Hilltop Jr./Sr. High School





Telephone: 780.778.2446 Fax 780.778.8818

Twitter: @ngpshth Website: hilltophigh.ca

Facebook: www.facebook.com/hilltophighschool 5



March 2018 Newsletter

Message from the Administration

The dregs of winter are hopefully over now that March has arrived. Warmer weather should be just around the corner as winter turns to spring. March is a very busy month at Hilltop.

Parent Teacher Interviews will be held on Thursday, March 15 and they are on a drop-in basis from 4:00-8:30 PM. We are also holding our Fine Arts Night on this evening. Please come out and see the creativity of our students on display and speak to their teachers. There will also be a meeting at 7:30 pm for parents of current grade 9 students outlining their transition to high school.

The next Friends of Hilltop meeting is on March 21 at 7 pm. We welcome all parents to attend and become informed about what is happening in your school.

March 16 is a Staff Planning and Development Day. Therefore, students will not have school.

The Grade 12 Spring Prom will be held on the evening of March 23. As this is a school event, students need to be in attendance on that day in order to attend prom. Students can sign guests up at the office. Administration reserves the right to approve guests. All guests must be between the ages of 16 and 19.

I would like to wish Ms. Mehl and the Hilltop Traveling Road Show a wonderful time as they travel to Italy and Greece during Easter Break. They leave two days before the break begins and will be back just in time to return to school after the break. Mrs. Fancey, Mrs. Keay, and Mr. Keay will also be chaperones along with Ms. Mehl.

We would like to thank our parents who are proactive in informing us of their child's late or absence beforehand. By informing the school you are speeding up the process of getting your child to class on time. We appreciate the forethought and effort in ensuring attendance is recorded accurately.

Your partner in education,

Brent Northcott



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9:00 AM	Warning Bell		
9:05 AM	Block 1		
10:11 AM	Break		
10:15 AM	Block 2		
11:21 AM	Break		
11:25 AM	Block 3		
12:31 PM	Lunch Break		
1:11 PM	Warning Bell		
1:11 PM 1:15 PM			
	Warning Bell		
1:15 PM	Warning Bell Block 4		

March Important Dates

March 11 March 12 March 15



March 7

FLEX Day 2

English/Science/Other Tutorial



March 11

Daylight Savings
Time



March 14

PI Day 3.14



March 15

Parent/Teacher Interviews 4:00 pm - 8:30 pm



March 15 Grade 9 Parent Meeting 7:30 pm



Information for parents of <u>current</u> Grade 9 students

March 15
Fine Arts Night
4:00 pm - 8:30 pm
Students showcase
their work in their CTS courses.
Art, Photo, Hair and More!

March 16

Professional Development Day





March 19
Last Day of Gr. 9 Options
March 20

First Day of Gr. 9 Options 5/6

March 21

FLEX Day 1

Math/Social/Other



March 30 Good Friday No School



March 30 - April 8

Easter Vacation





SPRING FUN FACTS

Díd you know?



- 1. The 1st day of spring 2018 in Northern Hemisphere will be on Tuesday, 20th March. And the last day of spring equinox 2018 will be on Thursday 21st June.
- 2. The first day of spring is called the vernal equinox. The term vernal is Latin for "spring" and equinox is Latin for "equal night."
- 3. The fall and spring equinoxes are the only two times during the year when the sun rises due east and sets due west.
- 4. The first day of spring in the Southern Hemisphere is the first day of fall in the Northern Hemisphere.
- 5. Easter always falls on the first Sunday after the first full moon after the spring equinox.
- 6. The first spring flowers are typically lilacs, irises, lilies, tulips, daffodils, and dandelions.
- 7. During the spring, birds are more vocal as they sing to attract mates and warn away rivals.
- 8. Children actually grow faster in the spring than during other times of the year.
- 9. Persephone was the Greek goddess of spring. She spent winters as Queen of the Underworld but returned in spring to preside over rebirth.
- 10. Spring fever is a term applied to several sets of physical and psychological symptoms associated with the arrival of spring. Experts say the body's makeup changes due to different diets, hormone production, temperature and increased light.



You're Invited

Saturday, July 7, 2018

Hilltop Chargers "Family Reunion"

A Reunion for all Hilltop Staff and Volunteers over the years!



@ Whitecourt Seniors' Circle

Hilltop Tours

12:00 pm - 2:00 pm

Socializing

4:00 pm - 5:00 pm

Potluck Supper

5:00 pm

Ceremony

(Including Special Performances and Hilly Awards)

6:30 pm

Dance

Following Ceremony

"Once a Charger...Always a Charger!"

For more information:

Email: onceacharger@gmail.com or Facebook: Hilltop Chargers "Family Reunion"



Like us on Facebook



Follow us on Twitter



PowerSchool for Student Grades and Attendance



Join Hilltop Remind

Meet Your NGPS School Board Trustees

It is always an honour to have our NGPS School Board Trustees visit Hilltop. There are many new faces to the board this year and it was our privilege to showcase to them all the amazing opportunities Hilltop has to offer. Thank you to our Trustees for visiting Hilltop, a great place to learn...and more!



NGPS School Board Trustees: Judy Muir (Alberta Beach, Rich Valley & Darwell), Sarah Healy (Onoway), Gerry Steinke (Valleyview), Barb Maddigan (Whitecourt), Brent Northcott (Hilltop Principal), Anita Portsmouth (Valleyview Rural) . Missing from photo: Linda Wigton, Sherry Jeffreys, Ethan Thesen and Diane Hagman.



Mr. Finan shows our
Trustees the
Mechanics lab.



Trustees discuss the possibilities with the Urban Gardening class while observing the newest growth in students plants.



Mr. Northcott shows the Trustees our Cosmetology lab and describes the various services available to the public.



Northern Gateway





Crime Prevention Presentation

Thanks to the Whitecourt Crime Prevention team, Mayor Chichak and ALERT members for their powerful and insightful presentation on the dangers of drugs within our community, specifically Fentanyl, and what can be done to protect yourselves. It takes only 0.01 micro grams of Fentanyl to kill you and you can be affected through skin contact and airborne. Approximately five times per week someone is killed by Fentanyl in Edmonton alone. Students were encouraged to be aware, to remember the buddy system, and never take anything you are unsure of what it is because there are often toxic additives/chemicals added to many drugs. Students were then given the opportunity to ask the ALERT team questions and given a contact number should they have any concerns regarding Fentanyl in their community. Thank you again to our special guests and the ALERT team.



Jr Forest Ranger Program

Selected students interested in forestry related careers took part in a Jr. Forest Ranger program. The program started in 1965 and is designed for full time high school students between the ages of 16 - 18 who are interested in learning about the forestry industry from career professionals while developing related skills. The program runs five days per week for seven weeks during the summer. Students will be paid \$14.00 an hour Monday - Friday but will be required to stay on site for the full seven weeks. All camp accommodations and meals are included. Students who participate in the program will earn high school credits and become certified in first aid, wildfire orientation and brush saw operation. Students interested in participating in this adventurous challenge and spending their summer outside should apply at **AlbertaJFR.ca**.



Military Presentation

Special thanks to Master Seaman Jeff Liew from the Canadian Armed Forces for your presentation to our students about the over 50 occupations to choose from within the Canadian Armed Forces (CAF). There are three elements of the CAF; Royal Canadian Navy, Canadian Army and the Royal Canadian Air Force, with full-time and part-time employment and opportunities for subsidized education. The requirements to join the CAF are; must be a minimum of 17 years of age, a Canadian Citizen and obtain a minimum grade 10 education. The enrolment process requires an online application first then followed by a physical fit, aptitude test, personality test, security screening, medical exam and interview. For sample tests and/or more information go to **forces.ca.**



Alberta Short - Term Employment Information

The Alberta Short-Term Employment Forecast (STEF) provides a three year overview of occupations expected to be in-demand during that time period. It is also a tool used by career counsellors who develop and coordinate career and labour market information that enables all Albertans to make labour market decisions. The current 10 - year outlook forecasts that Alberta's labour market will grow by approximately 401, 000 workers and a net increase of 352,000 workers is expected to join the labour force. For the coming decade, Alberta could experience a labour shortage of around 49,000 workers. The Alberta STEF 2017-2019 examines 455 occupations and ranks them into the following categories: High; Moderately High; Medium; and Low. The following are a just a few examples of the short - term Employment Forecast:

High Demand Occupations:

- Registered Nurses and Registered Psychiatric Nurses
- Licensed Practical Nurse
- Food Service Supervisors
- Cleaning Supervisors
- Motorcycle, all-terrain vehicle and other related machines
- Agricultural Service Contractors, Farm Supervisors and Specialized Livestock Workers

Low Demand Occupations:

- Financial Managers
- Event Planners
- Receptionists
- Veterinarians

Moderately High Demand:

- Advertising, Marketing and Public Relations managers
- Medical Administrative Assistants
- Dentist
- Pharmacists
- Early Childhood Educators and Assistants
- Hairstylists and Barbers
- Jewelers
- Police Officers
- Tour and Travel Guides
- Cabinet Makers
- Massage Therapists



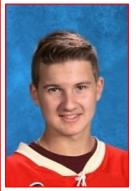


Hilltop RAP Stars

Watch the Whitecourt Star Bi-Weekly to see more Hilltop RAP Stars featured.







Name: Ty Prokipchuk

Grade: 11

Employer: Alberta Newsprint

Company

RAP Position: Millwright Future Plans: Become a dual ticketed Journeyman

T... - I - - - - -

Tradesman.



Any trade interested in taking on a RAP student please contact Lesia Hleck at 780-778-2446

Hilltop High School Off-Campus Education Registered Apprenticeship Program



Name: Chase Wheeler

Grade: 11

Employer: KW Mechanical RAP Position: Heavy Duty

Technician



Any trade interested in taking on a RAP student please contact Lesia Hleck at 780-778-2446

Congratulations to **Dylan Penney** for obtaining



a RAP
position
with the
Town of
Whitecourt
as a Heavy
Duty
Technician.

Congratulations to Thomas Carriere for completing his 70 hours of unpaid work experience and



earning a RAP
position as a
Recreational
Vehicle Tech at
Canada
Certified RV and
Trailer Services

Congratulations to **Dustin Brewer** for obtaining a RAP position



with
Whitecourt
Transport
as a Heavy
Duty
Technician.

Health Care Aide Program

NGPS will once again be offering the Dual Credit Health Care Aide Program for the 2018 - 2019 school year in conjunction with Mayerthorpe High School. If you are interested in the program or require more information please contact Lesia Hleck at 780-778-2446.

Hilltop Bistro

Hilltop Bistro cards are available to purchase from Mrs. Runge in room 503. Accepted payments of Interac, Visa, Mastercard or cash. Bistro cards are punch cards that can be used in place of cash at the cafeteria. These cards are available in \$10.00 and \$20.00 values. Bistro cards are a great gift idea.



Daily Lunch Special \$5.00

Small Chocolate Milk \$1.00 Large Chocolate Milk \$3.50 Milk 2 Go (Vanilla, Banana, Strawberry) \$2.50 Keurig Cup \$1.00 Cookie \$0.50 Loaf \$1.50 Muffin \$1.00 Square or Pastry \$2.00 Veggie Cup or Fruit Cup \$1.00 Jello or Pudding \$1.00 Pretzel & Hummus \$2.75 Sandwiches \$3.50 Yogurt Parfait (Peach, Strawberry, Blueberry) \$1.50 Cheese, Meat & Crackers \$3.50

PIZZA DAYS

Friday, March 2
Thursday, March 15
Thursday, March 29



Caelyn Basaraba attended the Forum for Young Canadians program from February 25 - March 3, 2018. Only 130 students from across Canada were accepted to this program. Read about her experience below.





"As a member of the Minister of Education's Youth Council (MYC), I have had the opportunity to work with the Minister of Education to develop ideas on how Alberta's education system can be improved. Being a member of MYC has allowed me to impact the education system with a focus on educational challenges in rural Alberta. As a group of 32 people who all have the common goal of improving our education system, we have worked together to identify areas of education that need to be improved and have made these our priority projects or key areas of focus. Although the focus of MYC is education, I have had the opportunity to develop so many other skills and meet so many new people. MYC has given me the opportunity to make a difference in Alberta and has united me with a group of people who also want to make a difference. While my goal was to contribute to change, I have found that my experience has been very educational as well, and I am very grateful to have been chosen to serve on MYC. I would encourage anyone who is interested to apply for next year's council – it is an experience you will cherish."

- Caelyn Basaraba (more on page 6)



STUDENT COUNCIL NEWS March Madness Week

Monday March 5

PJ Day



Tuesday March 6

Twin Day



Wednesday March 7

Jersey Day



Thursday March 8

Charger Pride Day



Friday March 9

Fancy Friday





Watch for "Candy Guess Game" coming at the end of March.

Oil and Gas Operator Program: The following students will be participating in the Oil and Gas Operator Program from May 7 - 11 in Peace River, Quade Lewis, Aaron Skiffington, Dylan Penny, Lane Ruzkowski, Tyson Hough and Miriam Oschner. Students must first complete a 10 week online course to qualify and then will complete practical on-site training at the Shell Canada Power Engineering and Technology Centre. Thank you to Northern Gateway Public Schools and Shell Canada for providing our students with this unique opportunity.

<u>Service Rig Floor Hand:</u> Two students will be attending the Service Rig Floor Hand Program, **Seth Hawley** and **Taeven Keylor** are registered and are presently completing the pre-req Energy 35 online.

Both programs require students to have safety tickets in Fall Protection and H2S Alive and be minimum 16 years of age.



The **Urban Gardening** class continues to grow! Students have been busy planting, watering and nurturing their plants.
Students have planted a variety of seeds, cucumbers, tomatoes...even an orange tree! Stay tuned to see the fruits of their labour continue to blossom.





March 12 - 16 Substitute Teachers Week

Thank You Substitute Teachers!

Hilltop would like to send a huge thank you to our Substitute Teachers, Educational Assistants and Supervisors. We greatly appreciate everything you do for Hilltop, including often needing to come on short notice. Thank you, we couldn't run efficiently without you.

Hilltop Ambassador

Grade 12 student
Caelyn Basaraba is at
the House of Commons
during the Forum for
Young Canadians. She
is getting a first hand
insight to how Canadian
Parliamentary
Democracy functions in
Ottawa.



Thursday, March 15

4:00 pm - 8:30 pm



Parent/Teacher Interviews

Parent/Teacher Interviews will be held on Thursday, March 15th ONLY.





Fine Arts Night

Students will be showcasing their skills in Art, Photography, Hairstyling and more. Stop by during Parent/Teacher Interviews to see the incredible talents of Hilltop!



Grade 9 Parent Meeting 7:30 pm

There will be an important information meeting for parents of current grade 9 students at 7:30 pm outlining their transition into high school.

PINK SHIRT DAY

Hilltop celebrated Pink Shirt Day with an assembly focused on teaching students their responsibilities with cell phones and discuss the negative effects of cyber bullying. Our mission is to promote school spirit, as we together, take a stand to end bullying. The Education Act states that students have the responsibility to refrain from and report any kind of bullying. Students wore pink shirts and Student Council graciously provided all students with pink bracelets. We also had some fun activities including Random Acts of



Kindness where we encouraged students to pay it forward and use the internet to spread kindness with the hashtag #hilltopcares. We also

thankf Thankf RO Pre

welcomed several special guests and are hankful for their continued support with Hilltop. Thank you to Mayor Chichak, Whitecourt RCMP, Family Violence Initiative, Crime Prevention Team, Boom 96.7, Whitecourt Press and all our staff and students.

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Grad News



Your 2018
Grad Council:
Daniel Hutyra,
James Woodford,
Caelyn Basaraba,
Rhyleigh Henault,
Catelynn Lewis,
Jenna Dixon and
Emily Dunstall.



Grad Rehearsal

Wednesday, June 27 from 2:00 pm - 5:00 pm All Grads **MUST** Attend Grads will receive their cap and gown at this time.

Grad Ceremony

Friday, June 29th, 2018 at 4:00 pm at the Scott Safety Center

Grad Spring Prom





Tickets are \$10.00 each and will be on sale from March 12 - 20 at lunch time.

Guests between the ages of 16 -19 are welcome but must be approved by Mr. Northcott.

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Grad Song and Quote

Song and grad quotes eligible for voting can be viewed on the grad board. The voting will take place on March 6th at lunchtime in Mrs. Keay's room.

Grade 12 WEM Waterpark Trip

CANCELLLED

Tickets previously sold will be refunded.



Senior Supper

Coming Soon - Watch for Details

Many volunteers needed, as well as we are looking for talent, 4 to 5 people to cover a total length of time of 20 minutes. Sign up sheet will be on the grad board

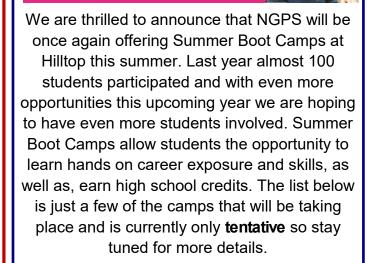
Grad 2018 Remind

Text the message @hthgrad18 to the number (587) 316-7407

Parents/Students please sign up to receive important reminders regarding Grad 2018 via text message.

Career Exposure Summer Boot Camps

at Hilltop High



Justice Studies
Medical Minds
Gaming and IT
Auto Service
Motorcycle Mechanics
Baking with Class
Aesthetics with Eveline Charles
Yoga
Art in Nature
And More!

Medieval Club

Have you ever wondered how knights fought back in medieval times? Or what arts and crafts people used to make? Perhaps you are into sports and martial arts or maybe you are just curious about what kind of skills were needed to be a medieval artisan. Hilltop's Medieval Club meets at lunch on Thursdays to learn all there is about the medieval times as well as how to do medieval style combat. Students can learn all about the medieval ways of fighting as well as about honour and chivalry. Students can learn about making medieval crafts like chainmaille and wire weaving, but also about making armour as well as how to engage a foe with cunning skill and accuracy. If you would like to find out what we do in Medieval Club, please come and speak to Miss Mehl in Room 304!

School Reach Club

School Reach is a club devoted to quiz game shows. Students gather in room 304 at lunch on Fridays to test their knowledge about pop culture, music, sports, entertainment, history, literature, movies and much more. Come bring your lunch and some friends to try out our amazing game show buzzer system while answering some questions! Everyone is welcome and we have a great time during lunch hour.

WHITECOURT TEEN CENTRE

The Teen Centre will be serving a **free lunch** for Hilltop Students during the lunch hour. Everyone Welcome!

Homework & Pizza Night at the Teen Centre from 6pm-8pm.

On Wednesdays from 6pm-8pm youth gather at the Teen Centre for a slice of pizza and a chance to work on school assignments in a calm and supportive environment. Teen Centre Facilitator's and Volunteer's are available to help youth with homework, school projects or to get organized.

Resources available

Project supplies
Access to computers and printers
Graphic calculators
Organizing and study tips
Assistance with homework
School supplies
Encouragement and support for success

No registration required, the Teen Centre is a drop in program for all youth ages 11-17

For more information please call: Teen Centre Manager & Youth Development Coordinator Alicia Smallwood (780) 778-6696

To keep up to date with other events, news and programming from the Teen Centre, please like our page on Facebook - Whitecourt TeenCentre and follow us on Twitter @TeenCentreWCT



FIRST AID FOR HILLTOP STUDENTS

Standard First Aid and CPR

March 16th (PD Day) and 17th, 2018

at Hilltop High School

8:30 am start

Certified for 3 years Great for all summer jobs etc Instructor: Mrs. Shawna Prince

Cost: 25\$ - non-refundable

Support the Humanitarian Society

The Hilltop Humanitarian Society is a group of students along with supervisor Rendean Koudelka who work together to support underprivileged children in Uganda. The Hilltop Humanitarian Society has been helping over 50 children at the Masulita Village in Uganda since 2007, sending approximately \$1000.00 a month to assist them with educational materials, health care, eye care and transportation needs. Please consider donating to this worthy cause. Donations gratefully accepted via schoolcashonline.com or at the front office.

Thank you for your support.

Support your school with SPIRITMEAR!



Charger Spirit Wear

Hoodies: \$40.00 each

Short Sleeve T-Shirts: \$15.00 each

Long Sleeve T-Shirts: \$16.00 each

Hats: \$10.00 each



Encounters with Canada



Every week of the school year, 120 to 148 teens from across Canada (ages 14 to 17) come to Ottawa. Here they discover their country through each other, learn about Canadian institutions, meet famous and accomplished Canadians, explore exciting career options, develop their civic leadership skills and live an extraordinary bilingual experience. Over 100,000 youth have lived the EWC experience, to date! During the month of February, four Hilltop students will be participating in the EWC experience.

Students Participating in EWC in March
Abigail Dixon - First Responders
Renae Damberger - First Reponders



Gateway Academy - Whitecourt Campus News

(formerly called Storefront)

Hours of Operation Monday-Thursday 8:30 am - 3:30 pm Phone: 780 - 778 - 5865



Happy March!

To encourage students to complete high quality work Gateway will be hosting a "Swamp the Teacher" campaign to encourage students to hand in modules in a timely manner and possibly win prizes.

Gateway will be hosting a farewell luncheon for Kyra B, who is currently our Family Community Liaison Person and is moving on to new adventures. We wish her well in her new career.

Students who plan to write April Diploma will need to hand in all course work by Thursday, March 29, 2018.

The staff at Storefront would like to remind students to make sure they keep within course timelines so they can earn credits in their respective courses. Even though attendance is not mandatory, handing in at least one module a week is. Generally students, who attend often, make better progress. Remember to pass in your course work in a timely manner. If you need help with your work, please drop by or call us.



Friends of Hilltop Parent Council

2017-2018 Friends of Hilltop School Council Chairpersons: Tammy Dickson and Avy Fast Secretary's: Joanne Merrifield Treasurers: Niki Underwood and Judy Watson

Earn 5% profit on your regular grocery shopping at IGA/Sobeys!!

Start saving for your student's school fees, grad garb, school sports and even school trips. Take advantage of the IGA gift cards sold by Friends of Hilltop Parent Council. When you purchase grocery vouchers from FOH (available at Remax Office or at the front office) 5% of your purchase is placed in an account just for you. It just stays there until you need to access these funds to pay for a variety of school related expenses.

IGA voucher cards are the ONLY fundraiser for Friends of Hilltop, other than bottle recycling to fund our new Breakfast Program. Stop by or call the office for more details.

Next Parent Council (Friends of Hilltop) meeting, March 21st at 7pm. Please join us – no commitment necessary, for information only!

New Recycling Program

Support our NEW Breakfast Program by donating your empty cans/bottles to the Friends of Hilltop Parent Council.

Recyclables can be donated at the school or taken directly to the Whitecourt Bottle Depot.



Thank you in advance for helping our students start their day with breakfast.

First Nations, Métis and Inuit (FNMI) Mrs. Smith-Tomke , FNMI Liaison Worker

Tansi. Abawashded

Spring is a very busy time at Hilltop High School, and we have many wonderful programs and presentations to share with our Indigenous community. The Indigenous Work Readiness Program has begun, and the opening ceremony was amazing! Thank you Careers Next Generation for including Hilltop High School students in your pilot program. Elder Annabelle Kootenay opened the program with a smudge and a blessing for all those in attendance, and addressed protocol with the students, teaching them traditional values and respect.

March 6, Elder Kootenay will be at Hilltop High School for the entire day sharing her wisdom, guidance and knowledge with our staff and students. Parents please stop in for a tea and a visit, we love to see you in our building.

Indigenous Work Readiness Program

Whitecourt is the chosen town to pilot an exciting new program for Indigenous students.



With the collaboration of local support agencies, the high schools and Careers: the Next Generation, we have developed a program that will provide the necessary training and work experience development to prepare the students to be work ready and achieve credits towards their high school diploma.

Students would get credits for volunteer hours, leadership skills development and Work Readiness program courses.

The following partners involved with the program are CAREERS: the Next Generation, Alberta Works, Community Futures, Wellspring Family Resources, Rupertsland, Alberta Labour, Northern Gateway School Division, Hilltop High School, Gateway Academy Whitecourt, St. Joseph School.

Plan of Activities:

- * Introduction ceremony
- * Students will be provided with Work Readiness program courses: Resume/Cover Letter, Interview skills
- * Learn 2 Drive program prepare the students to write Driver Learner's exam
- * Customer service, Business communication, Maintaining a bank account
- Learn about Employment resources Employment center tour, job bank, Rupertsland camps, forestry camps, health camps, trade camps
- *Safety Courses

The students will do volunteer experience for a non-profit organization to develop entry level work skills: inventory, cashier, customer service. After completing the Work Readiness program, students will receive a certificate and will be provided additional help in their job search.

For more information, you may contact Jody Smith-Tomke at 780-778-2446 (Hilltop) or Sarah Vandekerckhove at 780-778-5865 (Gateway Academy Whitecourt)

On February 13 we kicked of the Indigenous Work Readiness pilot program with a special opening ceremony presentation as well as, the Learn to Drive course. Special thank you to our presenters, Careers: the Next Generation, Elder Annabelle Kootenay, FNMI Liaison Mrs. Smith-Tomke and student Elita Whitehorse who opened the ceremony with prayer and smudging. Ms. Kootenay explained to students the importance of the indigenous culture in conjunction with their education. Ms. Kootenay explained that before the 1970's if indigenous students were to continue their education past grade





12 they would lose their treaty status. Thankfully, those laws have changed since the 70's, which prompted Ms. Kootenay to go back to school in her 40's and obtain her Bachelors Degree in Social Work. She explained to students that although never too late to upgrade your education, she encourages students to start exploring their post-secondary options now, to apply for scholarships and to support each other in their educational journeys. The ceremony ended with a beautiful song and Sundance.

Following the ceremony students participated in the Learn to, Drive program, presented by Mr. Dave McKenzie. During the course students had the unique opportunity to play a driving education game Family Feud style. Students learned why it was important to obtain a learners license when they are young so their education or employment opportunities are not hindered when they get older due to the lack of a license. The differences in each class of license was also explained to



students, along with the importance of driving safely. Thank you to the students who participated in this unique opportunity and again, thank you to our special guests. We look forward to continuing more great programs through the Indigenous Work Readiness Program.



Athletics

Be a Charger...Take Charge!





Basketball

Sr. High Boys and Girls Important Dates

Zones: Mar. 9 & 10 - Drayton Valley (BOYS) Morinville (GIRLS)

Jr. High Boys and Girls Important Dates

Zones: March 2 & 3 - Athabasca (GIRLS) Onoway (BOYS)



<u>Basketball</u>

Jr. Basketball GCAA Results

Congratulations to the Jr. Boys and Jr. Girls who both earned GOLD at GCAA and are headed to Zones. GO CHARGERS!







Badminton

Badminton begins this month for grades 9 - 12 starting March 12th at 4:00 pm.

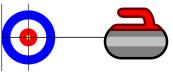
Practices will be every Monday and Wednesday from 4:00 pm - 5:30 pm.

For more information ask Coach Keay or Coach St. Louis.

Silver at Curling Zones



Curling Zones were held in Westlock on February 23 & 24. Congratulations to the following curlers; Layne Carlson, Darnell Jendrick, Caleb Tobin and Jayden Greenwood who earned SILVER at Zones along with their coach Ms. Fancey. Well done!



Thank you to the Whitecourt Curling Club for their continuous support.









Ms. Hleck

Student Services Newsletter

Our Student Services Team works diligently to support our student's social, emotional, career and academic needs. Opportunities for students are communicated through weekly announcements, newsletters and through Hilltop's Social Media. Students are invited to drop into our Student Services area for support or to see Mrs. Smith-Tomke or Mrs. Kendall for an appointment.



Are you undecided about a career? One of the best web sites for Career Planning,

Education and Employment is

www.alis.gov.ab.ca. It also includes information on financial assistance.

Applying for Post-Secondary

Most schools accept applications from October 1st onward. Do not delay. Receiving an offer of acceptance can take a long time. Remember, once you have applied, you must periodically update the post-secondary institution via your online account.

RAP - Registered Apprenticeship Program

Interested in RAP? Please talk to Ms. Hleck in the front office.



PLAN YOUR EDUCATION AND CAREER

myBlueprint is a web based service for high school students to monitor their credits and graduation, and to research career pathways and post-secondary opportunities. myBlueprint is synced to the students' PowerSchool, and it updates in real time. Each student already has an account paid for.

For more information: hilltophigh.ca parents and students tab.

Work Experience Are you a student who is currently

employed? Have you signed up for work experience? You can earn up to 15 credits towards your high school diploma. **Completion of HCS 3000 course modules is mandatory.** See Ms. Hleck for details.

Former Hilltop students looking for transcripts will need to sign up for MyPass. (See instructions below) Students needing their Alberta Student Numbers should contact Alberta Education directly at 310-0000 or online at learnerregistry.ae.alberta.ca.

In House Programming:

- Registered Apprenticeship Programs
- Dual Credit Programming
- Work Experience
- Timetable Building (Including one-on-one conferencing with students to review graduation requirements and appropriate course selection.)
- Course Withdrawals
- My BluePrint (Career & Course Planning, Credit Counting)
- My Pass (Diploma Exam Marks, Unofficial Detailed Academic Record)
- Post Secondary Planning & Scholarship Information (Rutherford, etc.)
- Support our GSA Group (Gay Straight Alliance)

Referrals to:

YOLO (Wellness Program with Alberta Health Services) Rupertsland Institute

OCYA (Office of the Child - Child & Youth Advocate Alberta) FASD Network

Healthy Families, Healthy Futures

Wellspring's New Hope Groups & Youth Outreach

Family Community Liaison Program

Counselling Services Provided by Canniff & Associates

Child & Family Services

AHS: Addiction & Mental Health Services

McMan Youth Family and Community Services

Alberta Health Services

Partnerships:

- Forestry Day: West Fraser, Alberta Newsprint Company and Millar Western
- Career & Education Expo
- Take Your Kids to Work Day
- KidSport & Jumpstart Funding
- Family Violence Prevention
- COOL Camp Mentorship
- PARTY Program
- Host Information Sessions & Booths from various Post-Secondary Institutions
- Community Lunch Box
- Boys & Girls Club (BE-YOU-tiful Grad Dress Campaign)
- Northern Gateway Public Schools Summer Boot Camp
- Town of Whitecourt and Woodlands County
- Careers: Next Generation
- Various businesses, companies and government agencies



MYPASS.ALBERTA.CA

To access your records after writing a diploma, you will need to have a myPass.alberta.ca account established.

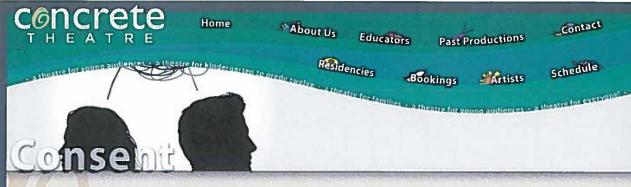
GRADE 12 STUDENTS MUST SIGN UP FOR MyPass

*Alberta Education has decided that Diploma results will only be available via your MyPass account. *The school cannot create your account on your behalf.

How to sign-up:

1. Go to mypass.alberta.ca

- 2. Create a login using "Sign me up, I'm new!" Do not use your @ngps.ca email. A confirmation link will be sent to your personal inbox.
- 3. Click on the confirmation link in your inbox. Confirm your birthdate and Alberta Student Number. You can find your ASN at https://extranetapp.learning.gov.ab.ca/learnerRegistry/forms/
- 4. Using a button on the subsequent screen, request that a secure verification code be mailed to your home via post. It should arrive within two weeks.
 - 5. Upon receipt in the mail, login and enter the code. It will expire. Act promptly.
 - 6. You will now have access to all of your academic records.



2017 - 2018 SEASON

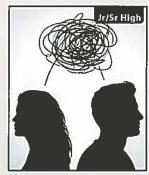
Consent

Written and Directed by Mieko Ouchi

Dramaturged by Caroline Howarth

Hilltop High School Presentation

March 28, 2018 at 2:10 pm.



6 Book This Play

On 2013's I Am for You:
"The quality of acting was
exceptional! The booking process
seamless! Thank you for a wonderful
experience!
Mary Flanagan
Diverse Learning, St martin de Porres
High School, Airdrie

As we know from so many stories and headlines in the news... sex isn't just about anatomy, but about individual rights, gender equality, personal conduct and respect.

After a confusing sexual encounter, a young couple must grapple with the emotional aftermath. Was there consent? The passionate discussion that follows opens up an exploration of sexual consent and what it means for both parties involved. An important and relevant new play from award winning playwright Mieko Ouchi (I Am For You) created to help students understand the legal definition of consent, identify whether or not a person has been the victim of a sexual assault or has purposafully or unwittingly victimized someone else, and prepare themselves to be responsible, caring and respectful partners.

Appropriate for age 13 and older

Curriculum Ties: Sexual Health, Sexual Consent, Relationships, Boundary Setting, Decision-making, Communication, Grades 7-9: Identify the effects of social influences on sexuality and gender roles & equity, Examine the influences on personal decision making for responsible sexual behavior; Identify/describe the responsibilities & consequences associated with involvement in a sexual relationship: Evaluate implications and consequences of sexual assault on a victim; Grades 10-12: Identify expectations & commitments in various relationships; Explain the role of trust & ways to establish trust in a relationship; Examine aspects of healthy sexuality & responsible sexual behavior; Explain the ongoing responsibility for being sexually healthy; Analyze strategies for choosing responsible & respectful sexual expression.







And with Community Partners: Compass Centre for Sexual Wellness and the Sexual Assault Centre of Edmonton

BACK TO THE BASICS PARENTING

As a mother of four and a Social Worker for Northern Gateway Public Schools, I am constantly reading, learning, listening and researching the best information to help me be a better parent and more effective social worker. I have pulled together from a few different articles on basic parenting advice that is simple and easy to follow.

1. LET YOUR KIDS FAIL

To learn self-sufficiency, kids need to occasionally dust themselves off (literally and figuratively) without your help. "Most parents know what their children are capable of but step in to make things easier for them," says Sheri Noga, the author of Have the Guts to Do It Right: Raising Grateful and Responsible Children in an Era of Indulgence. Remember: Long-term benefits trumps momentary discomfort. For example, teaching your child how to wash, dry and fold clothes is stressful, but a teenager who knows how to do their own laundry is a great thing! Before you rush in to help with any physical task, ask yourself: "Is my child in real danger?" Then apply that question to other challenges (the social studies poster due tomorrow) Does your child have the necessary skills (like dexterity and balance) or simple necessities like adequate sleep and a snack. Yes? Time to back off and see what happens.

2. ABIDE BY THE THREE RULES OF HOMEWORK

Rule #1: "Do the hardest thing first," says Ted Theodorou, a middle-school social studies teacher in Fairfax County, Virginia.

Rule #2: Put away the phone. Homework time can't always be totally tech free, but it can at least be free of text messages, Snapchat and Instagram! Rule #3: As soon as assignments are finished, load up the backpack for tomorrow and place it by the door. This is a clear three-step process that kids can internalize, so there's less nagging from you (Yes!).

3. MEMORIZE THE ACRONYM H.A.L.T.

Think: is your child Hungry, Agitated, Lonely or Tired? I don't know about your children, but if mine are any of these things, or worse, ALL of them, I am in for a battle!

4. BE STRICT ON BEDTIME

Lack of sleep is often the culprit for difficulty listening to detailed instructions, focusing on planned activities or being slow to react to a question. It also inhibits time management and task prioritization, Dr. Judith Owens M.D. says, coauthor of "Take Charge of Your Child's Sleep". Because of this, a child might miss out on information learned at school.

5. LET THEM READ WHAT THEY WANT

Don't worry so much about what your child is reading, if comic books or what you may think is a "silly" series is what gets your child hooked on reading, it's okay! Read to your child, even if they are older. Let them see you read. Make reading part of your daily routine. Visit your public library.

6. MODEL BRAVE BEHAVIOUR

Want confident kids? They will be less likely to be easily flustered if they see you taking healthy risks. "A lot of adults won't go to a movie solo because they would be embarrassed to be seen sitting alone. So do it, then talk to your kids about it," says David Allyn, the author of I Can't Believe I Just Did That. Recently, I walked into the men's public bathroom, when a gentleman was using the urinal! When I told my teenager what I did, she was mortified! "Weren't you embarrassed, mom??" I answered, "Not really, I thought it was a funny mistake. No point in being embarrassed!" Maybe she will be able to giggle, instead of feeling embarrassed, when it happens to her.

7. SELECTIVE EATING BOOTCAMP

Tired of finicky food preferences? Try a few of these suggestions:

- a) Take 3 bites before you say you don't like something.
- b) Let your child choose their own portions, to give them some control.
- c) Let your child help plan the menu.
- d) Let your child help you in the kitchen, as safely as possible!
- e) Eat together as a family, without any electronics.
- f) Make ONE meal, not separate meals, but with several choices.

8. PAY ATTENTION ESPECIALLY TO THE ADOLESCENCE

According to a study published in Developmental Psychology, 14 years old is when many kids start to resist peer influence and flex the think-formyself muscle, rather than simply following the leader. Do you want to help strengthen that muscle at any age? Put screens aside, look your child in the eye and ask, "What's new with your friends?" This will (hopefully) give you a chance to decode what's happening behind the scenes and offer support.

9. THE CHORE CONFLICT: IS IT WORTH THE STRUGGLE?

Even though it is more difficult at the time to persist in having children do chores, kids benefit from the experience. Research indicates that children who have a set of chores have higher self esteem, are more responsible, are better able to deal with frustration and delay gratification, all of which contribute to greater success in school. Furthermore, research by Marty Rossman, from the University of Minnesota, shows that involving children in household tasks at an early age can have a positive impact later in life. In fact, says Rossman, "the best predictor of young adults' success in their mid-20's was that they participated in household tasks when they were three or four."

This article was submitted by Tammy Charko BA, BSW, RSW. Tammy is Northern Gateway Public School's Division Social Worker. She is a support for schools, students, parents and caregivers to encourage success in school. Tammy advocates for students and provides a link between the student and other supports within the community. Tammy has been a social worker for nearly 20 years and is a mother to 4 children, 3 of which are teenagers.

Sources: www.parenting-ed.org; www.realsimple.com; www.parents.com; www.ahaparenting.com; www.healthstandnutrician.com; www.centerforparentingeducation.org

Hilltop High School would like to request that all students leave any valuables at home.



We also, encourage all students to keep their combinations for their hall & gym lockers confidential.

Does the school have your child's current contact information? Please contact the school to verify if you have concerns @ 780.778.2446.

Synervoice/Automated **Calls Home**

Please be advised if our system has rejected your phone number due to a cancelled landline, we will use the next available phone number (ex: cell phone number) for student absence.

emergency purposes and automated calls home in the event of

Passport Photos

Available in the Media Lab \$20.00 each

Appointments are available Monday to Friday between 9:00 am and noon. Call Hilltop and ask for Derek Schlosser at 780-778-2446 to book an appointment.

Parent/Guardian Reminder

Please remember that ALL students must be signed out by a parent/ guardian when leaving the building for any reason, including in the event of an emergency or evacuation. Students can be signed out by a parent/guardian either in person or by calling the school at 780-778-

We appreciate your cooperation.



Attention Parents

Please remember that we no longer print report cards. All students courses, assignments, grades and absences are available on Power School to view at any time. However, we can print a report card if requested. If you have not signed up for Power School, or are having difficulty signing in, please contact the front office and we will help get you started. If you have no access to internet you are welcome to stop in to the Learning Commons and access Power School through our internet.

If you are going to be late or absent for any reason. please have your parent or guardian call the school at 780 778 2446

Please use our answering machine if you need to call before or after school hours.





Time suggested for homework + studying

if you are pursuing academic excellence at Hilltop High School

GRADE TEN

Only four core classes are available. Instead of fast-tracking, explore your interests, try different electives, and complete PE 10. Perhaps you could explore sports and extra-curriculars. No homework, you say? Read the newspaper or explore something new.





20 min x 3 days of the week



20 min x 5 days of the week





exercise and sleep help you achieve

Four science courses may become available to you: Biology, Chemistry, Physics, and Science 20. Many students manage two at a time quite well by keeping on top of things. Math 10C branches into two streams 20-2 and 20-1 (both for students interested in University, it mostly depends what you want to explore career-wise). To excel in Social, pay attention to current events. To excel in English, read lots of varied texts. It is also time to complete CALM.

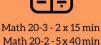


Bio 20 - 5 x 30 min Chem 20 - 5 x 30 min Physics 20 - 5 x 30 min Science 20 - 5 x 20 min

Science 24 - 3 x 15 min







Math 20-1 - 5 x 40 min



GRADE TWELVE

Put away your phone and buckle up. Apply for post-secondaries as early as October 1st. Think about working less and earning higher marks; you have your whole life to work. If you miss school, you have work to do!



30 minutes per week to work on scholarships and postsecondary preparations



Is a part-time job a good idea?





PUT TOGETHER WITH CONTRIBUTIONS FROM THE STAFF AT HILLTOP HIGH. www.hilltophigh.

Alberta Apprenticeship and Industry Training

TRADE ENTRANCE REQUIREMENTS



MINIMUM REQUIREMENTS

Successful completion of the following

RECOMMENDED PATH

Alberta High School Diploma that includes the following courses:

▼ English 10-2

EGORY A pass mark in all five Canadian General Educational Development (GED) tests

CAT **Entrance Exam** Math 30-3

Physics 20 OR Chemistry 20 OR Science 20 Related Career and Technology Studies (CTS)

■ English 20-2

EGORY Science 10

A pass mark in all five Canadian General

Entrance Exam

English 30-2

Math 30-3

Physics 30 OR Chemistry 30 OR Science 30 Related Career and Technology Studies

C English 10-2

A pass mark in all five Canadian General

English 30-2 Math 30-3

> Physics 20 OR Chemistry 20 OR Science 20 Related Career and Technology Studies (CTS)

CATEGORY

Baker

Bricklayer

Cabinetmaker

Carpenter

Concrete Finisher

Crane and Hoisting Equipment Operator

Floor Covering Installer

Glazier

Hairstylist

Insulator (Heat and Frost)

Ironworker

Lather (Interior Systems Mechanic)

Locksmith

Metal Fabricator (Fitter)

Painter and Decorator

Parts Technician

Sheet Metal Worker

Tilesetter

Water Well Driller

Agricultural Equipment Technician CATEGORY

Appliance Service Technician

Automotive Service Technician

Boilermaker

Communication Technician

Electric Motor Systems Technician

Electrician

Elevator Constructor

Gasfitter

Heavy Equipment Technician Industrial Mechanic (Millwright)

Motorcycle Mechanic

Natural Gas Compression

Power System Electrician

Powerline Technician

Sprinkler Systems Installer

Steamfitter-Pipefitter

Transport Refrigeration Technician

CATEGORY

Auto Body Technician Landscape Horticulturist Machinist Outdoor Power Equipment

Technician

Recreation Vehicle Service Technician

CATEGORY

Rig Technician

Roofer

Instrumentation and Control Technician

Refrigeration and Air Conditioning Mechanic

*See the individual trades on tradesecrets.alberta.ca for Category D trade entrance requirements.

Equivalencies will be considered for entrance requirements.

If you have an existing trade certificate, it can serve as vour entrance requirement when registering in an additional trade.

tradesecrets.alberta.ca

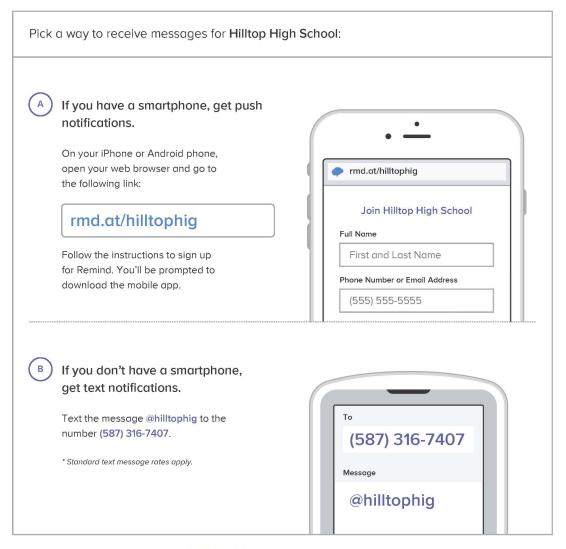






Sign up for important updates from Prof. High School.

Get information for Hilltop High School right on your phone—not on handouts.



Don't have a mobile phone? Go to rmd.at/hilltophia on a desktop computer to sign up for email notifications.



Main Study



OECD Programme for International Student Assessment



What is PISA?

PISA stands for Programme for International Student Assessment. It is an important international study that measures the competencies of 15-year-olds from over 80 different countries in reading, mathematics, and science. PISA 2018 is the seventh PISA study that has been conducted since 2000. Reading will be the major assessment domain this PISA cycle and

the assessment will be entirely

computer-based.

The field test for PISA 2018 was conducted in spring 2017. The main study will take place between April 23 and May 31, 2018 in selected schools across Canada.



What will students be asked to do?

In April and May, about 25,000 students from 1,000 schools across Canada will be participating in the PISA 2018 main study.

- Up to 53 students from each sampled school have been randomly selected to participate in a computer-based assessment in reading, mathematics, science, and global competencies, as well as financial literacy in some provinces.
- Students will also be asked to complete a 35-minute Student Questionnaire.

All the information collected will be kept strictly confidential. No results will be published at the individual student or school level.

Do students need to prepare for the test session?

No. Students do **not** need to prepare for the assessment. During the test session, they will be asked to answer all the questions to the best of their ability. They will not have access to external resources or reference materials.

Will the results affect the student's academic record?

No. Students' results will **not** affect their academic record as the results will be used for research purposes only.

Who is interested by this information?

The students' results are critical in shaping the profile of Canadian 15-year-olds. Parents, students, the Canadian public, and those responsible for education want to know whether youth are acquiring the necessary skills and knowledge to meet the challenges of the future. Information obtained from provincial, national, and international measures helps us understand the achievement of students.

The results of PISA 2015 were released on December 6, 2016 (www.cmec.ca).

How were the students chosen?

Around 1,000 schools were randomly selected to represent Canada. Within these schools, a sample of students aged 15 has been randomly selected to take part in the assessment.

Who is conducting the study?

PISA is being directed by the Organisation for Economic Co-operation and Development (OECD). In Canada, PISA is carried out through a partnership between the Council of Ministers of Education, Canada (CMEC) and Employment and Social Development Canada (ESDC).

For more information, visit our Web site at https://www.cmec.ca/251/Overview.html

You may also refer to the OECD Web site at https://www.oecd.org/pisa/aboutpisa/

Saturday	ou Substitutes!	n	10	17	24	31
Friday	E aster Vacation March 30 – April 9 S ubstitute Teachers Week March 12 – 16. Thank you Substitutes!	2 Pizza Day	9 Day 2	16 Professional Development Day No Classes	23 Day 2 Grad Spring Prom 7:00 pm	30 Good Friday No Classes Easter Vacation Begins
Thursday	Easter Vacation March 30 – April 9 Substitute Teachers Week March 1	1 Day 1	8 Day 1	15 Pizza Day Day 2 Parent/Teacher Interviews 4:00 pm-8:30 pm Fine Arts Night 4:00pm-8:30pm Grade 9 Parent Meeting 7:30 pm	22 Day 1	29 Day 2 Pizza Day
Wednesday			7 FLEX Day 2 English/Science/Other Tutorial	14 Day 1	21 FLEX Day 1 Math/Social/Other Tutorial	28 Day 1
Tuesday	018		6 Day 4	13 Day 4	20 Day 4 First Day Gr. 9 Options 5/6	27 Day 4
Monday	March 2018		5 Day 3	12 Day 3 Substitute Teachers Week	19 Day 3 Last Day Gr. 9 Options 4/6	26 Day 3
Sunday	Mal		4	11 Daylight Savings Time	18	25



Brave students find out their Match-O-Matics results at the school assembly.



Jr. Girls Basketball celebrate a WIN!



Ms. Greenshields textbook tower



Caleb Tobin made a candle holder in construction class



Destiny helps Chef Mercer prep





Creations from Miss. Mehls shop class



Ms. Zack's Art class





#ThinkPink

Samantha Rhynold
2018 Pink Shirt Day Hashtag Contest Winner

#ThinkPinkWT is featured on 2018 bracelet campaign in Whitecourt.

www.whitecourt.ca

Pink Shirt Day hashtag contest winner Samantha Rhynold! Congratulations! #thinkpink

Riddle me this?

If you had a novel and ripped out pages 7, 8, 101,102, 223 and 224. How many pages were ripped out?

Answer: 3



Mr. Schlosser shows off the new photo prop for the media studio. Photo credit to Noel Adams.



Fun in Gym



Did you know?



Construction class donates a trophy box made specifically for the Whitecourt Legion





Maintenance Crews put up the banners in the gymnasium!