearing to read 'Brent Northcott', written over a light blue horizontal line.

Brent Northcott  
Principal

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>September 2018</h1>						
2	3 Labour Day	4 Day 1 Regular Classes Begin for <b>All Grade 9</b> Students First Day Gr. 9 Options 1/6	5 Day 2 Organization Day for Staff Only	6 Day 1 Organization Day for Staff Only	7 Day 2 Organization Day for Staff Only	8
9	10 Day 1 No School	11 Day 2 Picture Day	12 Day 1 CATS Football Parent Meeting 6:00 pm	13 Day 2	14 Day 1 Sr. Volleyball (boys/girls) Tournament Westlock Renegades at CATS 4:00 pm Graham Acres	15 Sr. Volleyball (boys/girls) Tournament in Westlock
16	17 Day 2	18 Day 1	19 Day 2 Meet the Staff Night 6:00 pm Friends of Hilltop Parent Council Meeting 7:00 pm	20 Day 1	21 Day 2 Sr Volleyball Tournament Onway (girls) and Drayton Valley (boys) Mavericks at CATS 4:00 pm Graham Acres	22 Sr Volleyball Tournament Onway (girls) and Drayton Valley (boys)
23	24 Day 1 CATS Card Blitz Night	25 Day 2	26 FLEX Day 1 Math/Social/Other Tutorial	27 Day 1	28 Day 2 Career and Education Expo 2018 10:00 am – 2:00 pm Sr Volleyball Tournament Drayton Valley (girls) and Onway (boys) Sabres at CATS 4:00 pm Graham Acres	29 Sr Volleyball Tournament Drayton Valley (girls) and Onway (boys)
30	Welcome back Chargers! We hope everyone had a wonderful summer and is looking forward to a new school year.  NGPS Annual Employee Recognition Evening September 28, 2018 at 6:00 pm					

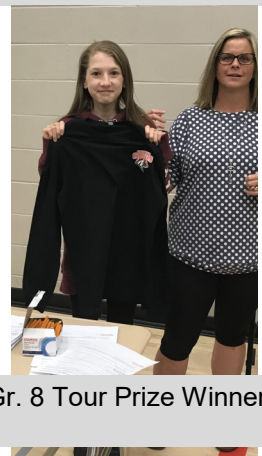
# GALLERY



## Jr. High First Day Fun



## Sr. High First Day Fun



## Highlights from June